



தமிழ்நாடு உடற்கல்வியியல் மற்றும்
விளையாட்டுப் பல்கலைக்கழகம்



TAMILNADU PHYSICAL EDUCATION AND SPORTS
UNIVERSITY

ACCREDITED WITH "B" GRADE BY NAAC & INDIA'S FIRST UNIVERSITY EXCLUSIVELY FOR PHYSICAL EDUCATION AND SPORTS

ORGANIZES

SOUTH WEST ZONE
INTER-UNIVERSITY
(MEN & WOMEN)
ATHLETICS CHAMPIONSHIP
2022-2023

BROCHURE

TAMIL NADU PHYSICAL EDUCATION AND SPORTS UNIVERSITY

CHANCELLOR



Hon'ble Shri. R.N.Ravi
The Governor of Tamil Nadu

PRO-CHANCELLOR



Thiru. Udhayanidhi Stalin
Hon'ble Minister for Youth Welfare & Sports Development Department
Government of Tamil Nadu

VICE-CHANCELLOR



Dr. M.Sundar

REGISTRAR



Dr. R.Ramakrishnan

SPORTS SECRETARY



Dr. P.Rajinikumar

WELCOME TO TAMIL NADU PHYSICAL EDUCATION AND SPORTS UNIVERSITY

TNPESU PROFILE

The Tamil Nadu Physical Education and Sports University established by an Act of the Government of Tamil Nadu in 2004, is unique and the first of its kind in India as an affiliatory University, exclusively for Physical Education and Sports.

The University is blessed with 125 acres of sprawling campus with adequate Sports Science laboratories and infrastructure. At present the University has three Faculties, eight Departments and twenty three affiliated Colleges. Further the University now offers select Physical Education and Allied Courses, through collaborative programme and Distance Education stream also.

The University is well equipped with standard laboratories in Sports Biomechanics, Anthropometry, Exercise physiology and Sports Psychology.

Course Offered at TNPESU (Regular Mode)

B.P.Ed., (Bachelor of Physical Education)
M.P.Ed., (Master of Physical Education)

M.Sc., Exercise Physiology & Nutrition,
M.Sc., Sports Biomechanics and Kinesiology

M.Sc., Yoga
M.Sc. Yoga Therapy

M.Sc., Sports Psychology and Sociology
M.Sc., Psychology
M.Sc., Sports Psychology
M.A., Sociology

M.B.A., Sports Management

M.Tech., Sports Technology

M.Sc., Sports Coaching

Ph.D (Physical Education/Yoga/Exercise Physiology & Nutrition/Sports Biomechanics and Kinesiology/Advance Training and Coaching/Sports Psychology and Sociology/ Sports Management)

B.Sc., Exercise Physiology & Nutrition ,
B.Sc., Sports Coaching
B.Sc., Sports Biomechanics & Kinesiology
B.Sc., Yoga
B.B.A Sports Management
BPES

HOW TO REACH TNPESU ?

Chennai Airport



Tirusulam Suburban Train Station (at walkable distance)



MTC Bus Service
Direct Bus : 55 M

Police Quarters - Melakottaiyur Bus Stop
(1.5 Km to TNPESU) : 555, 517, 515, 505

MGR Central Railway Station Chennai Egmore Railway station



Chennai Park Suburban Train Station (at walkable distance)



Tambaram Bus Station close to West Entrance



TNPESU



Suburban Train



MTC Bus 55 M Service Timings
From Tambaram to TNPESU

5.45am, 7.45am, 9.45am, 11.45am,
1.45pm, 3.45pm, 5.45pm, 7.45pm

For Guidance kindly contact our help desk for transit from Railway Station to University

Venue & Date

The competition will be conducted in the new 400m Standard Synthetic Track Tamilnadu Physical Education and Sports University, Melakottaiyur, Chennai from 9th to 12th of January 2023. The University is situated about 35km from MGR Central Station, 33km from Egmore Railway Station, 18.5km from Tambaram Railway Station, Chennai.

RULES OF THE COMPETITION AND INSTRUCTIONS

1. The Competitions shall be conducted as per the Regulations of the IAAF Rules and events as existing in the World University Games.
2. An Athlete can participate in two individual events and two relay events. There SHALL NOT BE MORE THAN TWO participants for each individual event and one team for each of the relays from each University.
3. Each University shall pay the officiating fee of Rs. 3000 per team (men and women separately) at the time of registration.
4. The teams will be provided with unfurnished rooms/halls for their stay during the days of competitions. They have to pay a caution deposit of Rs.2000/- which is refundable. We have very limited lodging facilities; hence the teams are requested to arrive at the venue just before 24 hours of their competition and vacate within 24 hours of competition.
5. Detailed entries shall be submitted through e-mail/registered post (sports secretary tnpesu@gmail.com).
6. The teams shall provide the following documents for each of their players while registering:
 - (a) Eligibility form in quadruplicate duly signed by the competent authority.
 - (b) Attested copy of SSLC or any documents as proof of date of birth.
 - (c) Attested copy of PUC or equivalent / Degree certificates (in case of PG students)
 - (d) Copy of AADHAAR certificate.
 - (e) AIU Sports fee receipt.
 - (f) AIU Annual Subscription fee receipt
7. All teams should participate with their university flag during the inaugural function.
8. The Organisers shall reserve the right to make changes in the schedule as they deem necessary.
9. There will be a manager's meeting at the TNPESU on 8th January 2023 at 4:00 pm in the conference hall.
10. The weather during the night is chill and all the athletes and coaches are asked to bring their own bedding, blankets and mosquito nets.
11. The participants are advised not to venture into the sea while visiting the beaches.
12. Food for Athletes and Team officials is available in the University campus on payment.

Team managers are requested to scan the QR code and join the WhatsApp group and fill the Google form.

The Team managers and Coaches are requested to join the WhatsApp group by clicking <https://chat.whatsapp.com/D1ACDb2wpZ2JFvYTOIsfW5>



Please share your traveling details like the time of arrival at MGR Chennai Central/Egmore Railway station/ Airport through the following Google link.
<https://forms.gle/yz1aGJntoxgmTrkj7>





CENTRE OF EXCELLENCE IN BIOMECHANICS

T
N
P
E
S
U

- MOTION CAPTURE (2D & 3D ANALYSIS)
- EMG
- FORCE PLATE
- KI-SPRINT
- KINANTHROPOMETRY

► 20A

► 20B

► 29A

30

► 30A

31



CONTACT FOR MORE INFO:

cebtnpesu@gmail.com

[ceb_tnpesu](#) (Instagram)



TX 5063

TX 5063

TX 5063

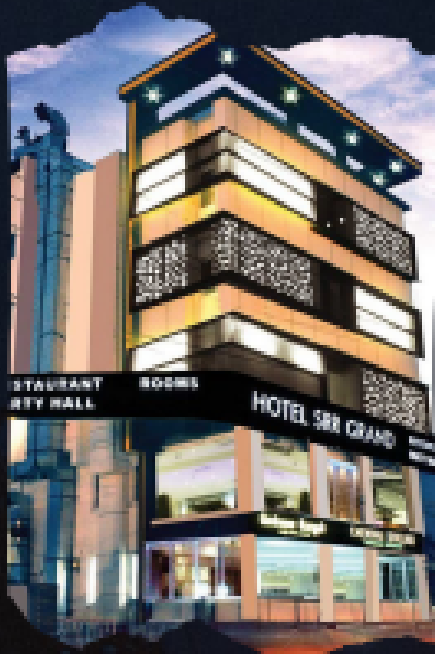
TOURIST PLACES IN CHENNAI



Marina Beach
Mamallapuram
Government Museum
Guindy National Park
VGP Golden Beach
Royapuram Fishing Harbor
Birla Planetarium
Madras Crocodile Bank
Madras War Memorial
Elliot's Beach
Ashtalakshmi Temple
Valluvar Kottam
Arignar Anna Zoological Park
Connemara Public Library
Semmozhi Poonga
Dakshinachitra
Covelong Beach
Vivekananda House



VANDALUR



SRR Grand Hotel
10KM (16MINS)
Opposite To Vandalur Zoo
(Towards Perungalathur)



Flagship Jayam Residency
11km (16mins)
1km Away From Vandalur Zoo
(Towards Chengalpattu)



Kalyan Grand
10km (16mins)
0.5km Away From Vandalur Zoo (Towards Chengalpattu)



RAM RESIDENCY
15KM (21MINS)
4km Away From Vandalur Zoo
(Towards Chengalpattu)

**GUIDE POST FOR THE VISITORS WHO WISH TO
STAY IN HOTELS ON THEIR OWN EXPENSE**

KELAMBAKKAM



PP Residency
14km (20mins)

4km Away From Kelambakkam (Hindustan Institute
Of Technology And Science)



Hotel Parkway Inn.
16km (24mins)

6km Away From Kelambakkam(Same Route But Extra 2kms)

Soho Inn
16km (24mins)

6km Away From Kelambakkam (Same Route But Extra
2kms)

Hotel Southern Residency
13km (18mins)

3km Away From Kelambakkam
].



FLAGSHIP SCHEMES FOR SPORTS PERSONS IN TNPESU

SPORTS SCHOLARSHIP & CASH INCENTIVES

SPORTS SCHOLARSHIP FOR MERITORIOUS SPORTS PERSONS

category	level of achievement	gold	silver	bronze	4th place	participation
I	INTER DISTRICT/ RDS/BDS	50%**	40%**	30%**	-	-
II	SOUTH ZONE INTER UNIVERSITY COMPETITION	75%	60%	50%	40%	25%**
III	ALL INDIA INTER UNIVERSITY COMPETITIONS	100%	75%	60%	50%	25%**
IV	SUB JUNIOR/ JUNIOR/ SENIOR NATIONALS	100%	75%	60%	50%	30%**
V	INTERNATIONAL REPRESENTATION	100%				

** The candidates will be selected for sports scholarship only on the basis of certificate verification and selection trials in their specialization game.

CASH INCENTIVE (IN INR) FOR SPORTS ACHIEVEMENTS DURING THE COURSE OF STUDY

SL. NO	LEVEL OF ACHIEVEMENT	GOLD	SILVER	BRONZE	4TH PLACE	PARTICIPATION
1	SOUTH ZONE INTER UNIVERSITY COMPETITION	10,000	7,500	5,000	3,000	2,000
2	ALL INDIA INTER UNIVERSITY COMPETITIONS	30,000	20,000	10,000	7,000	5,000
3	REPRESENTING TAMILNADU JUNIOR/ SENIOR NATIONALS	30,000	20,000	10,000	7,000	5,000
4	INTERNATIONAL COMPETITIONS	1,00,000	75,000	50,000	40,000	25,000

WISHING ALL THE TEAMS' SAFE JOURNEY AND THE BEST OF LUCK!

CONTACT US

DR.P. RAJINIKUMAR - 9941923899

DR. K. KANNADASAN - 9786711402

DR. VELKUMAR - 9543881366

DR. RAJESHKUMAR - 9944557785

DR. MANOJ - 9976937156

DR. T. ARUN PRASANNA - 9629467008

MR. S. SARAN SAKTHIVEL - 8667202140

MS.D. HEMA - 6379418894

