TAMIL NADU PHYSICAL EDUCATION AND SPORTS UNIVERSITY

Directorate of Distance Education Courses 2015-16 (Ratio:70:30)

S. No	Course Code	Name of the Courses	Programme Code	Eligibility*	Duration	Tuition Fee Structure Fees Per Year
UNDER GRADUATE COURSES (Bachelor Degree)						
1	001	B.Sc., in Memory Development & Psycho Neurobics (Lateral Entry)	BSPN(L)	Dip. in Memory Devlpmt & Psycho Neurobics	2 Years	**4480**
2	002	B.Sc., in Memory Development & Psycho Neurobics	BSPN	10+2 or 10th & any 2 Years ITI / Diploma	3 Years	**4480**
3	003	B.Sc., in Yoga	BSY	10+2 or 10th & any 2 Years ITI / Diploma	3 Years	**4480**
4	004	B.Sc., in Yoga (Lateral Entry)	BSY (L)	Diploma in Yoga	2 Years	**4480**
5	005	B.Sc., in Yoga and Naturopathy	BSYN	10+2 or 10th & any 2 Years ITI / Diploma	3 Years	**6720**
6	006	B.Sc., in Yoga and Naturopathy (Lateral Entry)	BSYN (L)	Diploma in Yoga & Naturopathy	2 Years	**6720**
7	007	B.Sc., in Yoga for Human Excellence	BSYHE	10+2 or 10th & any 2 Years ITI / Diploma	3 Years	**2000**
8	008	B.Sc., in Yoga for Human Excellence (Lateral Entry)	BSYHE (L)	Diploma in Yoga for Human Excellence	2 Years	**2500**
9	009	B.Sc., in Yoga and Nature Cure	BSYNC	Any Degree (10+2+3)	3 Years	**4480**
10	010	B.Sc., in Yoga and Nature Cure (Lateral Entry)	BSYNC (L)	Diploma in Yoga and Nuture Cure	3 Years	**4480**
11	011	* B.B.A., in Sports Management	BBASP	10+2 or 10th & any 2 Years ITI / Diploma	3 Years	**4480**
12	012	* B.Sc., in Acupuncture		10+2 or 10th & any 2 Years ITI / Diploma	3 Years	**4480**
POST GRADUATE COURSES (Master Degree)						
13	101	MBA. General	MBA.(G)	Any Graduate in 50% (10+2+3)	2 Years	**8960**
14	102	MBA. Sports Management	MBA.(SM)	Any Graduate in 50% (10+2+3)	2 Years	**8960**
15	103	MBA. Sports Information System	MBA(SIS)	Any Graduate (10+2+3)	2 Years	**8960**
16	104	M.Sc., in Naturopathy and Yogic Science	MSNYS	Any Graduate (10+2+3)	2 Years	**8960**
17	105	M.Sc., in Memory Development and Psycho Neurobics	MSMDPN	Any Graduate (10+2+3)	2 Years	**10080**
18	106	M.Sc., in Memory Development and Psycho Neurobics (Lateral Entry)	MSMDPN(L)	P G Diploma in Memory Development & Psycho Neurobics	1 Year	**10080**
19	107	M.Sc., in Psychology	MSPC	Any Graduate (10+2+3)	2 Years	**4480**
20	108	M.Sc., in Sports Journalism	MSSJ	Any Graduate (10+2+3)	2 Years	**4480**
21	109	M.Sc., in Varma and Thokkanam (Massage) Sciences	MSVTMS	Any Graduate (10+2+3)	2 Years	**8960**
22	110	M.Sc., in Varma and Thokkanam (Massage) Sciences (Lateral Entry)	MSVTMS(L)	P G Diploma in Varma & Thokkanam (M) Sciences	1 Year	**8960**
23	111	M Sc., in Yoga	MSY	Any Graduate (10+2+3)	2 Years	**7840**
24	112	M.Sc., in Yoga (Lateral Entry)	MSY(L)	P G Diploma in Yoga	1 Year	**10080**
25	113	M.Sc., in Yoga and Nature Cure	MSYNC	Any Graduate (10+2+3)	2 Years	**8960**

26	114	M.Sc., in Yoga and Nature Cure (Lateral Entry)	MSYNC(L)	P G Diploma in Yoga & Nature Cure	1 Year	**8960**
27	115	M.Sc., in Yoga and Naturopathy	MSYN	Any Graduate (10+2+3)	2 Years	**8960**
28	116	M.Sc., in Yoga and Naturopathy (Lateral Entry)	MSYN(L)	P G Diploma in Yoga & Naturopathy	1 Year	**8960**
29	117	M.Sc., in Yoga for Human Excellence	MSYHE	Any Graduate (10+2+3)	2 Years	**2000**
30	119	M.Sc., in Yoga Therapy	MSYT	(10+2+3) Any UG Degree with Yoga / Any Degree with Diploma or P G Diploma in Yoga or M.B.B.S or BDS or Degree in nursing or B.P.T or M.P.T or B.Y.N.S or B.H.M.S or B.A.M.S or B.U.M.S	2 Years	**10080**
31	120	M.Sc., in Yoga Therapy (Lateral Entry)	MSYT(L)	P G Diploma in Yoga Therapy	1 Years	**10080**
32	121	M.Sc., in Nature Cure and Yoga	MSNY	Any Graduate (10+2+3)	2 Years	**8960**
33	122	M.Sc., in Nature Cure and Yoga (Lateral Entry)	MSNY	P G Diploma in Nature Cure & Yoga	1 Years	**8960**
34	123	* M.Sc., in in Yoga Therapy, Varma and Herbal Science	MSYTVHS	(10+2+3) Any UG Degree with Yoga / Any Degree with Diploma or P G Diploma in Yoga or M.B.B.S or BDS or Degree in nursing or B.P.T or M.P.T or B.Y.N.S or B.H.M.S or B.A.M.S or B.U.M.S	2 Years	**8960**
35	124	* M.Sc., in in Yoga Therapy, Varma and Herbal Science (Lateral Entry)	MSYTVHS (L)	P G Diploma Yoga Therapy, Varma and Herbal Science	1 Years	**10080**
36	125	* M.Sc., in Acupuncture		Any Graduate (10+2+3)	2 Years	**8960**
37	126	* M.Sc., in Acupuncture (Lateral Entry)		P G Diploma in Acupuncture	1 Years	**10080**
P G DIPLOMA COURSES						
38	201	P.G. Diploma in Clinical Yoga and Nature Cure	PGDCYNC	Any Graduate (10+2+3)	1 Year	**4480**
39	202	P.G. Diploma in Counseling	PGDC	Any Graduate (10+2+3)	1 Year	**4480**
40	203	P.G. Diploma in Exercise Therapy	PGDET	Any Paramedical Courses B.Sc. Phy., Edn., B.P.Ed., M.P.Ed., B.P.E., B.Sc., & M.Sc., Exercise Physiology and Nutrition, M.Sc., Bio-Mechanics and Kinesiology and Yoga	1 Year	**4480**
41	204	P.G. Diploma in Fencing	PGDF	Any Graduate (10+2+3)	1 Year	**4480**
42	205	P.G. Diploma in Fitness and Nutrition	PGDFN	Any Graduate (10+2+3)	1 Year	**4480**
43	206	P.G. Diploma in Fitness and Wellness Management	PGDFWM	Any Graduate (10+2+3)	1 Year	**4480**
44	207	P.G. Diploma in GYM / Fitness Instructor	PGDGFI	Any Graduate (10+2+3)	1 Year	**5600**
45	208	P.G. Diploma in Karate	PGDK	Any Graduate (10+2+3) & Black Belt Above II Dan	1 Year	**5600**
46	209	P.G. Diploma in Kubudo	PGDKU	Any Graduate (10+2+3)	1 Year	**5600**
47	210	P.G. Diploma in Memory Development & Psycho Neurobics	PGDMDPN	Any Graduate (10+2+3)	1 Year	**4480**
48	211	P.G. Diploma in Naturopathy and Yogic Science	PGDNYS	Any Graduate (10+2+3)	1 Year	**5600**
49	212	P.G. Diploma in Obesity & Weight Management	PGDOWM	Any Graduate (10+2+3)	1 Year	**4480**
50	213	P.G. Diploma in Onfield Sports Injury Management	PGDOSIM	Any Graduate (10+2+3) & B.P.T, / M.P.T with 50%	1 Year	**6720**
51	214	P.G. Diploma in Panchakarma Therapy	PGDPT	Any Graduate (10+2+3)	1 Year	**5600**
52	215	P.G. Diploma in Silambam Fencing	PGDSF	Any Graduate (10+2+3)	1 Year	**5600**
53	216	P.G. Diploma in Sports First Aid	PGDSFA	Any Graduate (10+2+3) with Degree with Physical Education / Coaching / Allied Health Sciences	1 Year	**6720**
54	217	P.G. Diploma in Sports Technology	PGDST	Any Graduate (10+2+3)	1 Year	**5600**
55	218	P.G. Diploma in Tai Chi Chaun	PGDTCC	Any Graduate (10+2+3)	1 Year	**5600**
56	219	P.G. Diploma in VARMA and Thokkanam (Massage) Sciences	PGDVTMS	Any Graduate (10+2+3)	1 Year	**6720**
57	220	P.G. Diploma in Yoga	PGDY	Any Graduate (10+2+3)	1 Year	**4480**

58	221	P.G. Diploma in Yoga and Nature Cure	PGDYNC	Any Graduate (10+2+3)	1 Year	**4480**
59	222	P.G. Diploma in Yoga and Naturopathy	PGDYN	Any Graduate (10+2+3)	1 Year	**4480**
60	223	P.G. Diploma in Yoga Therapy and Asthma & Sinusitis	PGDYAS	(10+2+3) Any UG Degree with Yoga / Any Degree with Diploma or P G Diploma in Yoga or M.B.B.S or BDS or Degree in Nursing or B.P.T or M.P.T or B.Y.N.S or B.H.M.S or B.A.M.S or B.U.M.S	1 Year	**6720**
61	224	P.G. Diploma in Yoga and Back Pain	PGYBP		1 Year	**6720**
62	225	P.G. Diploma in Yoga and Diabetes	PGDYD		1 Year	**6720**
63	226	P.G. Diploma in Yoga Therapy, Varma and Herbal Science	PGDYVHS		1 Year	**6720**
64	227	P.G. Diploma in Yoga Therapy and Women Related Ailments	PGDYWRA		1 Year	**6720**
65	228	P.G. Diploma in Yoga Therapy and Yogic Diet	PGDYTYD		1 Year	**6720**
66	230	P.G. Diploma in Yoga Therapy	PGDYT		1 Year	**6720**
67	231	P.G. Diploma in Adventures Sports	PGDAS	Any Graduate (10+2+3)	1 Year	**32000**
68	232	P.G. Diploma in Nature Cure and Yoga	PGDNCY	Any Graduate (10+2+3)	1 Year	**4480**
69	233	* P G Diploma in Acupuncture		Any Graduate (10+2+3)	1 Year	**4480**
DIPLOMA COURSES						
70	301	Diploma in Aerobic Instructor	DAI	10+2 or any 2 Years ITI / Diploma	1 Year	**13440**
71	302	Diploma in Fencing	DFE	10+2 or any 2 Years ITI / Diploma	1 Year	**4480**
72	303	Diploma in GYM / Fitness Instruction	DGF	10+2 or any 2 Years ITI / Diploma	1 Year	**4480**
73	304	Diploma in Judo	DJU	10+2 or any 2 Years ITI / Diploma	1 Year	**4480**
74	305	Diploma in Kalaripayattu	DKA	10+2 or any 2 Years ITI / Diploma	1 Year	**4480**
75	306	Diploma in Karate	DKA	10+2 or any 2 Years ITI / Diploma	1 Year	**4480**
76	307	Diploma in Kubudo	DKU	10+2 or any 2 Years ITI / Diploma	1 Year	**4480**
77	308	Diploma in Kungfu	DKUN	10+2 or any 2 Years ITI / Diploma	1 Year	**4480**
78	309	Diploma in Life Guard Training	DLGT	10+2 or any 2 Years ITI / Diploma with 400 Mtrs Swimming	1 Year	**4480**
79	310	Diploma in Memory Development & Psycho Neurobics	DMDPN	10+2 or any 2 Years ITI / Diploma	1 Year	**4480**
80	311	Diploma in Naturopathy and Yogic Science	DNYS	10+2 or any 2 Years ITI / Diploma	1 Year	**4480**
81	312	Diploma in Panchakarma Therapy	DPT	10+2 or any 2 Years ITI / Diploma	1 Year	**4480**
82	313	Diploma in Psycho Analysis and Delta Healing	DPADH	10+2 or any 2 Years ITI / Diploma	1 Year	**4480**
83	314	Diploma in Silambam Fencing	DSF	10+2 or any 2 Years ITI / Diploma	1 Year	**4480**
84	315	Diploma in Sports Technology	DST	10+2 or any 2 Years ITI / Diploma	1 Year	**4480**
85	316	Diploma in Taekwondo	DTA	10+2 or any 2 Years ITI / Diploma	1 Year	**4480**
86	317	Diploma in Tai chi Chaun	DTC	10+2 or any 2 Years ITI / Diploma	1 Year	**4480**
87	318	Diploma in VARMA and Thokkanam (Massage) Sciences	DVTMS	10+2 or any 2 Years ITI / Diploma	1 Year	**4480**
88	319	Diploma in Wushu	DWU	10+2 or any 2 Years ITI / Diploma	1 Year	**4480**
89	320	Diploma in Yoga	DYO	10+2 or any 2 Years ITI / Diploma	1 Year	**3360**
90	321	Diploma in Yoga and Nature Cure	DYNC	10+2 or any 2 Years ITI / Diploma	1 Year	**3360**
91	322	Diploma in Yoga and Naturopathy	DYN	10+2 or any 2 Years ITI / Diploma	1 Year	**3360**
92	323	Diploma in Yoga and Child Care Development	DYCC	10+2 or any 2 Years ITI / Diploma	1 Year	**3360**
93	324	Diploma in Yoga Education and Therapy	DYET	10+2 or any 2 Years ITI / Diploma	1 Year	**3360**
94	325	Diploma in Yoga for Human Excellence	DYHE	10+2 or any 2 Years ITI / Diploma	1 Year	**1500**
95	326	Diploma in Yoga for Human Excellence(Weekend Part Time)	WDYHE	10+2 or any 2 Years ITI / Diploma	1 Year	**1000**
96	328	Diploma in Adventures Sports	DAS	10+2 or any 2 Years ITI / Diploma	1 Year	**32000**
97	329	* Diploma in Yoga for Youth Empowerment	DYYE	10+2 or any 2 Years ITI / Diploma	1 Year	**600**
98	330	* Diploma in Acupuncture		10+2 or any 2 Years ITI / Diploma	1 Year	**3360**

CERTIFICATE COURSES						
99	401	Certificate in Aerobic Instructor	CAI	10th or its equivalent	6 Months	**11200**
100	402	Certificate in GYM / Fitness Instruction	CGFI	10th or its equivalent	6 Months	**2800**
101	403	Certificate in Health Literacy	CHL	10th or its equivalent	6 Months	**2240**
102	404	Certificate in Karate	CKA	10th or its equivalent	6 Months	**2800**
103	405	Certificate in Kubudo	CKU	10th or its equivalent	6 Months	**2800**
104	406	Certificate in Kungfu	CKUN	10th or its equivalent	6 Months	**2800**
105	407	Certificate in Memory Development & Psycho Neurobics	CMDPN	10th or its equivalent	6 Months	**2240**
106	408	Certificate in Panchakarma Therapy	CPT	10th or its equivalent	6 Months	**2800**
107	409	Certificate in Scuba Diving	CSD	10th or its equivalent, Body Open Water Diver Guard	6 Months	**2800**
108	410	Certificate in Silambam Fencing	CSF	10th or its equivalent	6 Months	**2800**
109	411	Certificate in Tai- chi- Chuan	CTA	10th or its equivalent	6 Months	**2240**
110	412	Certificate in Yoga	CYO	10th or its equivalent	6 Months	**2240**
111	413	Certificate in Yoga and Nature Cure	CYNC	10th or its equivalent	6 Months	**2240**
112	414	Certificate in Yoga and Naturopathy	CYN	10th or its equivalent	6 Months	**2240**
113	416	Certificate in Yoga for Human Excellence	CYHE	10th or its equivalent	6 Months	**2240**
114	417	Certificate in Yogic Science	CYS	10th or its equivalent	6 Months	**2240**
115	418	Certificate in Yoga for Human Excellence (Weekend Part Time)	WCYHE	10th or its equivalent	6 Months	**1400**
116	419	Certificate Course in Nature Cure and Yoga	CNCY	10th or its equivalent	6 Months	**2240**
117	420	* Certificate in Yoga for Youth Empowerment	CNY	10th or its equivalent	6 Months	**400**
118	421	* Certificate Course in Acupuncture		10th or its equivalent	6 Months	**2240**
119	422	* Certificate Course in Yoga Education		10th or its equivalent (School Student)	6 Months	**--**
Note:		A Course will be offered only when a minimum of 10 students enrolled for it.				

GUIDELINES FOR GENERAL COURSES

1. The Space at the Study centre shall be provided by the institutions concerned only for conducting Personal Contact Programme (PCP) Classes and Examinations.
2. There shall be a minimum of 30 students enrolled in a particular course if the centre desires to conduct classes at its own place.
3. Each Centre offering DDE Courses shall pay a deposit amount of Rs. 50000/- at the time of Affiliation which includes non - refundable affiliation fee of Rs. 5,000/- and refundable deposit of Rs. 20,000/-. The DD shall be drawn in favour of **"The Registrar, Tamil Nadu Physical Education and Sports University", payable at "Chennai".**
4. **The course fee collected from the students shall be paid to the University and 30% will be refunded to the centers for their support interms of providing the space for conducting the course (Practical & Theory).**

5. Competent Faculty from the Tamil Nadu Physical Education and Sports University will conduct the contact classes in 2 spells (Month of December to April) for whom TA/DA remuneration shall be paid by the University.
6. If any expert available in a particular field in the concerned Institution, it may write to the University for Approval for whom the remuneration shall be paid by this University.
7. The examinations will be conducted and certificate/Diplomas /Degrees will be awarded by this University.
8. **The Applications and Prospectus shall be obtained by the candidates by paying a Demand Draft / Cash Challan of Rs 300/- (Rupees Three Hundred only) drawn in favour of "The Director, DDE, TNPESU" payable at Chennai.**
9. **<u>Attending PCP classes is compulsory for all the candidates.</u>**
10. The last date for receiving application shall be

DIRECTOR i/c.,