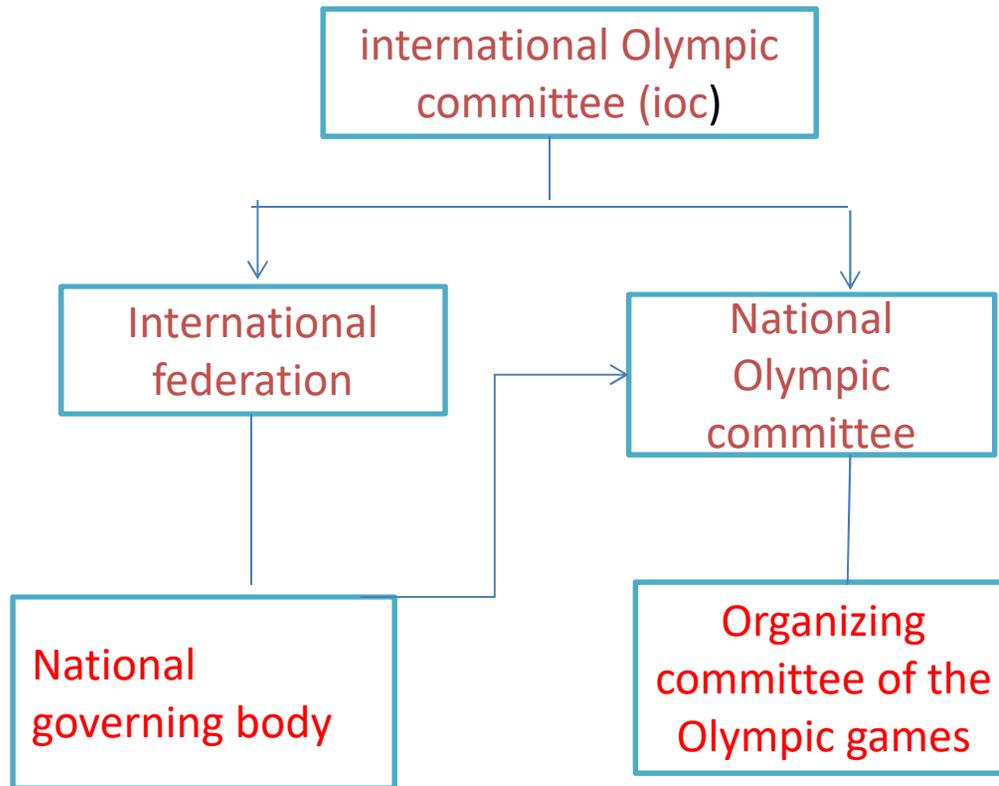


**TAMILNADU PHYSICAL EDUCATION AND SPORTS UNIVERSITY CHENNAI,
DEPARTMENT OF PHYSICAL EDUCATION**

I B.P.Ed

OLYMPIC MOVEMENT

Dr.K.JAYACHANDRAN
Guest Lecturer,



- ❖ International Olympic committee governing body of the Olympics
Its main duty is to oversee all aspects of the Olympic movement and act as summer and winter Olympic games
they are also responsible for selecting the host cities of the games

IOC - Structure

Olympic rings without rims

Motto - Citius, Altius, Fortius- (Latin: Faster, higher, stronger)

Formation -23 June 1894; (123 years ago) ,TypeSports federation

Headquarters - Lausanne, Switzerland

Membership - 105 active members, 32 honorary members, 1 honour member

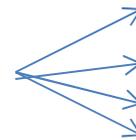
Official language-French and Englishand the host country's official language when necessary

EXECUTIVE BOARD

Honorary President-

-President-

Vice Presidents



General Director

Executive committee member



FUNCTION OF IOC

it is supreme authority of Olympic movement

- 1.) Encourage and support the promotion of ethics in sport as well as education of youth through sport and to dedicate its efforts to ensuring that, in sport, the spirit of fair play prevails and violence is banned;
- 2.) Encourage and support the organization, development and coordination of sport and sports competitions;
- 3.) Ensure the regular celebration of the Olympic Games;
- 4.) Cooperate with the competent public or private organizations and authorities in the endeavor to place sport at the service of humanity and thereby to promote peace;
- 5.) Take action in order to strengthen the unity and to protect the independence of the Olympic Movement;
- 6.) Act against any form of discrimination affecting the Olympic Movement;
- 7.) Encourage and support the promotion of women in sport at all levels and in all structures with a view to implementing the principle of equality of men and women;
- 8.) Lead the fight against doping in sport;
- 9.) Encourage and support measures protecting the health of athletes;
- 10.) Oppose any political or commercial abuse of sport and athletes;
- 11.) Encourage and support the efforts of sports organizations and public authorities to provide for the social and professional future of athletes;
- 12.) Encourage and support the development of sport for all;
- 13.) Encourage and support a responsible concern for environmental issues, to promote sustainable development in sport and to require that the Olympic Games are held accordingly;
- 14.) Promote a positive legacy from the Olympic Games to the host cities and host countries;
- 15.) Encourage and support initiatives blending sport with culture and education;
- 16.) Encourage and support the activities of the International Olympic Academy (IOA) and other institutions which dedicate themselves to Olympic education.

National Olympic Committee (NOC)

is a national constituent of the worldwide Olympic movement. Subject to the controls of the International Olympic Committee,

NOCs are responsible for organizing their people's participation in the Olympic Games.

They may nominate cities within their respective areas as candidates for future Olympic Games.

NOCs also promote the development of athletes and training of coaches and officials at a national level within their geographies.

The NOCs are all members of the *Association of National Olympic Committees (ANOC)*, which is also split among five continental associations:

FUNCTION OF THE NATIONAL OLYMPIC COMMITTEE

- The main function of a National Olympic Committee is to ensure the representation of sportsmen and women from its country at the Olympic Games,
- Teach and encourage respect of the fundamental principles of Olympism.
- Act as a link with National Sports Federations affiliated to the International Federations recognized by the International Olympic Committee.
- Encourage and assist the Government of its country in the enforcement of a Sport Programme for the youth, with a view to developing its character, health and civic sense.
- Oppose any political or commercial interference and any religious or racial discrimination in Sport.
- Propagate a programme meant to enlighten the public and the media on Olympic Philosophy
- National Federations shall forward entries to the Organizing Committee for transmission, if approved, to the Organizing Committee". The relevant Entry Forms must be signed by the President or Secretary of the National Olympic Committee.

The National Olympic Committee is also fully responsible for the conduct of its delegation

Olympic -Commission
IOC Athletes' Commission
IOC Athletes' Entourage Commission
IOC Audit Committee
IOC Communication Commission
IOC Coordination Commission
IOC Coordination Commission
IOC Coordination Commission
IOC Coordination Commission
IOC Coordination Commission
IOC Culture and Olympic Heritage Commission
IOC Digital and Technology Commission
IOC Ethics Commission
IOC Evaluation Commission
IOC Finance Commission
IOC Members Election Commission
IOC Legal Affairs Commission
IOC Marketing Commission
IOC Medical and Scientific Commission
IOC Olympic Channel Commission
IOC Olympic Education Commission
IOC Olympic Programme Commission
IOC Olympic Solidarity Commission
IOC Commission for Public Affairs and Social Development Through Sport
IOC Sport and Active Society Commission
IOC Sustainability and Legacy Commission
IOC Women in Sport Commission

PRE INDEPENDENCE –ACHIEVEMENT OF INDIAN TEAM GAMES AND INDIVIDUAL SPORTS

- Achievement of India in individual sports
- The first Indian Olympian medalist was Norman Pritchard. He won 2 silver medals at the 1900 Paris Olympics.
- Silver Medals were won in men's 200 meters
- Silver Medals were won in men's 200m Hurdles
- Indian hockey team won gold medal consecutively 1928,1932,1936,and 1948 Olympics

Pre Independence – Name of Medalist

Medal	Name/Team	Games	Sport	Event
Silver 	Norman Pritchard^{[1][17]}	1900 Paris	Athletics	Men's 200 metres
Silver	Norman Pritchard^{[1][17]}	1900 Paris	Athletics	Men's 200 metre hurdles
Gold	National team^[2]	1928 Amsterdam	Field hockey	Men's competition
Gold	National team^[3]	1932 Los Angeles	Field hockey	Men's competition
Gold	National team^[4]	1936 Berlin	Field hockey	Men's competition
Gold	National team^[5]	1948 London	Field hockey	Men's competition

AFTER INDEPENDENCE –ACHIEVEMENT OF INDIAN TEAM GAMES AND INDIVIDUAL SPORTS

1952 Helsinki	1	0	1
1956 Melbourne 	1	0	0
1960 Rome	0	1	0
1964 Tokyo	1	0	0
1968 Mexico City	0	0	1
1972 Munich	0	0	1
1976 Montreal	0	0	0
1980 Moscow	1	0	0
1984 Los Angeles	0	0	0
1988 Seoul	0	0	0
1992 Barcelona	0	0	0
1996 Atlanta	0	0	1
2000 Sydney	0	0	1
2004 Athens	0	1	0
2008 Beijing	1	0	2
2012 London	0	2	4
2016 Rio de Janeiro	0	1 ^[14]	1 ^[15]

Gold	National team^[5]	1948 London	Field hockey	Men's competition
Gold	National team^[5]	1952 Helsinki	Field hockey	Men's competition
Bronze	Khashaba Dadasaheb Jadhav^[5]	1952 Helsinki	Wrestling	Men's freestyle bantamweight
Gold	National team^[5]	1956 Melbourne	Field hockey	Men's competition
Silver	National team^[6]	1960 Rome	Field hockey	Men's competition
Gold	National team^[7]	1964 Tokyo	Field hockey	Men's competition
Bronze	National team^[8]	1968 Mexico City	Field hockey	Men's competition
Bronze	National team^[9]	1972 Munich 	Field hockey	Men's competition
Gold	National team^[10]	1980 Moscow	Field hockey	Men's competition
Bronze	Leander Paes^[11]	1996 Atlanta	Tennis	Men's singles
Bronze	Karnam Malleswari^[12]	2000 Sydney	Weightlifting	Women's 69 kg
Silver	Rajyavardhan Singh Rathore^[13]	2004 Athens	Shooting	Men's double trap
Gold	Abhinav Bindra^[13]	2008 Beijing	Shooting	Men's 10 m Air Rifle
Bronze	Vijender Singh^[13]	2008 Beijing	Boxing	Middleweight
Bronze	Sushil Kumar^[13]	2008 Beijing	Wrestling	Men's freestyle 66 kg
Silver	Vijay Kumar^[13]	2012 London	Shooting	Men's 25 Rapid Fire Pistol
Silver	Sushil Kumar^[13]	2012 London	Wrestling	Men's freestyle 66 kg
Bronze	Saina Nehwal^[13]	2012 London	Badminton	Women's singles
Bronze	Mary Kom^[13]	2012 London	Boxing	Women's flyweight
Bronze	Gagan Narang^[13]	2012 London	Shooting	Men's 10m Air Rifle
Bronze	Yogeshwar Dutt^[13]	2012 London	Wrestling	Men's freestyle 60 kg
Silver	P. V. Sindhu^[14]	2016 Rio de Janeiro	Badminton	Women's singles
Bronze	Sakshi Malik^[15]	2016 Rio de Janeiro	Wrestling	Women's freestyle 58 kg

Achievement of India in Hockey

- **Hockey Team** (*11 medals*)
- 1927, the first year of organized participation and the Indian hockey team struck gold.
- Hockey was the first sport that had the world take notice of Indian presence at Olympics.
- For 28 continuous years, Indian hockey team was proudly seated at the perch of world hockey and the Summer Olympics provided the grandest stage to display its superiority.
- **6 gold medals** and a winning streak of 24 matches are of some significance.
- Hockey has earned India a total of **11 Olympic medals**.
- This include **Eight gold, one silver and two bronze** medals and the last of those,
- A gold medal, came way back in 1980 at the Moscow Games.
- The whole world gasped in awe as **Dhyan Chand** and his teammates displayed their **magic with the hockey sticks** enthralling thousands of fans all over the globe, making India the undisputable champion team.

Olympic Medal Winners of India

- **Norman Pritchard**. He won 2 silver medals at the 1900 Paris Olympics. Silver Medals were won in men's 200 meters and Silver Medals were won in men's 200m Hurdles
- **Khashaba Dadasaheb Jadhav** (1952 Helsinki Olympics) Khashaba Dadasaheb Jadhav was independent India's first ever Olympic medal winner
- **Leander Paes** had the Indian flag flying at the medal presentation ceremony at the 1996 Atlanta Olympics He won a bronze medal in the singles event of Lawn
- ❖ **Karnam Malleswari**, (2000 Sydney Olympics) a weightlifter from Andhra Pradesh, became the first Indian women to win an Olympic medal (individual/team) at the Sydney Games. She lifted 110kg in the snatch and 130 kg in clean and jerk for a total lift of 240 kg
- **Rajavardhan Singh Rathore** (2004 Athens Games) silver medal in men's Double Trap at 2004 Athens Games was then the best individual performance by an Indian post independence
- ❖ **Abhinav Bnidra** (At the 2008 Beijing Olympics) won gold in the Men's 10 metre air rifle event becoming the first Indian to win an individual gold medal at the Olympic Games.
- ❖ **Vijender Singh** got the country's first medal in boxing with his bronze medal in Middleweight category.
- ❖ The 2012 Summer Olympics saw an 83-member Indian contingent participating in the games and setting a new best for the country with a total of six medals.
- ❖ **Sushil Kumar** Wrestler became the first Indian with multiple individual Olympic medals (bronze at the 2008 Beijing Olympics and silver at the 2012 Summer Olympics) since Norman Pritchard in 1900.
- ❖ **Saina Nehwal** won bronze medal in badminton in Women's singles getting the country's first Olympic medal in badminton.
- ❖ **Gagan Narang** (2012 Summer Olympics in London) Bronze medal in Men's 10m Air Rifle
- ❖ **Yogeswar Dutt** (2012 Summer Olympics in London) Bronze medal Wrestling in Men's freestyle 60 kg
- ❖ **Pugilist Mary Kom** became the first Indian woman to win a medal in boxing with her bronze medal finish in Women's flyweight category.
- At the 2016 Summer Olympics, a record number of 118 athletes competed.
- **Sakshi Malik** became the first Indian woman wrestler to win an Olympic medal with her bronze medal finish in Women's freestyle 58 kg category.
- Shuttler **P. V. Sindhu** became the first Indian woman to win a silver medal in Olympics and also the youngest Indian Olympic medalist.

Indian Women in the Olympics

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- Shuttler **P. V. Sindhu** became the first Indian woman to win a silver medal in Olympics and also the youngest Indian Olympic medalist.
- First Indian women to ever win an Olympic medal was **Karnam malleswari** who won a bronze medal at the Sydney Olympics in the Women's 69 category in weight lifting .