



தமிழ்நாடு உடற்கல்வியியல் மற்றும் விளையாட்டுப் பல்கலைக்கழகம்
சென்னை – 600 127

TAMIL NADU PHYSICAL EDUCATION AND SPORTS UNIVERSITY
CHENNAI – 600 127

(Estd. by the Government of Tamil Nadu under Act – 9 of 2005 & Approved by the UGC)

Accredited with “B++” Grade by NAAC

INDIA’S FIRST STATE UNIVERSITY IN PHYSICAL EDUCATION AND SPORTS

CALENDAR

2019 - 2020

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CALENDAR

2019 - 2020

TAMIL NADU PHYSICAL EDUCATION AND SPORTS UNIVERSITY, CHENNAI

AUTHORITIES

CHANCELLOR

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The Governor of Tamil Nadu

PRO-CHANCELLOR

Thiru K. A. Sengottaiyan

Hon'ble Minister for Youth Welfare & Sports Development Department

Government of Tamil Nadu

VICE-CHANCELLOR

Dr. Sheila Stephen

Dr.V. Gopinath

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Dr.C.Arumugam

Controller of Examinations

Thiru.B.Venkatesan

Finance Officer

Dr.D.Sathiakumar

Director, School of Distance Education

TAMIL NADU PHYSICAL EDUCATION AND SPORTS UNIVERSITY

PREAMBLE

The Tamil Nadu Physical Education and Sports University established by an Act of the Government of Tamil Nadu in 2004, is unique and the first of its kind in India as an affiliating University, exclusively for Physical Education and Sports. The said Act came into force with effect from 15th September 2005 after obtaining the assent from His Excellency, the President of India on 05.08.2005.

VISION OF THE UNIVERSITY

“To engage in relentless pursuit of Excellence in the promotion and development of Physical Education and Sports through innovative programmes in teaching, coaching, research and outreach activities and evolve a holistic approach to the betterment of human resources through a harmonious blend of body, mind and spirit”.

MOTTO OF THE UNIVERSITY

EXCELLENCE IN PHYSICAL EDUCATION AND SPORTS

உடற்கல்வியியல் மற்றும் விளையாட்டில் செம்மை

MISSION OF THE UNIVERSITY

- To create an ideal academic environment for Learning, Scholarship, Professionalism, and Collaboration that fosters Excellence in active student learning and professional growth.
- To design and introduce innovative, integrated, inter-disciplinary curriculum in Physical Education and various Sports and games and allied areas and provide Leadership to the Profession.
- To offer unique Graduate, Post-Graduate and Research Programmes in Physical Education, Sports and allied fields.
- To produce competent health conscious Physical Education teachers at various levels, who will be fully equipped to impart instruction in physical education and undertake physical activity programmes for children and youth.
- To develop high-tech research facilities and contribute to the body of knowledge through scholarly work and publications, and disseminate the findings to the professionals, faculty and students.
- To facilitate the application of research findings to refine and sharpen the coaching and training techniques in Physical Education and Sports.
- To closely collaborate and coordinate with the State and National Bodies in Physical Education and Sports, in matters of common interest and concern.
- To establish linkages and networking with national and international specialized agencies and institutions and keep abreast of the latest developments in the field of Physical Education and Sports.
- To actively design programme for the promotion and development of fitness and health concept among the students, faculty and the community around so as to mould them into physically fit and emotionally matured citizens.
- To support and assist the conduct of State and National level coaching camps in various sports disciplines and to spot, nurture and groom the talent for National and International competitions and
- To establish a fully automated modern Library and Information center equipped with Books, Journals, CDs, Online Databases etc and cater to the informational needs of the academic community making innovative use of IT.

REGULAR COURSES

I FACULTY OF PHYSICAL EDUCATION

1. Department of Physical Education

Sl.No.	Courses	Duration	Eligibility*
1	Ph.D in Physical Education	With M.Phil Regular 2-yrs Part time – 3yrs	MPed / MPES / MPE
		Without M.Phil Regular -3 yrs Part time -4yrs	
2	M.Phil in Physical Education	1 Year	MPed or its Equivalent Degree Approved by the Syndicate of TNPESU
3	Master of Physical Education	2 Years	10+2+3 system of Education and BPed., Approved by the Syndicate of TNPESU and minimum of Inter College level sports participation
4	Bachelor of Physical Education	2 Year	Any degree approved by the syndicate of TNPESU with 10+2+3 system of education and minimum Inter School level sports participation

* For detailed eligibility and further information, refer the latest University regulations.

II FACULTY OF YOGA AND ALLIED HEALTH SCIENCES

1. Department of Yoga

Sl.No.	Courses	Duration	Eligibility*
1	Ph.D in Yoga	With M.Phil Regular 2-yrs Part time – 3yrs	M.Sc (Yoga) / MA (Yoga)
		Without M.Phil Regular -3 yrs Part time -4yrs	
2	M.Phil in Yoga	1 Year	M.Sc (Yoga) & Related courses
3	M.Sc. (Yoga)	2 Years	Any Degree Recognized by the Syndicate of TNPESU
4	P.G. Diploma in Yoga	1 Year	Any Degree Recognized by the Syndicate of TNPESU
5	P.G. Diploma in Yoga for Fitness and Wellness	1 Year	Any Degree Recognized by the Syndicate of TNPESU
6	M.Sc., Yoga Therapy	2 Years	Any UG Degree in Yoga related courses/ Any UG degree with Diploma or PG Diploma in Yoga or MBBS or BDS or Degree in Nursing or BPT or MPT or BYNS or BHMS or BAMS or BUMS or related courses

* For detailed eligibility and further information, refer the latest University regulations.

1. Department of Exercise Physiology and Biomechanics

Sl.No.	Courses	Duration	Eligibility*
1	Ph.D in Exercise Physiology and Nutrition	With M.Phil Regular 2-yrs Part time – 3yrs	MSc (Exercise Physiology and Nutrition)
		Without M.Phil Regular -3 yrs Part time -4yrs	
2	M.Phil in Exercise Physiology and Nutrition	1 Year	M.Sc. Exercise Physiology and Nutrition
3	M.Sc. Exercise Physiology and Nutrition	2 Years	Any Degree*
4	B.Sc. Exercise Physiology and Nutrition	3 Years	A Pass in H.Sc., or its Equivalent Examinations (Group I or Group II) Recognized by the Syndicate of TNPESU
5	PhD in Sports Biomechanics and Kinesiology	With M.Phil Regular 2-yrs Part time – 3yrs	M.Sc (Sports Biomechanics and Kinesiology)
		Without M.Phil Regular -3 yrs Part time -4yrs	
6	M.Phil in Sports Biomechanics and Kinesiology	1 year	M.Sc. Sports Biomechanics and Kinesiology
7	M.Sc. Sports Biomechanics and Kinesiology	2 Years	Any Degree* Recognized by the Syndicate of TNPESU
8	B.Sc. Sports Biomechanics and Kinesiology	3 Years	A Pass in H.Sc., with Maths/ Physics / Biology / Computer Science / Chemistry / Statistics or its Equivalent Examinations Recognized by the Syndicate of TNPESU

* For detailed eligibility and further information, refer the latest University regulations.

III FACULTY OF TECHNOLOGY AND MANAGEMENT

1. Department of Sports Management and Sports Psychology & Sociology

Sl.No.	Courses	Duration	Eligibility*
1	Ph.D in Sports Management	With M.Phil Regular 2-yrs Part time – 3yrs	M.B.A. Sports Management
		Without M.Phil Regular -3 yrs Part time -4yrs	
2	M.Phil in Sports Management	1 Year	M.B.A. Sports Management or M.B.A. General
3	M.B.A. Sports Management	2 Years	Any Degree Recognized by the Syndicate of TNPESU
4	Ph.D in Sports Psychology and Sociology	With M.Phil Regular 2-yrs Part time – 3yrs	M.Sc. Sports Psychology and Sociology*
		Without M.Phil Regular -3 yrs Part time -4yrs	
5	M.Phil in Sports Psychology and Sociology	1 Year	M.Sc. Sports Psychology and Sociology
6	M.Sc. Sports Psychology and Sociology	2 Years	Any Degree Recognized by the Syndicate of TNPESU
7	M.Sc. Psychology	2 Years	Any Degree Recognized by the Syndicate of TNPESU
8	M.A. Sociology	2 Years	Any Degree Recognized by the Syndicate of TNPESU
9	M.Sc., Sports Psychology	2 Years	Any Degree
10	M.Phil., Sports Psychology	1 Years	Master's Degree in Sports Psychology
11	M.Phil., Sociology	1 Years	Master's Degree in Sociology
12	M.Phil., Psychology	1 Years	Master's Degree in Psychology

* For detailed eligibility and further information, refer the latest University regulations.

2. Department of Advanced Sports Training and Technology

Sl.No.	Courses	Duration	Eligibility*
1	Ph.D in Sports Coaching	With M.Phil Regular 2-yrs Part time – 3yrs	M.Sc. (Sports Coaching) / M.S. (Sports Coaching)
		Without M.Phil Regular -3 yrs Part time -4yrs	
2	M.Phil Sports Coaching	1 Year	M.Sc. Sports Coaching
3	M.Sc. Sports Coaching	2 Years	Any Degree Recognized by the Syndicate of TNPESU with Diploma / P.G. Diploma in Sports Coaching
4	B.Sc. Sports Coaching	3 years	+2 pass or its equivalent recognized by the syndicate of TNPESU with sports proficiency of minimum participation at school district competitions
5	B.Sc. Sports Coaching (Hons)	4 years	+2 pass or its equivalent recognized by the syndicate of TNPESU with minimum of two National level participation or one National level Medalist
6	P.G. Diploma in Sports Coaching (Athletics, Basketball, Football, Hockey and Volleyball)	1 Year	Any Degree with three times Representation in Senior or Junior nationals / Inter University/Inter Services / Inter Department Tournaments (or) Any Degree and B.P.Ed / M.P.Ed., with two Times Representation in Senior or Junior Nationals / Inter University / Inter Services / Inter Department Tournaments.
7	Ph.D in Sports Technology	Regular 2-yrs Part time –3yrs	M.Tech (Sports Technology)
8	M.Tech in Sports Technology	2 Years	B.E., / B.Tech., Equivalent Degree (Any Discipline)

* For detailed eligibility and further information, refer the latest University regulations.

Details of Faculty Members***I. Faculty of Physical Education*****Department of Physical Education**

Sl. No.	Name of the Faculty and Qualification	Designation	Specialization
1	Dr.S.Manikandan, B.Sc (PHS)., M.P.Ed, M.Phil., Ph.D., M.Sc (Yoga), NIS (Certificate), PGDCA, PGDFM (Fitness Management)	Professor and Head i/c	Sports Training Methods Football and Handball
2	Dr. S. Thirumalai Kumar, M.P.Ed.,M.Sc (Psy)., M.Sc (Yoga)., M.Phil., PGDCA., PGD.A.S.P.E.S., Ph.D.	Professor	Fitness and Wellness, Test Measurements and Evaluation, Rest , Recovery & Recreation , Pedagogy in Physical Education , Track and Field, Cricket , Basketball, Teaching Practice.
3	Dr. P. Kumaravelu, M.P.E.S.,M.Phil., Ph.D.,	Assistant Professor	Training Methods Athletics, Badminton, Kabaddi, Football , Volleyball
4	Dr. I. Lilly Pushpam, M.PEd.,M.Phil., Ph.D., Cert.in Yoga, Cert.in Coaching (Athletics).	Assistant Professor	Sports Psychology Athletics, Hockey, Basketball Kabaddi
5	Dr.K.Rajeshkumar, B.Com., M.C.A., M.P.Ed., M.Phil., Ph.D	Assistant Professor	Sports Psychology and Computer Applications - Hockey
6	Dr.S.Jayakumar, B.A., M.P.Ed., M.Phil., Ph.D	Assistant Professor	Training Methods, Sports Psychology &Sociology - Kabaddi and Kho-Kho
7	Dr.S.Velkumar, B.Sc.,B.L., M.P.Ed., M.Phil., Ph.D	Assistant Professor	Sports Training - Kho-Kho, Weight Lifting, Handball
8	Dr.C.Lakshmanan, B.P.E., M.P.Ed., M.Sc (Yoga)., PGD(Yoga)., Ph.D	Assistant Professor	Test and Measurement, Yoga Education – Athletics Cricket and Kho-Kho

II. Faculty of Yoga and Allied Health Sciences

1. Department of Yoga

Sl. No.	Name of the Faculty and Qualification	Designation	Specialization
1	Dr. S. Selvalakshmi, M.Sc(Yoga)., M.Sc (Yoga Therapy) M.P.Ed., M.Phil., PGDY., Ph.D.	Assistant Professor & Head i/c	Yoga and Yoga Therapy
2	Dr. V. Duraisami, M.Sc (Yoga)., M.Sc. (Yoga Therapy)., M.P.E.S., M.Phil., PGDSM., PGDY., Ph.D.	Assistant Professor	Yoga, Yoga Therapy and Naturopathy

2. Department of Exercise Physiology and Biomechanics

Sl. No.	Name of the Faculty and Qualification	Designation	Specialization
1	Dr. Grace Helina, M.Sc.(FERN), M.Sc (Yoga Therapy)., M.P.Ed., M.Phil., Ph.D., Cert. in Aerobics	Professor and Head	Exercise Physiology, Fitness, Rehabilitation and Nutritional Care
2	Dr. R. Venkatesan, M.Sc.(Psy), M.Sc (Ex.Phy.) M.P.Ed., M.Phil., Ph.D.	Assistant Professor	Exercise Physiology
3	Dr.P.K.Senthil Kumar, M.P.E.S., M.Phil., M.Sc (Ex.Phy.), Ph.D.	Assistant Professor	Exercise Physiology, Sports Nutrition
4	Dr.P. Rajini Kumar, M.P.E.S., M.Sc (Sports Biomechanics & Kinesiology), M.Phil., Ph.D.	Assistant Professor	Kinesiology & Biomechanics

III. Faculty of Technology and Management

1. Department of Sports Management and Sports Psychology & Sociology

Sl. No.	Name of the Faculty and Qualification	Designation	Specialization
1	Dr. Shahin Ahmed, M.A., M.Sc., M.Phil., M.B.A., Ph.D.	Professor and Head	Sports Psychology
2	Dr. V. Mangaiyarkarasi M.A., M.Phil., M.B.A., Ph.D.	Professor	Sports Sociology, Social Gerontology , Social Problems and Gender studies
3	Dr. S. Prem Kumar, M.B.A., M.Phil., PGDIB., Ph.D.	Professor	Sports Marketing
4	Dr. V. Ramesh Kumar, M.B.A., M.Sc (Psy)., PGDHRM., Ph.D.	Assistant Professor	Marketing and Quantitative Methods
5	Dr.K. Kannadasan, M.P.Ed., M.Phil., M.Sc(Psy)., Ph.D.	Assistant Professor	Sports Psychology

2. Department of Advanced Sports Training and Technology

Sl. No.	Name of the Faculty and Qualification	Designation	Specialization
2	Dr. R. Ramakrishnan, M.E., Ph.D., FIE., C.Eng.	Professor and Head	Mechanical Engineering
3	Dr. C. Arumugam, M.PEd., Dip.in Coaching, M.Sc (Sports Coaching) , M.Phil., Ph.D.	Assistant Professor (On Lien as Controller of Examinations)	Volleyball Coaching and Advanced Training
4	Dr. G. Nallavan, M.E., Ph.D., MBA.	Assistant Professor	Power Electronics

Supportive Departments
Statistics and Computer Applications

Sl. No.	Name of the Faculty and Qualification	Designation	Specialization
1	Dr. J. Anitha , M.Sc., M.Phil., Ph.D.	Assistant Professor	Reliability and Estimation Theory

Health Centre

Sl. No.	Name of the Faculty and Qualification	Designation	Specialization
1	Dr. V. Muruguvalavan , M.B.B.S., D.Ortho., M.Sc (Ex.Phy.), Ph.D.	Assistant Professor cum Medical Officer	Ortho and Sports Medicine
2	Mr. C. Manoj , M.P.T., M.Sc (Sports Biomechanics & Kinesiology), M.B.A (Sports Mgt.)	Physiotherapist	Physiotherapy
3	Mr. K.B. Srinivasan , M.P.T.	Sports Physiotherapist	Sports Physiotherapy
3	Mrs. V. Valli , D.N.D.M.	Staff Nurse	First Aid

Library and Information Centre

Sl. No.	Name of the Faculty and Qualification	Designation	Specialization
1	Dr. N. Ashok Kumar , M.L.I.Sc., M.Phil., Ph.D.	Assistant Librarian	Digitization

CALENDAR FOR THE ACADEMIC YEAR 2019 - 2020

JULY - 2019

DATE	DAY	PARTICULARS	WORKING DAYS
1	Monday	University reopens after summer vacation for Teaching Staff - Odd Semester Begins - Classes commence for II and III year students	1
2	Tuesday		2
3	Wednesday		3
4	Thursday		4
5	Friday		5
6	Saturday	Holiday (DPE – Monday Order)	-
7	Sunday	Holiday	-
8	Monday		6
9	Tuesday		7
10	Wednesday		8
11	Thursday		9
12	Friday		10
13	Saturday	Holiday	-
14	Sunday	Holiday	-
15	Monday		11
16	Tuesday		12
17	Wednesday		13
18	Thursday		14
19	Friday		15
20	Saturday	Holiday (DPE – Tuesday Order)	-
21	Sunday	Holiday	-
22	Monday	Classes commence for I year students - Fresher's Induction Programme Commences (Last date for Payment of University Fee for 3 rd and 5 th Semester Students)	16
23	Tuesday		17
24	Wednesday		18
25	Thursday		19
26	Friday		20
27	Saturday	Holiday	-
28	Sunday	Holiday	-
29	Monday		21
30	Tuesday		22
31	Wednesday		23
Number of Working Days			23

AUGUST – 2019

DATE	DAY	PARTICULARS	WORKING DAYS
1	Thursday		24
2	Friday	Awareness Programme on Entrepreneurship (Sports Technology)	25
3	Saturday	Holiday (DPE – Wednesday Order)	-
4	Sunday	Holiday	-
5	Monday		26
6	Tuesday		27
7	Wednesday		28
8	Thursday		29
9	Friday	National Workshop on Utilization of e-Resources	30
10	Saturday	Holiday	-
11	Sunday	Holiday	-
12	Monday	Bakrid – Holiday	-
13	Tuesday	Librarian Day	31
14	Wednesday		32
15	Thursday	Independence day – Holiday	-
16	Friday		33
17	Saturday	Holiday (DPE – Thursday Order)	-
18	Sunday	Holiday	-
19	Monday	Continuous Assessment – I Guest Lecture on Success in Competitive Sports (Advanced Sports Training) Inter-Departmental Tournaments Commence	34
20	Tuesday	Continuous Assessment – I Harmony Day	35
21	Wednesday		36
22	Thursday	Project Meet By II MPEd Students	37
23	Friday	Krishna Jayanthi - Holiday	-
24	Saturday	Holiday	-
25	Sunday	Holiday - Run For Sports	-
26	Monday	Guest Lecture on Success in Competitive Sports (Advanced Sports Training)	38
27	Tuesday		39
28	Wednesday		40
29	Thursday	Guest Lecture on CFD Applications in Sports Product Design (Sports Technology) - National Sports Day	41
30	Friday		42
31	Saturday	Holiday	-
Number of Working Days			19
Progressive Total Number of Working Days (23 + 19 =42)			42

SEPTEMBER – 2019

DATE	DAY	PARTICULARS	WORKING DAYS
1	Sunday	Holiday	-
2	Monday	Vinayagar Chathurthi- Holiday	-
3	Tuesday	Project Meet by BSc (Sports Coaching) Students Commences	43
4	Wednesday	Awareness Programme on Fitness (Advanced Sports Training) Commences	44
5	Thursday	Teachers Day Celebrations Nutrition Week Celebration (Exercise Physiology and Nutrition) Commences	45
6	Friday	Blood Donation Camp – DPE & NSS Diabetes Screening Awareness Programme DPE & NSS	46
7	Saturday	Holiday (DPE – Friday Order)	-
8	Sunday	Swami Sivananda Birth Anniversary(Yoga) - Holiday	-
9	Monday		47
10	Tuesday	Muharam - Holiday	-
11	Wednesday	Guest Lecture on NET Exam Preparation(Yoga)	48
12	Thursday		49
13	Friday		50
14	Saturday	Holiday	-
15	Sunday	Holiday	-
16	Monday	Guest Lecture on Success in Competitive Sports (Advanced Sports Training)	51
17	Tuesday	Guest Lecture on Relationship Management Counseling (Sports Psychology)	52
18	Wednesday		53
19	Thursday	Continuous Assessment – II	54
20	Friday	Continuous Assessment – II	55
21	Saturday	(DPE – Monday Order)	-
22	Sunday	Holiday	-
23	Monday	Workshop on Yoga Therapy and Acupuncture for Healthy Life	56
24	Tuesday	Guest Lecture on Sports Infrastructure Management (Sports Management)	57
25	Wednesday	Last date for submission of Examinations Application without penalty	58
26	Thursday	Two Days National Workshop on Modern Approaches in Traditional Yoga Project Meet By II BPEd 'A' Section Students	59
27	Friday		60
28	Saturday	World Health Day(Yoga) - Holiday	-
29	Sunday	Holiday	-
30	Monday	Guest Lecture on Success in Competitive Sports (Advanced Sports Training)	61
Number of Working Days			19
Progressive Total Number of Working Days (42+19 =61)			61

OCTOBER - 2019

DATE	DAY	PARTICULARS	WORKING DAYS
1	Tuesday		62
2	Wednesday	Gandhi Jayanthi – Holiday	-
3	Thursday	Last date for submission of Examinations Application with penalty	63
4	Friday	Village Placement Programme/ Internship (Yoga) Commences	64
5	Saturday	Holiday (DPE – Tuesday Order)	-
6	Sunday	Holiday	-
7	Monday	Audhapooja – Holiday	-
8	Tuesday	Vijayadasami- Holiday	-
9	Wednesday	Three Days National Workshop on Athletics(Physical Education) Commences	65
10	Thursday	Inter-Collegiate Tournaments (Hockey and Football) Commence World Mental Health Day (Sports Psychology)	66
11	Friday		67
12	Saturday	Holiday	-
13	Sunday	Village Placement Programme/ Internship (Yoga) Ends - Holiday	-
14	Monday	Village Placement Programme (Sports Psychology) Commences	68
15	Tuesday		69
16	Wednesday		70
17	Thursday	Project Meet By II BPEd 'A' Section Students	71
18	Friday	FDP on Updating of Rules and Sports Training (Advanced Sports Training)	72
19	Saturday	Holiday (DPE – Wednesday Order)	-
20	Sunday	Holiday	-
21	Monday		73
22	Tuesday	Industrial Visit (Sports Management)	74
23	Wednesday		75
24	Thursday	Continuous Assessment – III	76
25	Friday	Continuous Assessment – III Orientation Programme on Examinations(COE)	77
26	Saturday	Holiday	-
27	Sunday	Deepavali – Holiday	-
28	Monday	State Inter-University Tournament Commences Annual Leadership Training Camp for BPEd Students Commences	78
29	Tuesday		79
30	Wednesday	Two Days National Workshop on Talent Identification in Sports (Advanced Sports Training)	80
31	Thursday		81
Number of Working Days			20
Progressive Total Number of Working Days (61 + 20 = 81)			81

NOVEMBER – 2019

DATE	DAY	PARTICULARS	WORKING DAYS
1	Friday		82
2	Saturday	Holiday	-
3	Sunday	Holiday (DPE – Thursday Order)	-
4	Monday		83
5	Tuesday	Model Examinations	84
6	Wednesday	National Workshop on Kho-Kho(Physical Education)	85
7	Thursday	Model Examinations	86
8	Friday	Model Examinations	87
9	Saturday	Holiday (DPE – Friday Order)	-
10	Sunday	Milad Nabi – Holiday	-
11	Monday		88
12	Tuesday		89
13	Wednesday		90
14	Thursday	Commencement of University Examinations Day-01 National Book Week Commences - World Diabetes Day(Yoga)	-
15	Friday	- Examination Day-02	-
16	Saturday	Examination Day-03	-
17	Sunday	Holiday -Examination Day-04	-
18	Monday	Holiday	
19	Tuesday	Sri Krishnamacharya Birth Anniversary (Yoga) - Examination Day-05	-
20	Wednesday	Examination Day-06	-
21	Thursday	Examination Day-07	
22	Friday	Examination Day-08	-
23	Saturday	Examination Day-09	-
24	Sunday	Holiday- Examination Day-10	-
25	Monday	Holiday	
26	Tuesday	Examination Day-11	-
27	Wednesday	Examination Day-12	-
28	Thursday	Examination Day-13	-
29	Friday	Examination Day-14	
30	Saturday	Holiday - Examination Day-15	
Number of Working Days			9
Progressive Total Number of Working Days (81+ 09 =90)			90

DECEMBER – 2017

DATE	DAY	PARTICULARS	WORKING DAYS
1	Sunday	Holiday	-
2	Monday	Even Semester Begins - Short Term Course on Yoga Commences - Internship for II Year MBA Students Commences	1
3	Tuesday	Education Tour For Exercise Physiology Students Commences	2
4	Wednesday	Guest Lecture on Research and Funding Agencies(Yoga)	3
5	Thursday		4
6	Friday	Short Term Course on Yoga Ends	5
7	Saturday	Holiday (DPE – Monday Order)	-
8	Sunday	Holiday	-
9	Monday		6
10	Tuesday	Last date for payment of Hostel Room Rent (Even Semester) without penalty	7
11	Wednesday		8
12	Thursday		9
13	Friday		10
14	Saturday	Sri BKS Iyengar Birth Anniversary (Yoga) - Holiday	-
15	Sunday	Holiday	-
16	Monday		11
17	Tuesday		12
18	Wednesday		13
19	Thursday	Last date for payment of Hostel Room Rent (Even Semester) with penalty	14
20	Friday	Christmas Celebrations	15
21	Saturday	Winter Vacation Commences for Students and Teaching Staff – Holiday	-
22	Sunday	Holiday	-
23	Monday		-
24	Tuesday	Pedagogical Practice Class for III Year BSc (Sports Coaching) Commences	-
25	Wednesday	Christmas – Holiday	-
26	Thursday		-
27	Friday		-
28	Saturday	Holiday	-
29	Sunday	Holiday	-
30	Monday		-
31	Tuesday		-
Number of Working Days			15

JANUARY - 2020

DATE	DAY	PARTICULARS	WORKING DAYS
1	Wednesday	New Year Day – Holiday	
2	Thursday	Classes Commence After Winter Vacation for Students and Teaching Staff	16
3	Friday	South Zone Inter-University Hockey Tournament Commences	17
4	Saturday	Holiday (DPE – Tuesday Order)	-
5	Sunday	Holiday	-
6	Monday		18
7	Tuesday	Village Placement Programme for Exercise Physiology Students Commences	19
8	Wednesday	National Workshop on Kabaddi(Physical Education)	20
9	Thursday	All India Inter-University Hockey Tournament Commences Two Days National Conference on Sports Performance and Challenges (Advanced Sports Training) Commences	21
10	Friday		22
11	Saturday	Holiday	-
12	Sunday	Swami Vivekananda Birth Anniversary (Yoga) - Holiday	-
13	Monday		23
14	Tuesday	Pongal – Holiday	-
15	Wednesday	Uzhavar Thirunal – Holiday	-
16	Thursday	Thiruvalluvar Day – Holiday	-
17	Friday		24
18	Saturday	Holiday (DPE – Wednesday Order)	
19	Sunday	Holiday	-
20	Monday		25
21	Tuesday	Guest Lecture on Entrepreneurship Development (Sports management)	26
22	Wednesday	National Conference On Sports Psychology	27
23	Thursday		28
24	Friday		29
25	Saturday	Holiday	-
26	Sunday	Republic Day - Holiday	-
27	Monday		30
28	Tuesday		31
29	Wednesday	Intensive Teaching and Coaching Practices for BPEd and MPEd students Commence	32
30	Thursday	Continuous Assessment - I	33
31	Friday	Continuous Assessment – I	34
Number of Working Days			19
Progressive Total Number of Working Days (15+ 19 =34)			34

FEBRUARY – 2020

DATE	DAY	PARTICULARS	WORKING DAYS
1	Saturday	Holiday (DPE – Thursday Order)	-
2	Sunday	Holiday	-
3	Monday		35
4	Tuesday		36
5	Wednesday	Industrial Visit (Sports Management)	37
6	Thursday		38
7	Friday		39
8	Saturday	Holiday	-
9	Sunday	Holiday	-
10	Monday		40
11	Tuesday		41
12	Wednesday	Guest Lecture on Composite Materials in Sports (Sports Technology)	42
13	Thursday		43
14	Friday		44
15	Saturday	Holiday (DPE – Friday Order)	-
16	Sunday	Holiday	-
17	Monday		45
18	Tuesday		46
19	Wednesday		47
20	Thursday		48
21	Friday		49
22	Saturday	Holiday	-
23	Sunday	Holiday	-
24	Monday		50
25	Tuesday		51
26	Wednesday	Three Days International Conference (Physical Education) Commences	52
27	Thursday	Continuous Assessment – II	53
28	Friday	Continuous Assessment – II	54
29	Saturday	Holiday	-
Number of Working Days			20
Progressive Total Number of Working Days (34+ 20 =54)			54

MARCH – 2020

DATE	DAY	PARTICULARS	WORKING DAYS
1	Sunday	Holiday (DPE – Monday Order)	-
2	Monday	Last date for submission of Examination Application without penalty	55
3	Tuesday		56
4	Wednesday		57
5	Thursday		58
6	Friday	National Workshop on Sports Management	59
7	Saturday	Holiday	-
8	Sunday	Holiday - International Women's Day	-
9	Monday		60
10	Tuesday	Last date for submission of Examination Application with penalty	61
11	Wednesday		62
12	Thursday		63
13	Friday		64
14	Saturday	Holiday (DPE – Tuesday Order)	-
15	Sunday	Holiday	-
16	Monday		65
17	Tuesday		66
18	Wednesday		67
19	Thursday	National Workshop on Essentials of ICT for Physical Education Scholars	68
20	Friday		69
21	Saturday	Holiday (DPE – Wednesday Order)	-
22	Sunday	Holiday	-
23	Monday	Village Placement Programmes for BPEd, MPEd and MPhil Students Commence	70
24	Tuesday		71
25	Wednesday	Ugadi – Holiday	
26	Thursday		72
27	Friday		73
28	Saturday	Holiday	-
29	Sunday	Holiday	-
30	Monday	World Bipolar Day (Sports Psychology) - University External Practical Examinations	74
31	Tuesday	University External Practical Examinations	75
Number of Working Days			21
Progressive Total Number of Working Days (54 + 21 =75)			75

APRIL – 2020

DATE	DAY	PARTICULARS	WORKING DAYS
1	Wednesday	Continuous Assessment – III	76
2	Thursday	Continuous Assessment – III Awareness Programme for Physical Education Students	77
3	Friday	Guest Lecture on Sports Medicine (Physical Education)	78
4	Saturday	Holiday (DPE – Thursday Order)	-
5	Sunday	Holiday	-
6	Monday		79
7	Tuesday		80
8	Wednesday	Model Examinations	81
9	Thursday	Model Examinations	82
10	Friday	Good Friday - Holiday	-
11	Saturday	Holiday (DPE – Friday Order)	-
12	Sunday	Easter – Holiday	-
13	Monday	Model Examinations	83
14	Tuesday	Tamil New Year - Dr. Ambedkar Jayanthi – Holiday	-
15	Wednesday	Model Examinations	84
16	Thursday	Model Examinations	85
17	Friday		86
18	Saturday	Holiday	
19	Sunday	Holiday	-
20	Monday		87
21	Tuesday		88
22	Wednesday		89
23	Thursday	World Book Day	90
24	Friday	Commencement of University Examinations	
25	Saturday	Holiday	
26	Sunday	Holiday	
27	Monday		-
28	Tuesday		-
29	Wednesday		
30	Thursday		
Number of Working Days			15
Progressive Total Number of Working Days (75+ 15 =90)			90

MAY – 2020

DATE	DAY	PARTICULARS	WORKING DAYS
1	Friday	May Day – Holiday Summer Vacation Commences for Teaching Staff	-
2	Saturday	Holiday	-
3	Sunday	Holiday	
4	Monday		
5	Tuesday		
6	Wednesday		
7	Thursday		
8	Friday		-
9	Saturday	Holiday	-
10	Sunday	Holiday	
11	Monday		
12	Tuesday		
13	Wednesday		
14	Thursday		
15	Friday		-
16	Saturday	Holiday	-
17	Sunday	Commencement of DDE Examinations – Holiday	
18	Monday		
19	Tuesday		
20	Wednesday		
21	Thursday		
22	Friday		-
23	Saturday	Holiday	-
24	Sunday	Holiday	
25	Monday		
26	Tuesday		
27	Wednesday		
28	Thursday		
29	Friday		-
30	Saturday		-
31	Sunday		

JUNE – 2020

DATE	DAY	PARTICULARS	WORKING DAYS
1	Monday		
2	Tuesday		
3	Wednesday		
4	Thursday		-
5	Friday		-
6	Saturday	Holiday	
7	Sunday	Holiday	
8	Monday		
9	Tuesday		
10	Wednesday		
11	Thursday		-
12	Friday		-
13	Saturday	Holiday	
14	Sunday	Holiday	
15	Monday		
16	Tuesday		
17	Wednesday		
18	Thursday		-
19	Friday		-
20	Saturday	Holiday	
21	Sunday	Holiday	
22	Monday		
23	Tuesday		
24	Wednesday		
25	Thursday		-
26	Friday		-
27	Saturday	Holiday	
28	Sunday	Holiday	
29	Monday		
30	Tuesday		

The University will reopen after the summer vacation for Teaching Staff
and Students on 01-07-2020 for the Academic Year 2020-2021

List of Affiliated Physical Education Colleges

1. YMCA College of Physical Education (Autonomous), Nandanam, Chennai – 600 035.
2. Sri Ramakrishna Mission Vidyalaya Maruthi College of Physical Education (Autonomous), Sri Ramakrishna Vidyalaya Post, Periyanaickenpalayam, Coimbatore – 641 020,
3. Dr. Sivanthi Aditanar College of Physical Education, Tirunelveli Road, Tiruchendur – 628 215.
4. Sri Sarada College of Physical Education For Women Fairlands, Salem – 636 016.
5. Selvam College of Physical Education Salem Road, Ponnusamy Nagar, Pappinayakkapatty (Po), Namakkal – 637 003.
6. Koviloor Andavar College of Physical Education and Sports Science, Koviloor Madalayam, Koviloor – 630 307.
7. Meenatchi Physical Education College Trichy Main Road, M.R. Kalvi Nagar Thathanur (Po), Udayarpalayam(Tk), Ariyalur dt – 621 804.
8. Christian College of Physical Education K.P. Road, Kanyakumari Dist. Nagercoil – 629 003,
9. St. John's College of Physical Education Veeravanallur – 627 426 Tirunelveli – Dist.
10. Sri Renugambal College of Physical Education C.C. Road, Ettivadi, Polur – 606 907 Tiruvannamalai Dist.
11. Mother Terasa College of Physical Education Mettusalai, Illuppur (Post) Pudukkottai District – 622102.
12. Dhanalakshmi Srinivasan College of Physical Education Perambalur -621 212
13. K.R. College of Physical Education NH-7 K.R. Nagar, Vedasandur Post & Taluk, Dindigul Dt.
14. Rabindharanath Tagore College of Physical Education Veerachipalayam, Sankari Taluk, Salem District .
15. Sree Bhavani College of Physical Education Veepur – Virudhachalam Main Road, K. Kothanur Village, Kandappankurichi, Nallur Post, Veppur Tk. Guddalore Dist.
16. Cheran College of Physical Education, No. 9D/3, Ramakrishnapuram, Karur – 639001.
17. Jenney's College of Physical Education No.2/67, A. Manikandam Road, Ramjee Nagar, Tiruchirapalli District-620009.
18. G.S. College of Physical Education, Kampaliyampatta Road, Avanasipalayam (Post) Pothampalayam Panchayat, Kangayam-638701. Tiruppur District.
19. Pasumpon Muthuramalinga Thevar College, Plot No.3, Vadugapatti, Usilampatti, Madurai-625532.
20. Mass College of Physical Education, Vanur, Vilupuram – Dist.

List of Affiliated Yoga Colleges

1. Vethathiri Maharishi College of Yoga, No.26, Second Seaward Road, Valmiki Nagar, Thiruvanmiyur, Chennai – 600041
2. Shri Paranjothi Yoga College, No.113, Sri Paranjothi Nagar, Udumalpet – TK, Tirupur
3. PGP Educational And Welfare Society, (Old No.57) New No.59, Sterling Road, Nungambakkam, Chennai -600034
4. Selvam College of Yoga and Research Centre Chemmuthal, Nethaji Street, Tholayavattam Post- 629 157.

CONTACT ADDRESS

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Tamil Nadu Physical Education and Sports University
Melakottaiyur, Vandalur – Kelambakkam Road, Chennai - 600 127

Phone: 044-27477905 / 906

E-mail: regtnpesu@gmail.com

Website: www.tnpesu.org

Controller of Examinations : 044-27477914 / 915 / 917

School of Distance Education : 044-27477919

National Anthem

Jana Gana Mana Adhinaayak Jaya Hey,
Bhaarat Bhaagya Vidhaataa
Panjaab Sindhu Gujarat Maraatha,
Draavid Utkal Banga
Vindhya Himaachal Yamuna Ganga,
Uchchhal Jaladhi Taranga
Tav Shubh Naamey Jaagey,
Tav Shubh Aashish Maange
Gaahey Tav Jayagaathaa
Jana Gana Mangal Daayak,
Jaya Hey Bhaarat Bhaagya Vidhaataa
Jaya Hey, Jaya Hey, Jaya Hey,
Jaya Jaya Jaya, Jaya Hey

நாட்டுப்பண்

ஜன கண மன அதிநாயக ஜெய ஹே
பாரத பாக்ய விதாதா.
பஞ்சாப சிந்து குஜராத்த மராட்டா
திராவிட உத்கல வங்கா.
விந்திய இமாச்சல யமுனா கங்கா
உச்சல ஜலதி தரங்கா.
தவ ஷுப நாமே ஜாகேஇ
தவ ஷுப ஆஷிஷ மாகேஇ
காஹே தவ ஜெய காதா.
ஜன கண மங்கள தாயக ஜெயஹே
பாரத பாக்ய விதாதா.
ஜெய ஹேஇ ஜெய ஹேஇ ஜெய ஹேஇ
ஜெய ஜெய ஜெயஇ ஜெய ஹே.

National Pledge

India is my country and all Indians are my brothers and sisters.

I love my country and I am proud of its rich and varied heritage.

I shall always strive to be worthy of it. I shall give respect to my parents, teachers and elders and treat everyone with courtesy.

To my country and my people, I pledge my devotion.

In their well being and prosperity alone, lies my happiness.

உறுதிமொழி

இந்தியா என் நாடு. இந்தியர் அனைவரும் என் உடன் பிறந்தவர்கள். என் நாட்டை நான் பெரிதும் நேசிக்கிறேன். இந்நாட்டின் பழம்பெருமைக்காகவும் இ பன்முக மரபுச் சிறப்புக்காகவும் நான் பெருமிதம் அடைகிறேன். இந்நாட்டின் பெருமைக்குத் தகுந்து விளங்கிட என்றும் பாடுபடுவேன்.

என்னுடைய பெற்றோர்இ ஆசிரியர்கள்இ எனக்கு வயதில் மூத்தோர் அனைவரையும் மதிப்பேன் எல்லோரிடமும் அன்பும் மரியாதையும் காட்டுவேன்.

என் நாட்டிற்கும் என் நாட்டு மக்களுக்கும் உழைத்திட முனைந்து நிற்பேன். அவர்கள் நலமும் வளமும் பெறுவதிலேதான் என்றும் மகிழ்ச்சி காண்பேன்.

தமிழ்த்தாய் வாழ்த்து

நீராருங் கடலுடுத்த நிலமடந்தைக் கெழிலொழுகும்
சீராரும் வதனமெனத் திகழ் பரதக் கண்டமிதில்
தெக்கணமும் அதிற்சிறந்த திராவிடநல் திருநாடும்
தக்கசிறு பிறைநுதலும் தரித்தநறுந் திலகமுமே!
அத்திலக வாசனைபோல் அனைத்துலகும் இன்பமுற
எத்திசையும் புகழ்மணக்க இருந்தபெருந் தமிழணங்கே!
தமிழணங்கே!
உன் சீரிளமைத் திறம்வியந்துசெயல்மறந்து வாழ்த்துதுமே!
வாழ்த்துதுமே!!
வாழ்த்துதுமே!

தீண்டாமை ஒழிப்பு உறுதிமொழி

இந்திய அரசியல் அமைப்பின்பால் இடைவிடாதஇ உளமார்ந்தஇ பற்றுள்ள இந்திய குடிமகன்இ குடிமகள் ஆகிய நான் நமது அரசியல் அமைப்பின்படி தீண்டாமை ஒழிக்கப்பட்டு விட்டது என்பதை அறிவேன். தீண்டாமையை அடிப்படையாகக் கொண்டு எவர்மீதும் தெரிந்தோஇ தெரியாமலோ சமூக வேற்றுமையை மனம்இ வாக்குஇ செயல் என்று எந்த வகையிலும் கடைபிடிக்கமாட்டேன் என்று இதனால் உளமாற உறுதி அளிக்கிறேன்.

அரசியல் அமைப்பின் அடிப்படை கருத்திற்கு இணங்கஇ சமய வேறுபாடற்ற சுதந்திர சமுதாயத்தை உருவாக்குவதில் நேர்மையுடனும்இ உண்மையுடனும் பணியாற்றுவது எனது கடமையாகும் என்பதையும் உணர்வேன்.

இந்திய அரசியல் அமைப்பின்பால் எனக்குள்ள முழுப் பற்றிற்கு இது என்றென்றும் எடுத்துக்காட்டாக விளங்கும் என்றும் இதனால் உளமாற உறுதி அளிக்கிறேன்.

கொடிப்பாடல்

பல்லவி

தாயின் மணிக்கொடி பாரீர் அதைத்-
தாழ்ந்து பணிந்து புகழ்ந்திட வாரீர்
சரணங்கள்
ஓங்கி வளர்ந்ததோர் கம்பம் அதன்-
உச்சியின் மேல் வந்தே மாதர மென்றே
பாங்கி னேழுதித் திகழும் செய்ய-
பட்டொளி வீசிப் பறந்தது பாரீர்!

கம்பத்தின் கீழ்நின்றல் காணீர் எங்கும்-
காணரும் வீரர் பெருந்திருக் கூட்டம்

நம்பற் குரியரவ் வீரர்தங்கள்-
நால்லுயி ரீந்துங் கொடியினைக் காப்பார் □தாயின்□

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ENGAGEMENTS / NOTES

ENGAGEMENTS / NOTES

Tamil Nadu Physical Education and Sports University

Chennai – 600 127

Student Profile (Student Copy)

Academic Year _____

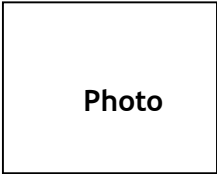
Photo

1	Name	English	Register No				Aadhaar No	
		Tamil						
2	Sex	Male / Female	DOB		Date	Month	Year	
3	Course	Duration						
4	Father's Name	Father's Occupation						
5	Mother's Name	Mother's Occupation						
6	Community & Religion	ST/ SC/ SC(A)/ MBC/ BC/ BC (M) / OC Hindu/ Muslim/ Christian/ Others _____			Blood Group			
7	Permanent Address							
	Type of Domicile Area (Tick the Appropriate)	Metro City	Corporation City	Urban	Semi	Rural		
8	Phone Number and E Mail	Father / Guardian		Student Contact Number(s)		Email Id		
9	Sports Achievement							
10	Details of Previous Education	School : College : Are You a First Graduate from your Family? YES / NO						
11	Details of Internship Completed as per Course Requirement	Institution				Date		
12	Any other Achievement wish to inform							

Signature

ENGAGEMENTS / NOTES

Tamil Nadu Physical Education and Sports University
Chennai – 600 127
Student Profile (Department Copy)
Academic Year _____



1	Name	English			Register No		
		Tamil			Aadhaar No		
2	Sex	Male / Female		DOB	Date	Month	Year
3	Course				Duration		
4	Father's Name				Father's Occupation		
5	Mother's Name				Mother's Occupation		
6	Community & Religion	ST/ SC/ SC(A)/ MBC/ BC/ BC (M) / OC Hindu/ Muslim/ Christian/ Others _____			Blood Group		
7	Permanent Address						
	Type of Domicile Area (Tick the Appropriate)	Metro City	Corporation City	Urban	Semi	Rural	
8	Phone Number and E Mail	Father / Guardian		Student Contact Number(s)		Email Id	
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10	Details of Previous Education	School: College : Are You a First Graduate from your Family? YES / NO					
11	Details of Internship Completed (as per Course Requirement)	Institution				Date	
12	Any other Achievement wish to inform						

Signature