

### YEARLY STATUS REPORT - 2023-2024

Part A		
Data of the	Institution	
1.Name of the Institution	TAMIL NADU PHYSICAL EDUCATION AND SPORTS UNIVERSITY	
Name of the Head of the institution	Dr. M. SUNDAR	
• Designation	VICE-CHANCELLOR	
Does the institution function from its own campus?	Yes	
Phone no./Alternate phone no.	04427477904	
Mobile no	7904274295	
Registered e-mail	vctnpesu@gmail.com	
Alternate e-mail address	tnpesuiqac@gmail.com	
• City/Town	Chengelpet	
State/UT	Tamil Nadu	
• Pin Code	600127	
2.Institutional status		
• University	State	
Type of Institution	Co-education	
• Location	Semi-Urban	

Page 1/65

Name of the IQAC Co-ordinator/Director	Dr. R. Ramakrishnan
• Phone no./Alternate phone no	9444048854
• Mobile	9443212071
• IQAC e-mail address	tnpesuiqac@gmail.com
Alternate Email address	prem7974@gmail.com
3.Website address (Web link of the AQAR (Previous Academic Year)	https://tnpesu.org/upload/AQAR 20 22 2023.pdf
4.Whether Academic Calendar prepared during the year?	Yes
• if yes, whether it is uploaded in the Institutional website Web link:	https://tnpesu.org/upload/Academic%20Calendar%202023-2024.pdf

#### **5.**Accreditation Details

Cycle	Grade	CGPA	Year of Accreditation	Validity from	Validity to
Cycle 1	B++	2.92	2016	11/05/2016	04/11/2021
Cycle 2	В	2.28	2021	17/08/2021	16/08/2026

#### 6.Date of Establishment of IQAC 11/07/2017

7.Provide the list of Special Status conferred by Central/ State Government-UGC/CSIR/DST/DBT/ICMR/TEQIP/World Bank/CPE of UGC etc.

Page 2/65 14-02-2025 02:54:56

Institution/ Depart ment/Faculty	Scheme	Funding	agency	Year of award with duration	Amou	ınt
TNPESU	e - Library G. O. 46	You Welfar Spo Develo	rts	15/06/202	2 83	,25,000
TNPESU	Construction of Additional class rooms G. O. 56	You Welfar Spo Develo	rts	30/06/202	2 5,83	3,50,000
TNPESU	Construction of Swimming Pool Under Khelo India Scheme No.29 -4/MYAS/MDSD /2018e-file 25271(II) dated 01 August 2022		nth es and ets, nment	01/08/202	2 1,2	5,00,000
8.Whether composi NAAC guidelines	ition of IQAC as pe	r latest	Yes			
Upload latest notification of formation of IQAC		View File	2			
O.No. of IQAC meetings held during the year		5				
<ul> <li>The minutes of IQAC meeting and compliance to the decisions have been uploaded on the institutional website.</li> <li>(Please upload, minutes of meetings and action taken report)</li> </ul>		Yes				
(Please upload, minutes of meetings and action taken report)		View File	2			

10. Whether IQAC received funding from any of the funding agency to support its activities during the year?	No
• If yes, mention the amount	

#### 11. Significant contributions made by IQAC during the current year (maximum five bullets)

Conducted Induction Programme for fresher students so as to enable them to understand the environment around the Campus.

Inter - Departmental Sports Competitions were conducted for fresher students along with the other Students to develop a Cordial relationship among them

Felicitated the Students and Staff who have made achievements and received awards from outside agencies

Started the process of preparing SSR for NAAC Re-assessment

Revamped the Curriculum majority of the Programmes offered by the University Department and started implementing the same from the Academic Year 2023 - 2024 onwards

## 12.Plan of action chalked out by the IQAC in the beginning of the Academic year towards Quality Enhancement and the outcome achieved by the end of the Academic year

Plan of Action	Achievements/Outcomes
Prepared the Annual Quality Assurance Report (AQAR) for the year 2022-2023	AQAR prepared and uploaded for the year 2022-2023
Feedback form prepared to collect feedback from students, parents, alumnis and employer	Feedback forms collected from all stakeholders
Curriculum revised in all programmes of all Departments in 2022-23	Revised Curriculum is implimented in 2023-2024
Planned for felicitate the Achievers	IQAC felicitated the Award winners
13.Whether the AQAR was placed before statutory body?	No

• Name of the statutory body

Name	Date of meeting(s)
Nil	Nil
14.Whether NAAC/or any other accredited body(s) visited IQAC or interacted with it to Assess the functioning?	Yes

#### 15. Whether institutional data submitted to AISHE

Year	Date of Submission
2022-2023	05/04/2024

#### 16. Multidisciplinary / interdisciplinary

Over the past few years, Tamil Nadu Physical Education and Sports University has developed a variety of academic programs and research initiatives with an interdisciplinary focus. The University introduced several under graduate interdisciplinary science programs, including Exercise Physiology, Sports Biomechanics, Sports Psychology, Yoga, and Sports Management. Similarly, new program (B.P.E.S) launched under the Faculty of Education in Physical Education. Research laboratories, a language laboratory, and ICT facilities have been effectively utilized to support these interdisciplinary programs. Additionally, value-added courses were introduced in 2023-24 for Yoga department. The university has designed a dynamic curriculum that integrates interdisciplinary courses and undergoes regular revisions. Interdepartmental generic courses, created by all departments, enable students to gain insights into other subjects, thereby broadening their learning horizons and creating new job opportunities. The curriculum is structured to provide students with greater flexibility and choice without compromising the emphasis on core subjects. The National Service Scheme (NSS) at TNPESU actively engages in outreach and extension activities, promoting community involvement, environmental awareness, and human values. To further strengthen the interdisciplinary and multidisciplinary approach, the university made the Generic Elective course mandatory for postgraduate students starting from the 2018-19 academic year.

#### 17.Academic bank of credits (ABC):

Students often earn academic credits by successfully completing courses, modules, or other learning components. Efforts to implement initiatives that meet the requirements of the Academic Bank of Credits are still underway. The curriculum is regularly updated to

align with industry demands and the expectations of higher education institutions, ensuring students are employable. The University has signed a Memorandum of Understanding (MOU) with the Vellore Institute of Technology, National Institute of Open Schooling, The Tamil Nadu Dr. Ambedkar Law University, Chennai, Gold Biomech Technology, Arasu Engineering College, Kumbakonam and Rotary Clubs of Chennai Lake City 3232 to facilitate the publication of research articles, and the organization of conferences, seminars, workshops, and exchange programs. Additionally, several national MOUs have been established to promote knowledge exchange and conduct seminars, conferences, and workshops. An MOU has also been signed with Temple Adventure SCUBA Diving in Pondicherry to provide workshops and field/industrial visits for hands-on practical exposure. General elective courses are offered across all programs, allowing students the flexibility to select subjects based on their interests and needs. These efforts, implemented through the Choice-Based Credit System, represent an initial step toward achieving the broader goal of fully implementing the Academic Bank of Credits.

#### **18.Skill development:**

The programs offered at TNPESU are designed to align with industry demands, emphasizing employability skills and entrepreneurship development. They provide foundational knowledge in anatomy, physiology, biomechanics, nutrition, psychology, and other relevant sciences, along with familiarization with sports-related terminology, rules, and regulations. The university collaborates with schools, hospitals, organizations, and industries, offering students opportunities for internships, visits, and field project work. Students are encouraged to undertake officiating examinations specific to their sports discipline, gaining expertise in areas such as officiating, volunteering, planning, organizing, and prescribing diet and exercise. These initiatives enhance their skills in specialized sports, opening up better employment opportunities and fostering entrepreneurship. Students in the Department of Exercise Physiology and Biomechanics assess physical, physiological, and nutritional statuses, conduct postural and gait analyses, and evaluate muscle strengths and weaknesses of athletes during tournaments and competitions held on and off campus.

## 19. Appropriate integration of Indian Knowledge system (teaching in Indian Language, culture, using online course)

The Tamil Nadu Physical Education and Sports University has integrated Ancient Indian knowledge into its academic framework through various initiatives. The Department of Yoga has introduced courses emphasizing Sanskrit, which are also made available to

Page 6/65 14-02-2025 02:54:56

students from other departments under the Choice-Based Credit System. This enables students from diverse disciplines to learn Yoga. These programs aim to impart an understanding of Yoga's cultural, religious, and philosophical dimensions, going beyond its perception as merely physical exercises and postures. The Department of Yoga regularly conducts workshops and competitions related to Yoga. Additionally, a Traditional Kalaripayattu and Silambam Training Center has been established on campus with financial assistance of ?160 lakhs from the Government of Tamil Nadu's Innovation and Initiative Scheme. This center provides training in traditional Kalaripayattu and Silambam to both university students and the general public. A month-long summer coaching camp was organized from May 1 to May 31, 2024, to impart traditional knowledge to children. The promotion of the Indian Knowledge System is further emphasized through community-oriented programs such as Village Placement Programs, which form part of the curriculum. The Department of Physical Education also teaches traditional Indian skills like Dumbbells, Hoops, Wands, and Lezium to enhance students' coordination and synchronized movements. In Lezium training, students are taught Hindi terms such as Charawaj, Ekjagae, Adilago, Pavithra, Agephalang, Pegephalang, and Attawaj to understand the rhythmic sequences. The university library houses an extensive collection of ancient texts on various subjects, including homeopathic medicine, Thiruvasagam, Asanas, Pranayama, Shiva Samhita, Geethalochan, Goraksasatakam, Dhakanadakshan, Organisation of Physical Education, Health and Physical Education for Schools, Ancient India, statistical methods, and texts on ancient tantric techniques of Yoga and Kriya. It also includes works like Nathamuni's Yogaratrasya, Adi Sankara's Yogataravali, Yogayajnavalkya Samhita, and Thirumoolar's Ashtanga Yoga. This rich repository supports the university's mission to preserve and disseminate Ancient Indian knowledge.

#### 20. Focus on Outcome based education (OBE): Focus on Outcome based education (OBE):

To enhance students' knowledge and skills, Outcome-Based Education (OBE) is implemented across all programs offered by the university. The curriculum is designed with clearly defined learning outcomes. Each program is aligned with the Program Educational Objectives (PEO), reflecting the vision and mission of the department. Programs include generalized Program Outcomes (POs) and unique Program-Specific Outcomes (PSO) that highlight the distinctiveness of each program. Course Outcomes (COs) are crafted for every discipline, focusing on emerging market demands and starting with action verbs from Bloom's Taxonomy. Course Outcomes are systematically mapped to Program Outcomes and Program-Specific Outcomes. Both direct and

Page 7/65 14-02-2025 02:54:56

indirect assessment methods are utilized to evaluate the attainment of these outcomes. Tools for direct assessments include examinations, assignments, quizzes, brainstorming sessions, and presentations, while feedback serves as an indirect assessment method. These assessments measure the attainment of Course Outcomes, which subsequently lead to the achievement of Program Outcomes. This ensures that students acquire the knowledge and skills needed to become successful professionals. The POs, PSOs, and COs framed by the departments are reviewed and approved by the Board of Studies, Academic Council, and Syndicate members before being published on the university website. Students are thoroughly informed about these objectives at the start of their program. To prepare students for the job market, the department takes proactive steps through industry-academia collaborations, offering internships, field trips, industrial visits, and project work opportunities.

#### 21.Distance education/online education:

The School of Distance Education (SDE) of Tamil Nadu Physical Education and Sports University has been a significant resource for students seeking additional qualifications in recent years. A wide range of courses, including Certificate, Undergraduate, Postgraduate, and PG Diploma programs, were offered through the SDE. To support independent learning, all study materials were meticulously developed in a self-learning format by subject matter experts. Personal Contact Programs (PCPs) were conducted by experienced faculty from the university departments and affiliated colleges. These highly technical and practical-oriented courses were taught by experts with extensive knowledge in their respective fields. ICT-enabled laboratories, smart classrooms, and other technical support systems were made available to enhance learning and prepare students for the job market. The university library provided access to extensive resources through INFLIBNET, offering a wealth of e-resources, including textbooks, reference materials, research journals, and supplementary reading materials, all accessible with ease. However, the SDE programs were discontinued from 2018 onwards as the SDE was stopped by the UGC.

# 1.Programme 1.1 Number of programmes offered during the year: 26

Page 8/65 14-02-2025 02:54:56

File Description	Documents		
Data Template	<u>View File</u>		
1.2		5	
Number of departments offering academic program	Number of departments offering academic programmes		
2.Student			
2.1		930	
Number of students during the year			
File Description	Documents		
Data Template		<u>View File</u>	
2.2		378	
Number of outgoing / final year students during the	er of outgoing / final year students during the year:		
File Description	Documents		
Data Template	<u>View File</u>		
2.3		918	
Number of students appeared in the University examination during the year			
File Description	Documents		
Data Template	<u>View File</u>		
2.4		88	
Number of revaluation applications during the year			
3.Academic			
3.1		893	
Number of courses in all Programmes during the year			
File Description	Documents		
Data Template		View File	
3.2		42	

Number of full time teachers during the year		
File Description	Documents	
Data Template	<u>View File</u>	
3.3	52	
Number of sanctioned posts during the year		
File Description	Documents	
Data Template	View File	
4.Institution		
4.1	1442	
Number of eligible applications received for admiss Programmes during the year	sions to all the	
File Description	Documents	
Data Template	<u>View File</u>	
4.2	378	
Number of seats earmarked for reserved category a Govt. rule during the year	as per GOI/ State	
File Description	Documents	
Data Template	<u>View File</u>	
4.3	63	
Total number of classrooms and seminar halls		
4.4	165	
Total number of computers in the campus for acade	emic purpose	
4.5	31,99,72,938	
Total expenditure excluding salary during the year (INR in lakhs)		
Part B		
CURRICULAR ASPECTS		

#### 1.1 - Curriculum Design and Development

1.1.1 - Curricula developed and implemented have relevance to the local, national, regional and global developmental needs which is reflected in Programme outcomes (POs), Programme Specific Outcomes(PSOs) and Course Outcomes(COs) of the Programmes offered by the University

This University offers programs that are designed to cater to the local, national, regional and global developmental needs. The academically flexible Choice Based Credit System (CBCS) designed by the Board of Studies (BOS) is revamped from time to time to meet the current and emerging needs after obtaining due approval from the statutory bodies. This university offers 26 programs. Yoga, Advance Coaching and Training, Science programs such as Exercise Physiology and Nutrition, Sports Psychology and Sociology, Sports Bio Mechanics and Kinesiology, sports technology programs are the main trendsetters addressing the National and global initiatives . In order to impart skills and subject knowledge on interdisciplinary generic electives, the skill development and ability enhancement courses are included as an integral part of the curriculum. Program specific outcomes (PSO) of each of the programs offered clearly depicts the focus of the teaching and learning process towards preparing students to understand its depth and purpose of learning. The programs are defined with Program Educational Objectives (PEO) in line with the vision and mission of the departments. The generalized program outcomes (PO) and unique Program Specific Outcomes (PSO) describe the uniqueness of the programs. Course outcomes(CO) of all disciplines focusing on the emerging needs of market which begin with verb from Blooms Taxonomy.

File Description	Documents
Upload relevant supporting document	<u>View File</u>

#### 1.1.2 - Number of Programmes where syllabus revision was carried out during the year

8

File Description	Documents
Upload the data template	<u>View File</u>
Upload relevant supporting document	<u>View File</u>

## 1.1.3 - Total number of courses having focus on employability/ entrepreneurship/ skill development offered by the University during the year

#### 1.1.3.1 - Number of courses having focus on employability/ entrepreneurship/ skill development

Page 11/65 14-02-2025 02:54:56

#### during the year

120

File Description	Documents
Upload the data template	<u>View File</u>
Upload relevant supporting document	<u>View File</u>

#### 1.2 - Academic Flexibility

## 1.2.1 - Number of new courses introduced of the total number of courses across all programs offered during the year

93

File Description	Documents
Upload the data template	<u>View File</u>
Upload relevant supporting document	<u>View File</u>

## 1.2.2 - Number of Programmes in which Choice Based Credit System (CBCS)/elective course system has been implemented during the year

3

File Description	Documents
Upload the data template	<u>View File</u>
Upload relevant supporting document	<u>View File</u>

#### 1.3 - Curriculum Enrichment

## 1.3.1 - Institution integrates crosscutting issues relevant to Professional Ethics, Gender, Human Values, Environment and Sustainability into the Curriculum

This University inculcates professional ethics, human and environmental values and gender equality. The course on "Village Placement Program" inculcates social responsibility to serve for the betterment of the village population. Human values are imbibed through courses in the departments of Psychology. The courses like Environmental Ethics and Energy Conservation along with broad based programs with CBCS system and Electives with interdisciplinary approach are mandatory.

Several activities are conducted on women empowerment and gender equality. Students participation in rallies, role plays and cultural programs address the gender related issues along with the cells for Workshops and seminars are organized by various Departments. Every year the institute celebrates international women's day. A course 'Exercise and Sports for Women' provides the learners to understand gender equality.

Environmental Science courses are offered in all disciplines. The Department of Exercise Physiology and Nutrition offers Environmental Physiology to create the importance of SCUBA diving. Integrated rainwater harvesting system and waste water treatment of effluent water are effectively functioning. Zero emission policy has also been initiated. Students are exposed to Leadership camps and internships in rural areas. Students are actively involving themselves in NCC and NSS activities. Courses on meditation, yoga, soft skill courses, personality development and stress management are also conducted.

File Description	Documents
Upload relevant supporting document	<u>View File</u>

## 1.3.2 - Number of value-added courses for imparting transferable and life skills offered during the year

2

File Description	Documents
Upload the data template	<u>View File</u>
Upload relevant supporting document	<u>View File</u>

#### 1.3.3 - Total number of students enrolled in the courses under 1.3.2 above

## 1.3.3.1 - Number of students enrolled in value-added courses imparting transferable and life skills offered during the year

File Description	Documents
Upload the data template	<u>View File</u>
Upload relevant supporting document	<u>View File</u>

## $\textbf{1.3.4 - Number of students undertaking field projects / research projects / internships during the vear$

#### 297

File Description	Documents
Upload the data template	<u>View File</u>
Upload relevant supporting document	<u>View File</u>

#### 1.4 - Feedback System

# 1.4.1 - Structured feedback for design and review of syllabus – semester wise / is received from Students Teachers Employers Alumni

• All 4 of the above

File Description	Documents
Upload relevant supporting document	<u>View File</u>

## 1.4.2 - Feedback processes of the institution may be classified as follows

 Feedback collected, analysed and action taken and feedback available on website

File Description	Documents
Upload relevant supporting document	<u>View File</u>

#### TEACHING-LEARNING AND EVALUATION

#### 2.1 - Student Enrollment and Profile

#### 2.1.1 - Demand Ratio

#### 2.1.1.1 - Number of seats available during the year

#### 758

File Description	Documents
Upload the data template	<u>View File</u>
Upload relevant supporting document	<u>View File</u>

## 2.1.2 - Total number of seats filled against reserved categories (SC, ST, OBC, Divyangjan, etc.) as per applicable reservation policy during the year (Excluding Supernumerary Seats)

#### 2.1.2.1 - Number of actual students admitted from the reserved categories during the year

378

File Description	Documents
Upload the data template	<u>View File</u>
Upload relevant supporting document	<u>View File</u>

#### 2.2 - Catering to Student Diversity

### 2.2.1 - The institution assesses the learning levels of the students and organises special Programmes for advanced learners and slow learners

The University employs various strategies to assess students' learning levels and provide tailored support. Freshers are introduced to institutional facilities and expectations through orientation programs, which help identify student capabilities early. Personality development programs, including bridge courses, motivational sessions, and skill-building workshops, are offered annually to enhance learning. Assessment includes internal tests, assignments, and semester exams, with additional class tests and seminars conducted for better learning outcomes.

Advanced learners are identified based on performance and encouraged to join professional associations, participate in research activities, and organize or attend workshops and seminars. They are also trained for competitive exams like TRB, NET, and SET and recognized for academic or sports achievements through awards and scholarships. Special coaching classes are conducted for these students to excel further.

Slow learners benefit from a mentor-mentee system, remedial classes, library hours, and peer group teaching. Faculty members provide personalized attention, revising difficult topics and offering additional tests and assignments. Technological tools, such as ICT labs, and practical experiences like internships and project work, enhance their learning. Communication skills training is also provided for students from vernacular backgrounds. Regular performance monitoring and parental communication further support their academic success.

File Description	Documents	
Upload relevant supporting document	<u>View File</u>	
Link For Additional Information	Nil	

#### 2.2.2 - Student - Full time teacher ratio during the year

Number of Students	Number of Teachers
930	42

File Description	Documents
Upload relevant supporting document	<u>View File</u>

#### 2.3 - Teaching- Learning Process

2.3.1 - Student centric methods, such as experiential learning, participative learning and problemsolving methodologies are used for enhancing learning experiences

The complete educational process of development, deliverance of curriculum and assessment is planned to be student centric.

The student centric education is promoted by ensuring classroom atmosphere to be learner-friendly. Special lectures are given for soft skills and technical skills.

Various methods used in experiential learning and problem solving method using below methods

- Participative Learning
- Projects and Field practicum
- Guest Lectures, Seminar & Workshops
- Exhibitions
- Competitions

All our teachers of the University are using ICT tools and resources available on its campus. They use LCD Projectors, smart boards,

Video Conferencing, A-view, Google quiz, MOOCS and e-learning technology fully enabled with wifi enabled campus

Innovations and Research in Education

TNPESU teaching faculty actively emphasizes the experiential learning methodologies in their pre-planned academic schedules, whereby the students are trained by doing the procedures and gain experience.

Special Learning Tools

As a student centric program the students are exposed with a problem based learning methodology, and are allowed to participate to face the environmental issues such as waste management, global warming etc., the assignments collected, class test and Exams were conducted through Google Class rooms. Webinars, Quizes, conference, workshops were conducted through Digital Platforms.

File Description	Documents
Upload relevant supporting document	<u>View File</u>

2.3.2 - Teachers use ICT enabled tools including online resources for effective teaching and learning processes during the year

Learning Management Systems (LMS): Platforms like Moodle, Canvas to create social media posts, presentations, posters, videos, and logos offer a centralized hub for course materials, assignments, and communication.

E-Learning Modules: Interactive e-learning modules, often filled with multimedia elements, make learning more engaging and effective. They can cover a wide range of subjects and it is self-paced.

Virtual Reality (VR) and Augmented Reality (AR): VR and AR

technologies provide immersive learning experiences, particularly in fields like sports science, Principles of Physical Education, and history of Physical Education and Other sports sciences. Students are exploring historical sites.

Open Educational Resources (OER) and Online Collaboration Tools: Tools like Google Workspace and Microsoft Teams enable students to collaborate on projects, share documents, and communicate with peers and instructors. These tools promote teamwork and communication skills.

Gamification: Gamified elements, such as leader boards, badges, and rewards, make learning more enjoyable and motivate students to achieve educational goals. ICT tools are helping to incorporate gamification principles into educational experiences.

The integration of student with ICT-enabled tools and online resources has transformed the teaching-learning process by making it more engaging, accessible, and adaptable.

File Description	Documents
Upload relevant supporting document	<u>View File</u>

#### 2.3.3 - Ratio of students to mentor for academic and other related issues during the year

#### 2.3.3.1 - Number of mentors

42

File Description	Documents
Upload relevant supporting document	<u>View File</u>

#### 2.4 - Teacher Profile and Quality

#### 2.4.1 - Total Number of full time teachers against sanctioned posts during the year

42

File Description	Documents
Upload the data template	<u>View File</u>
Upload relevant supporting document	<u>View File</u>

#### 2.4.2 - Total Number of full time teachers with Ph.D./D.M/M.Ch./D.N.B

#### Superspeciality/D.Sc./D'Lit. during the year

31

File Description	Documents
Upload the data template	<u>View File</u>
Upload relevant supporting document	<u>View File</u>

#### 2.4.3 - Total teaching experience of full time teachers in the same institution during the year

#### 2.4.3.1 - Total experience of full-time teachers

371

File Description	Documents
Upload the data template	<u>View File</u>
Upload relevant supporting document	<u>View File</u>

## 2.4.4 - Total number of full time teachers who received awards, recognition, fellowships at State, National, International level from Government/Govt. recognised bodies during the year

4

File Description	Documents
Upload the data template	<u>View File</u>
Upload relevant supporting document	<u>View File</u>

#### 2.5 - Evaluation Process and Reforms

## 2.5.1 - Number of days from the date of last semester-end/ year- end examination till the declaration of results during the year

40

## 2.5.1.1 - Number of days from the date of last semester-end/ year- end examination till the declaration of results year wise during the year

File Description	Documents
Upload the data template	<u>View File</u>
Upload relevant supporting document	<u>View File</u>

## 2.5.2 - Total number of student complaints/grievances about evaluation against total number appeared in the examinations during the year

88

File Description	Documents
Upload relevant supporting document	<u>View File</u>

2.5.3 - IT integration and reforms in the examination procedures and processes (continuous internal assessment and end-semester assessment) have brought in considerable improvement in examination management system of the institution

The Examination administration of the University is programmed. Upgradation of the Examination Management Module is in process with its own software.

#### Examination Related Reforms:

- Semester grade point average (SGPA) and cumulative grade point average (CGPA) are calculated and given in the statement of mark and grade and consolidated statement of marks and grade.
- Degree Certificates are printed with fifteen special features with non-tearable and also with QR code.

#### Examination Procedures and IT Integration:

• Examination conducted through Offline mode after the COVID-19 pandemic.

#### Evaluation Process:

- Appointment of camp officers and chief examiner
- Examiners for evaluation as recommended by the Board of Studies Central valuation

#### Announcement of Results

 Organization of the results through passing and approval board and published offline.  Printing and distribution of semester transcripts/grade cards/ provisional certificates and issued during convocation

#### Assessment Progress

The complete academic performance of a student is evaluated in-house by the concerned teacher /model examination in the case of project work where an examiner shall be nominated for the viva voce. The student's performance in each programme, in general, is evaluated based on continuous assessment (internal assessment) and endsemester examination

File Description	Documents
Upload relevant supporting document	<u>View File</u>

## 2.5.4 - Status of automation of Examination division along with approved Examination Manual

A. 100% automation of entire division & implementation of Examination Management System (EMS)

File Description	Documents
Upload the data template	<u>View File</u>
Upload relevant supporting document	<u>View File</u>

#### 2.6 - Student Performance and Learning Outcomes

2.6.1 - The institution has stated learning outcomes (generic and programme specific)/graduate attributes which are integrated into the assessment process and widely publicized through the website and other documents

Student Performance and Learning Outcomes

To dedicate ourselves to accomplish, support and encourage matchless quality in teaching.

Program Outcomes: It represents the knowledge, skills and attitudes the students should have at the end of a course completion of their respective program.

POs and PSOs are displayed in important locations, Department office, library and Laboratories. During the meeting POs and PSOs are reviewed amongst the students and staff members.

Course Outcomes: It gives the knowledge and skills the student acquires at the end of each course. It defines the cognitive processes a course provides.

COs are communicated to the students during the introduction class and at commencement and after the completion of the unit, the course outcomes are focused and reviewed.

Program Specific Outcomes: The outcomes of the programs which students recognize the fact that the knowledge and techniques learnt in this course has effect for the betterment of humanity and its sustainability.

All students are apprised of the objectives and expected outcomes of their programme on admission during the Orientation programs and also educated and provided with the detailed syllabus and course outcomes and assessment strategy of each course

File Description	Documents
Upload relevant supporting document	<u>View File</u>

## 2.6.2 - Attainment of Programme outcomes, Programme specific outcomes and course outcomes are evaluated by the institution during the year

The evaluation process of the students in different subjects is followed as per the rules and regulations of the University. Our institution encourages teachers to organize workshops, deputes to participate in the seminars and conferences and to present and publish research papers to achieve the Course Outcomes and Programme Outcomes successfully. The internal department committee deals with the effective implementation of the evaluation reforms and initiates a few steps such as Unit Tests, Field Survey, Study Tours, Practical Work, Seminars etc. To attain the course outcomes and program outcomes the activities such as Culturals , N.S.S., Career Counselling, Personality Development Program, and Communication Skills, Various inter-collegiate competitions, organizations of Scholarly Lectures, Health Awareness Programs, Life Skills Development Program, and Youth Festival ,etc. Career Oriented Courses such as Communicative English and Tax Practices are conducted.

Moreover, the huge playground is used to organize zonal and Interzonal sports competitions. Sporting skills are inculcated among the students through these competitions. nowledge and skill that students acquire in their subject and their capacity for critical thinking, are evaluated through Continuous Internal Evaluation, End Semester Examinations and personal interaction.

File Description	Documents
Upload relevant supporting document	<u>View File</u>

#### 2.6.3 - Number of students passed during the year

## 2.6.3.1 - Total number of final year students who passed the university examination during the year

246

File Description	Documents
Upload the data template	<u>View File</u>
Upload relevant supporting document	<u>View File</u>

#### 2.7 - Student Satisfaction Survey

## 2.7.1 - Student Satisfaction Survey (SSS) on overall institutional performance (Institution may design its own questionnaire) (results and details need to be provided as a web link)

https://tnpesu.org/upload/2.7.1%20SSS.pdf

#### RESEARCH, INNOVATIONS AND EXTENSION

#### 3.1 - Promotion of Research and Facilities

3.1.1 - The institution Research facilities are frequently updated and there is well defined policy for promotion of research which is uploaded on the institutional website and implemented

Tamil Nadu Physical Education and Sports University emphasizes research and innovation, encouraging students and faculty to engage in quality research and publications. The university integrates research into its curriculum, promotes ethical practices, and motivates faculty to secure external funding. High-quality research is supported through modern facilities, including advanced laboratories, smart boards, and access to databases like EBSCO and Web of Science. Plagiarism checks ensure integrity.

The Department of Sports Biomechanics and Kinesiology offers cuttingedge facilities, supervised by a dedicated research committee. TNPESU adheres to UGC guidelines, emphasizing ethics for all Ph.D. scholars. Research funding is sourced from agencies like UGC-JRF, ICSSR, and Tamil Nadu State Council for Science and Technology. The university also highlights research on Tamil Nadu's unsung freedom fighters, the five special research projects were supported by the Governor of Tamil Nadu. The scholars and Guide were honoured in a special function organized at Raj Bhavan of Tamil Nadu on 16/06/2024.

The IQAC office organizes seminars, workshops, and competitions to create a vibrant academic environment. Faculty and scholars actively participate in conferences and publish in reputed journals. All Ph.D. theses are available on Shodhganga.

TNPESU nurtures a strong research culture, driving innovation and excellence in higher education.

File Description	Documents
Upload relevant supporting document	<u>View File</u>

#### 3.1.2 - The institution provides seed money to its teachers for research (amount INR in Lakhs)

0

File Description	Documents
Upload the data template	No File Uploaded
Upload relevant supporting document	No File Uploaded

## 3.1.3 - Number of teachers receiving national/international fellowship/financial support by various agencies for advanced studies/ research during the year

0

File Description	Documents
Upload the data template	No File Uploaded
Upload relevant supporting document	No File Uploaded

## 3.1.4 - Number of JRFs, SRFs, Post-Doctoral Fellows, Research Associates and other research fellows enrolled in the institution during the year

File Description	Documents
Upload the data template	No File Uploaded
Upload relevant supporting document	No File Uploaded

#### 3.1.5 - Institution has the following facilities to support research Central Instrumentation Centre Animal House/Green House Museum Media laboratory/Studios Business Lab Research/Statistical Databases Moot court Theatre Art Gallery

A. Any 4 or more of the above

File Description	Documents
Upload relevant supporting document	<u>View File</u>

## 3.1.6 - Number of departments with UGC-SAP, CAS, DST-FIST, DBT, ICSSR and other recognitions by national and international agencies during the year

0

File Description	Documents
Upload the data template	No File Uploaded
Upload relevant supporting document	No File Uploaded

#### 3.2 - Resource Mobilization for Research

## 3.2.1 - Extramural funding for Research (Grants sponsored by the non-government sources such as industry, corporate houses, international bodies for research projects) endowments, Chairs in the University during the year (INR in Lakhs)

0

File Description	Documents
Upload the data template	No File Uploaded
Upload relevant supporting document	No File Uploaded

## 3.2.2 - Grants for research projects sponsored by the government agencies during the year (INR in Lakhs)

File Description	Documents
Upload the data template	No File Uploaded
Upload relevant supporting document	No File Uploaded

## 3.2.3 - Number of research projects per teacher funded by government and non-government agencies during the year

0

File Description	Documents
Upload the data template	No File Uploaded
Upload relevant supporting document	No File Uploaded

#### 3.3 - Innovation Ecosystem

3.3.1 - Institution has created an eco-system for innovations including Incubation centre and other initiatives for creation and transfer of knowledge

Tamil Nadu Physical Education and Sports University (TNPESU) offers diverse academic programs emphasizing Indian knowledge systems in sports, traditional games, martial arts, yoga, food, and language. Through mandatory and optional courses, the university fosters innovation, entrepreneurship, and industry collaboration, providing real-world exposure and interdepartmental research opportunities.

The Department of Yoga promotes Indian traditions through undergraduate, postgraduate, and doctoral programs, as well as events like International Yoga Day, celebrated with Ministry of AYUSH support. TNPESU also operates a Traditional Kalaripayattu and Silambam Training Center, offering training to students and the public, along with summer camps for children.

Departments like Physical Education and Exercise Physiology integrate traditional physical culture and food systems into their programs, while faculty members actively pursue research projects and Indian Knowledge Systems (IKS) initiatives.

The university hosts South East Asia's largest Biomechanics Laboratory, enabling real-time athletic performance analysis. An Intellectual Property Rights (IPR) cell and Innovation and Incubation Centre foster research, start-ups, and academic excellence. Collaborative efforts with industries, educational institutions, and knowledge hubs enhance innovation.

Structured committees under the TNPESU-IIC focus on research, career guidance, and holistic student development, driving academic and cultural excellence.

File Description	Documents
Upload relevant supporting document	<u>View File</u>

## 3.3.2 - Number of workshops/seminars conducted on Research Methodology, Intellectual Property Rights (IPR), Entrepreneurship and Skill Development during the year

6

## 3.3.2.1 - Total number of workshops/seminars conducted on Research methodology, Intellectual Property Rights (IPR), entrepreneurship, skill development year wise during the year

6

File Description	Documents
Upload the data template	<u>View File</u>
Upload relevant supporting document	<u>View File</u>

## 3.3.3 - Number of awards / recognitions received for research/innovations by the institution/teachers/research scholars/students during the year

## 3.3.3.1 - Total number of awards / recognitions received for research/innovations won by institution/teachers/research scholars/students year wise during the year

1

File Description	Documents
Upload the data template	<u>View File</u>
Upload relevant supporting document	No File Uploaded

#### 3.4 - Research Publications and Awards

#### 3.4.1 - The institution ensures implementation of its stated Code of Ethics for research

# 3.4.1.1 - The institution has a stated Code of Ethics for research and the implementation of which is ensured through the following

A. All of the above

- 1. Inclusion of research ethics in the research methodology course work
- 2. Presence of institutional Ethics committees (Animal, chemical, bioethics etc)
- 3. Plagiarism check
- 4. Research Advisory Committee

File Description	Documents
Upload relevant supporting document	<u>View File</u>

# 3.4.2 - The institution provides incentives to teachers who receive state, national and international recognitions/awards Commendation and monetary incentive at a University function Commendation and medal at a University function Certificate of honor Announcement in the Newsletter / website

E. None of the above

File Description	Documents
Upload the data template	<u>View File</u>
Upload relevant supporting document	No File Uploaded

#### 3.4.3 - Number of Patents published/awarded during the year

#### 3.4.3.1 - Total number of Patents published/awarded year wise during the year

1

File Description	Documents
Upload the data template	<u>View File</u>
Upload relevant supporting document	<u>View File</u>

#### 3.4.4 - Number of Ph.D's awarded per teacher during the year

#### 3.4.4.1 - How many Ph.D's are awarded during the year

File Description	Documents
Upload the data template	<u>View File</u>
Upload relevant supporting document	<u>View File</u>

#### 3.4.5 - Number of research papers per teacher in the Journals notified on UGC website during the year

18

File Description	Documents
Upload the data template	<u>View File</u>
Upload relevant supporting document	<u>View File</u>

#### 3.4.6 - Number of books and chapters in edited volumes published per teacher during the year

#### 3.4.6.1 - Total number of books and chapters in edited volumes / books published, and papers in national/international conference-proceedings during the year

6

File Description	Documents
Upload the data template	<u>View File</u>
Upload relevant supporting document	<u>View File</u>

#### 3.4.7 - E-content is developed by teachers For e- E. None of the above PG-Pathshala For CEC (Under Graduate) For **SWAYAM For other MOOCs platform For** NPTEL/NMEICT/any other Government **Initiatives For Institutional LMS**

File Description	Documents
Upload the data template	<u>View File</u>
Upload relevant supporting document	No File Uploaded

#### 3.4.8 - Bibliometrics of the publications during the year based on average Citation Index in Scopus/ Web of Science/PubMed

Scopus	Web of Science
723	12

File Description	Documents
Any additional information	No File Uploaded
Bibliometrics of the publications during the year	<u>View File</u>

## 3.4.9 - Bibliometrics of the publications during the year based on Scopus/ Web of Science – h-Index of the University

Scopus	Web of Science
15	0

File Description	Documents
Bibliometrics of publications based on Scopus/ Web of Science - h-index of the Institution	<u>View File</u>
Any additional information	No File Uploaded

#### 3.5 - Consultancy

3.5.1 - Institution has a policy on consultancy including revenue sharing between the institution and the individual and encourages its faculty to undertake consultancy

Tamil Nadu Physical Education and Sports University (TNPESU) emphasizes the significance of consultancy services, encouraging faculty to undertake projects alongside teaching and research. These services aim to enhance public quality of life while enriching the professional expertise of faculty members.

The university collaborates with organizations like SAI and SDAT to conduct training camps for coaches across India, improving their skills and efficiency. Consultancy initiatives also contribute to national economic growth, aligning with TNPESU's policy on revenue sharing and ethical practices.

Key highlights of the consultancy policy include:

- 1. Faculty undertake consultancy in their areas of expertise with prior approval.
- 2. Projects must align with the university's interests.
- 3. Two types of consultancy are offered:

- Individual Consultancy: Handled by a single faculty member.
- Institutional Consultancy: Managed by a team of faculty members.
- 4. Foreign consultancy projects are subject to specific guidelines.

Revenue distribution follows a structured model: 60:40 for individual consultancy and 50:50 for institutional consultancy.

Through consultancy services, TNPESU fosters professional development, academic excellence, and community impact, reinforcing its role as a center for innovation and expertise

File Description	Documents
Upload relevant supporting document	<u>View File</u>

## 3.5.2 - Revenue generated from consultancy and corporate training during the year (INR in Lakhs)

## 3.5.2.1 - Total amount generated from consultancy and corporate training during the year (INR in lakhs)

9,03,400

File Description	Documents
Upload the data template	<u>View File</u>
Upload relevant supporting document	<u>View File</u>

#### 3.6 - Extension Activities

3.6.1 - Extension activities in the neighbourhood community in terms of impact and sensitising students to social issues and holistic development during the year

Tamil Nadu Physical Education and Sports University (TNPESU) operates across three dimensions: education, research, and extension activities. Its extension initiatives focus on sensitizing students to social issues and promoting holistic development.

The university actively engages with local communities through programs such as village placements, mental health campaigns, cleanliness drives, water conservation projects, temple cleaning,

Page 31/65 14-02-2025 02:54:56

and heritage site maintenance. Students also organize sports and fitness events for the neighborhood, fostering community engagement.

TNPESU raises awareness on critical topics, including women empowerment through martial arts and yoga, gender equity, the National Education Policy, nutritional practices, and Indian knowledge systems like traditional food, yoga, and Kalaripayattu. Other efforts include promoting the State Reservation Policy, human rights, vigilance awareness, anti-corruption drives, and creating water tanks.

The university also organizes inclusive sports events, such as Special Olympics and Paralympics tournaments, for children with special needs. Traditional values are instilled through summer training camps in Silambam and Kalaripayattu, benefiting both university students and local children.

Through these initiatives, TNPESU integrates education, community service, and cultural heritage, fostering social responsibility and holistic development among its students.

File Description	Documents
Upload relevant supporting document	<u>View File</u>

- 3.6.2 Number of awards received by the Institution, its teachers and students from Government /Government recognised bodies in recognition of the extension activities carried out during the year
- 3.6.2.1 Total number of awards and recognition received for extension activities from Government / Government recognised bodies during the year

3

File Description	Documents
Upload the data template	<u>View File</u>
Upload relevant supporting document	<u>View File</u>

3.6.3 - Number of extension and outreach programs conducted by the institution including those through NSS/NCC/Red cross/YRC during the year(including Government initiated programs such as Swachh Bharat, Aids Awareness, Gender Issue, etc. and those organised in collaboration with industry, community and NGOs)

File Description	Documents
Upload the data template	<u>View File</u>
Upload relevant supporting document	<u>View File</u>

## 3.6.4 - Total number of students participating in extension activities listed at 3.6.3 above during the year

#### 3442

File Description	Documents
Upload the data template	<u>View File</u>
Upload relevant supporting document	<u>View File</u>

#### 3.7 - Collaboration

3.7.1 - Number of collaborative activities with other institutions/ research establishment/industry for research and academic development of faculty and students during the year

# 3.7.1.1 - Total number of Collaborative activities with other institutions/ research establishment/industry for research and academic development of faculty and students during the year

1

File Description	Documents
Upload the data template	<u>View File</u>
Upload relevant supporting document	No File Uploaded

# 3.7.2 - Number of functional MoUs with institutions/ industries in India and abroad for internship, on-the-job training, project work, student / faculty exchange and collaborative research during the year

File Description	Documents
Upload the data template	<u>View File</u>
Upload relevant supporting document	No File Uploaded

#### INFRASTRUCTURE AND LEARNING RESOURCES

#### 4.1 - Physical Facilities

4.1.1 - The institution has adequate facilities for teaching - learning. viz., classrooms, laboratories, computing equipment, etc.

There are 37 classrooms and 3 seminar halls each of which hosts a computer connected to a projector and smart board unit. The campus-spanning high-speed wi-fi access along with our integrated digital visual system allows for seamless interactive classes and activities during our classroom sessions. There are 19 staff rooms all of which are internet connected.

There are 13 laboratories namely biomechanics, Exercise Physiology, Multimedia, ICT, Test and Measurement, Human performance, Naturopathy, Yoga Therapy, Computer, Sports psychology, Computer aided modeling, Wind tunnel. This university is equipped with a state of the art biomechanics lab which can provide 3D motion analysis, inverse dynamics, etc, for educational and research purposes.

During this assessment period, six classrooms newly constructed and handed over to university departments to offer various programmes. Which includes four classrooms having seating capacity of hundred students allocated to physical education department. One classroom allotted to exercise physiology and nutrition department. One classroom allotted to sports psychology and sociology department.

File Description	Documents
Upload relevant supporting document	<u>View File</u>

4.1.2 - The institution has adequate facilities for cultural activities, yoga, games (indoor, outdoor) and sports. (gymnasium, yoga centre, auditorium, etc.)

This university has adequate facilities to organise sports and cultural activities.

19 outdoor play fields are available in this university to organize national and international level tournaments. Such as volley ball courts, basket ball courts, foot ball fields, cricket fields, hockey fields, kho-kho courts, kabaddi courts, etc., are available.

An international standard 400-metre Synthetic Athletic Track with 10 lanes facility developed in the university to organize tournaments.

This university has multipurpose indoor stadium. Other sports facilities like badminton academy, table tennis academy, cycling velodrome, centre for adapted physical education, traditional silambam and kalaripayatu centre, indoor gymnasium are available for organizing sports events.

Yoga and meditation hall is available inside the campus, the department conducted International day of yoga function during the assessment period.

This university has gym facilities to provide strength training activities. Which is equipped with standard equipment like lat pulldown/mid row, etc,.

The university has an auditorium; more than ten events were conducted in the auditorium during the assessment period.

To impart the leadership skills to our department students, a camping centre was established.

This university is providing proper accommodation on campus for coaches, team managers, and players during tournament days.

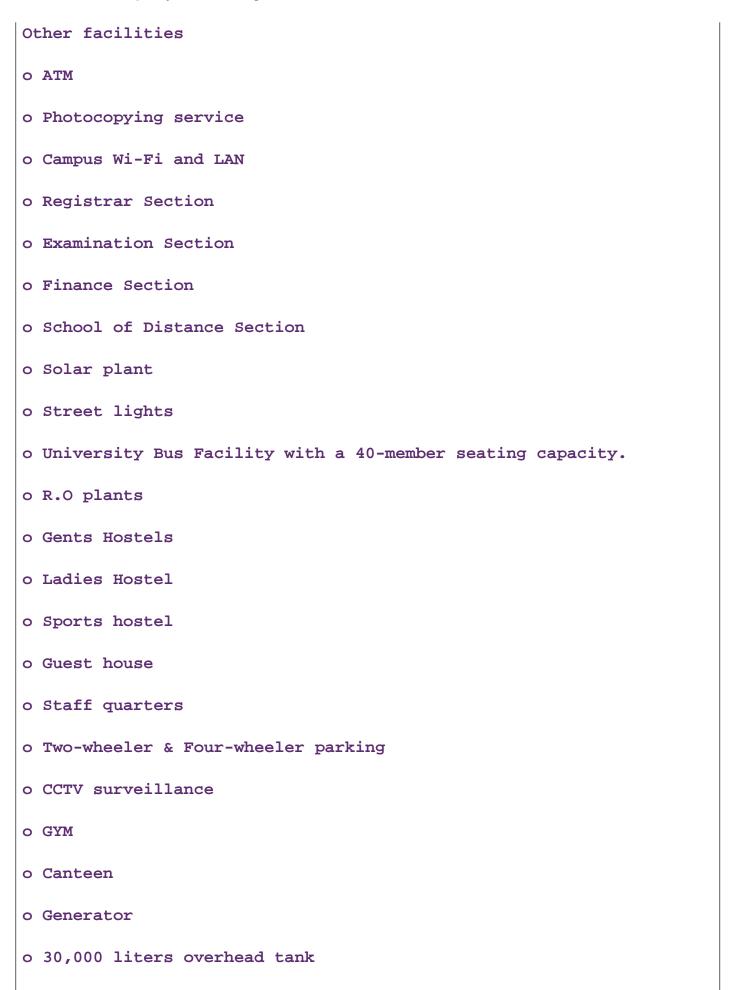
File Description	Documents
Upload relevant supporting document	<u>View File</u>

#### 4.1.3 - Availability of general campus facilities and overall ambience

The university campus spread over 125 Acres land surrounded by natural water resources and a clean, pollution-free environment. Planted trees, comfortable lawns, and specialized parks make the entire campus a greenery view which helps the students perform outdoor activities.

High level academic and administrative rooms with ventilated corridors and huge playground inside the campus attract academics and students to indulge in creative and innovative ideas, and well prepare students to cultivate immensity of purposes. There are more than 5,000 trees planted inside the university campus to maintain the green ecosystem. The main roads and link roads are available.

Some of the major campus facilities available for students and staff are mentioned below:



- o MTC bus service
- o Miyawaki Garden

File Description	Documents
Upload relevant supporting document	<u>View File</u>

### 4.1.4 - Total expenditure excluding salary for infrastructure augmentation during the year (INR in Lakhs)

2,00,00,000

File Description	Documents
Upload the data template	<u>View File</u>
Upload relevant supporting document	<u>View File</u>

#### 4.2 - Library as a Learning Resource

### 4.2.1 - Library is automated using Integrated Library Management System (ILMS) and has digitisation facility

During the academic year 2023-2024 this university has sanctioned fund Rs.3.5 lakhs for purchase of books and utilized Rs.3,37,538/-for the purchase of 279 books and a total volumes increased from 7686 books to 7964.

The University Library is automated using NIRMALS Pro 4.2 version of Library Automation Software during the year 2016. The Software consists of seven modules. The software facilitates Library management in several aspects.

Radio Frequency Identification (RFID) technology implemented for books to safe guard the Library resources from theft and misplacement.

Library website was designed for university library in which resources list, services offered, working hours, e-resources, repositories, remote access link, library annual reports, important links, e-theses, year wise book additions, library forms, etc, included and updated frequently.

Library had MOU with INFLIBNET during the year 2011 and uploading of

e-theses in the SHODHGANGA e-theses repository was carried out periodically. During the academic year 2023-2024, 18 Ph.d e-theses have been uploaded. Member in Shodh Shuddhi received DRILLBIT plagiarism deduction software. During the academic year we have utilized the facility and checked 52 ph.d theses for plagiarism.

Digitization facilities available in the library. 415 Smart ID card prepared and issued to students and research scholars.

File Description	Documents
Upload relevant supporting document	<u>View File</u>

#### 4.2.2 - Institution has subscription for e-Library resources Library has regular subscription for the following: e – journals ebooks e-ShodhSindhu Shodhganga Databases

A. Any 4 or all of the above

File Description	Documents
Upload relevant supporting document	<u>View File</u>

### 4.2.3 - Annual expenditure for purchase of books/ e-books and subscription to journals/e-journals during the year (INR in Lakhs)

#### 3,37,538

File Description	Documents
Upload the data template	<u>View File</u>
Upload relevant supporting document	<u>View File</u>

### 4.2.4 - Number of usage of library by teachers and students per day (foot falls and login data for online access)

#### 11067

File Description	Documents
Upload relevant supporting document	<u>View File</u>

#### 4.3 - IT Infrastructure

### 4.3.1 - Number of classrooms and seminar halls with ICT - enabled facilities such as LCD, smart board, Wi-Fi/LAN, audio video recording facilities during the year

#### 57

File Description	Documents
Upload the data template	<u>View File</u>
Upload relevant supporting document	<u>View File</u>

### 4.3.2 - Institution has an IT policy, makes appropriate budgetary provision and updates its IT facilities including Wi-Fi facility

The IT facilities include LAN, Wi-Fi, servers, software, computers, UPS, CCTV, anti-virus software, firewall, router, etc. This university has constituted an IT cell to look after IT facilities. The cell functions with a defined IT policy. This policy facilitates the proper usage of all the IT equipment and monitors the use of ICT at the university. The IT cell frequently addresses issues pertaining to computers, LANs, Internet connections, Wi-Fi, and firewalls. The cell actively takes part in the day-to-day functioning of the entire IT facility. The successful implementation of digital services is not possiblewithout a strong IT infrastructure within the University. The IT team at TNPESU has updated our intranet facilities with one leased lines of upto 1GBPS cumulative bandwidth (made possible by a partnership with BSNL, throughout the entire university There are 165 computers to provide a completely linked campus. A fully functional biometric system is used to accurately track staff and student attendance with four biometric scanners installed at the Admin and Academic Blocks. To provide a highly secure campus, CCTV surveillance cameras and with backup servers are installed all across the campus.

File Description	Documents
Upload relevant supporting document	<u>View File</u>

#### 4.3.3 - Student - Computer ratio during the year

Number of students	Number of Computers available to students for academic purposes
930	165

### **4.3.4** - Available bandwidth of internet connection in the Institution (Leased line)

• ?1 GBPS

File Description	Documents
Upload relevant supporting document	<u>View File</u>

# 4.3.5 - Institution has the following Facilities for e-content development Media centre Audio visual centre Lecture Capturing System(LCS) Mixing equipment's and softwares for editing

D. Any 1 of the above

File Description	Documents
Upload relevant supporting document	<u>View File</u>
Upload the data template	<u>View File</u>

#### 4.4 - Maintenance of Campus Infrastructure

### 4.4.1 - Total expenditure incurred on maintenance of physical facilities and academic support facilities excluding salary component during the year

#### 19883478

File Description	Documents
Upload the data template	<u>View File</u>
Upload relevant supporting document	<u>View File</u>

4.4.2 - There are established systems and procedures for maintaining and utilizing physical, academic and support facilities - laboratory, library, sports complex, computers, classrooms etc.

Compound Our university campus of 125 acres has been protected by a compound wall.

Buildings Maintenance are carried out by the estate office under the leadership of the registrar.

Green Campus Every three months, campus is cleaned by employing JCB, dozer manual workers. The entire 125 acres of land are well landscaped. Every day the trees and plants are watered.

Security Round-the-clock security personnel are employed, and the campus is secured. All the buildings in the campus are equipped with CCTV and are under complete surveillance.

Library Library books, furniture, computers, automation software, electronic equipment, air conditioners, and other IT gadgets are

maintained periodically. AMC system implemented to maintain library software and IT equipments

Laboratory The laboratories of the departments are well equipped and proper maintenance and servicing done periodically. AMC system followed to maintain lab equipments. All the play fields are maintained by leveling and the play areas are maintained as per the standards of the playing norms.

Computers computers are maintained and attended immediately by service person.

Classrooms The class room furniture are well maintained. The cleanliness of classrooms is maintained by outsourced staffs. Others RO plants, 63 KVA generator and Vehicles are serviced at regular intervals

File Description	Documents
Upload relevant supporting document	<u>View File</u>

#### STUDENT SUPPORT AND PROGRESSION

#### **5.1 - Student Support**

5.1.1 - Total number of students benefited by scholarships and free ships provided by the institution, Government and non-government agencies (NGOs) during the year (other than the students receiving scholarships under the government schemes for reserved categories)

222

File Description	Documents
Upload the data template	<u>View File</u>
Upload relevant supporting document	<u>View File</u>

### 5.1.2 - Total number of students benefited by career counselling and guidance for competitive examinations offered by the Institution during the year

80

File Description	Documents
Upload the data template	<u>View File</u>
Upload relevant supporting document	<u>View File</u>

5.1.3 - Following Capacity development and skills enhancement initiatives are taken by the institution Soft skills Language and communication skills Life skills (Yoga, physical fitness, health and hygiene)
Awareness of trends in technology

A. All of the above

File Description	Documents
Upload the data template	<u>View File</u>
Upload relevant supporting document	<u>View File</u>

5.1.4 - The Institution adopts the following for redressal of student grievances including sexual harassment and ragging cases Implementation of guidelines of statutory/regulatory bodies Organisation wide awareness and undertakings on policies with zero tolerance Mechanisms for submission of online/offline students' grievances Timely redressal of the grievances through appropriate committees

• All of the above

File Description	Documents
Upload relevant supporting document	<u>View File</u>

#### 5.2 - Student Progression

5.2.1 - Number of students qualifying in state/ national/ international level examinations during the year (eg:NET/SLET/GATE/GMAT/CAT/ GRE/TOEFL/Civil Services/State government examinations)

5.2.1.1 - Number of students who qualified in state/ national/ international examinations (e.g.: IIT-JAM/NET/SET/JRF/ GATE /GMAT /CAT/ GRE/ TOEFL/Civil Services/State government examinations) during the year

1

File Description	Documents
Upload the data template	<u>View File</u>
Upload relevant supporting document	<u>View File</u>

#### 5.2.2 - Total number of placement of outgoing students during the year

52

File Description	Documents
Upload the data template	<u>View File</u>
Upload relevant supporting document	<u>View File</u>

### 5.2.3 - Number of recently graduated students who have progressed to higher education (previous graduating batch) during the year

46

File Description	Documents
Upload the data template	<u>View File</u>
Upload relevant supporting document	<u>View File</u>

#### 5.3 - Student Participation and Activities

# 5.3.1 - Number of awards/medals won by students for outstanding performance in sports/cultural activities at inter -university/state/national/international events (award for a team event should be counted as one) during the year

18

File Description	Documents
Upload the data template	<u>View File</u>
Upload relevant supporting document	<u>View File</u>

#### 5.3.2 - Presence of Student Council and its activities for institutional development and student welfare

In this University, from its inception all the activities are carried out by various Student Committee. It plays a vital role in the development and welfare of students.

- 1. Representation: A representative body for students for academic work and sports activities ensuring that their voices are heard in decision-making processes within the university.
- 2. Organizing Sports Events: Student Committee often take the lead in organizing and promoting sports events, competitions, and intramural leagues.

- 3. Promoting Fitness and Wellness: This Committee organize fitness and wellness programs, including workshops, seminars, and classes related to sports science, Fitness and social science.
- 6. Student Welfare: Ensuring the welfare of students the Student Committee organize counseling services, mental health support, and resources for student-athletes to balance academics and sports commitments.
- 7. Academic Support: The Committee is advocating for academic support services tailored to the needs of student-athletes, such as flexible scheduling, study groups, and tutoring.
- 8. Social Events: Apart from sports-related activities, Student Committee has organized social events, like parties, picnics, and gatherings, to foster a sense of community and bonding among students.
- 9. Volunteer and Outreach Programs: Engaging in outreach and volunteer programs related to sports and fitness in the wider community is also being a part of the Committees activities.
- 10. Student Feedback and Grievance Handling: The Committee acts as a platform for students to provide feedback and raise grievances. They also work with the university administration to address these concerns.
- 11. Leadership Development: The Student Committee provides opportunities for students to develop leadership skills, teamwork, and organizational abilities.

File Description	Documents
Upload relevant supporting document	<u>View File</u>

### 5.3.3 - Number of sports and cultural events / competitions organised by the institution during the year

4

File Description	Documents
Upload the data template	<u>View File</u>
Upload relevant supporting document	<u>View File</u>

#### 5.4 - Alumni Engagement

5.4.1 - The Alumni Association/Chapters (registered and functional)contributes significantly to the development of the institution through financial and other support services during the year

Financial Support: Our Alumni has constructed security room (2023) developing garden (2022), A4 sheets (2022) to the IQAC office The TNPESU Alumni have contributed an amount of Rs. 375/- per head and a total of 1,58,250/- (2023) accumulated in the Alumni head account.

Networking and Mentorship: The TNPESU Alumni are offering guidance on career paths, job placements, and internships (2023) within the sports industry.

Guest Lectures and Workshops: The TNPESU Alumni are appointed as the guest lecturers (2022-23); they also help to organize workshops(2023) seminars and conferences. Alumni feedback helping a lot to develop the academic curriculum.

Recruitment and Volunteer Activities: Our Alumni often have a strong connection to this university and they actively participate in the recruitment and placement ( 2022 ) of current students. They organize alumni events, career fairs, or student recruitment drives.

Continuing Education: Many of the alumni have returned to the University for advanced degrees such as M.Sc, MPEd, MBA and PhD (2022-23) or professional development.

Alumni Association:. Our University Alumni Association has organized tournaments, competitions (2023), helped in organizing South West Zone and All India Inter University Competition in this University. The Alumni Association had series of meetings with the Authorities for the development of the University.

File Description	Documents
Upload relevant supporting document	<u>View File</u>

### 5.4.2 - Alumni contribution during the year (INR in Lakhs)

File D	escription	Documents	
Upload	d relevant supporting ent	<u>View File</u>	

#### GOVERNANCE, LEADERSHIP AND MANAGEMENT

#### 6.1 - Institutional Vision and Leadership

6.1.1 - The institution has a clearly stated vision and mission which are reflected in its academic and administrative governance

Compliance with the institution's vision and mission in terms of scholastic and authoritative administration

Tamil Nadu Physical Education and Sports University (TNPESU) fosters a supportive educational environment with proactive leadership and growth opportunities, addressing the needs of students, faculty, and society. The University has significantly contributed to academic and administrative governance by promoting education, physical activity, and sports development. Through well-defined goals, TNPESU consistently strives to achieve its vision and mission.

The University's vision and mission are upheld through:

- A robust governance framework
- Academic excellence
- Professional administrative coordination
- Strategic policy development: Policies are periodically designed by leveraging the extensive experience of governing bodies, including the Planning Board, Syndicate, Board of Studies, Academic Council, and Finance Committee, and implemented for the welfare of the student community.

TNPESU operates with full autonomy, guided by a streamlined Syndicate and Planning Board composed of knowledgeable authorities, administrators, faculties, and professionals, with the Vice-Chancellor presiding over policy decisions. Key decision-making bodies such as the Syndicate, Academic Council, Board of Studies, and Finance Committee include representatives from the teaching faculty.

The University exemplifies participatory governance by encouraging faculty involvement in academic, financial, and administrative matters. This collaborative approach fosters a productive and harmonious working environment within the academic community.

File Description	Documents
Upload relevant supporting document	<u>View File</u>

### 6.1.2 - The effective leadership is reflected in various institutional practices such as decentralization and participative management

Tamil Nadu Physical Education and Sports University adopts a decentralized management model, involving leadership and stakeholders in a shared responsibility system. Authority is delegated across all hierarchical levels, enabling active participation from the Vice-Chancellor to faculty members in implementing and monitoring university policies, regulations, and guidelines. The Director of Academics oversees program development and monitors the progress of undergraduate and postgraduate students.

TNPESU adheres to university regulations to facilitate effective task delegation and encourage maximum participation. Key panels and committees, including the Syndicate Committee, Academic Council, Board of Studies, and Finance Committee, are chaired by the Vice-Chancellor and supported by the Registrar, Department Heads, Controller of Examinations, and Finance Officer. These bodies ensure transparency and collaborative decision-making.

Academic activities and student support are managed by faculty members and departmental teams led by Heads of Departments (HODs). Departments organize various student-focused programs, events, and activities to foster a sense of pride and belonging, ensuring functional autonomy.

The University promotes a culture of active management, encouraging administrative members, faculty, students, and alumni to contribute ideas and perspectives through a feedback system that drives continuous improvement. This decentralized and participative approach ensures the involvement of all community levels in feedback and implementation processes, enhancing the overall quality of campus life.

File Description	Documents
Upload relevant supporting document	<u>View File</u>

#### 6.2 - Strategy Development and Deployment

#### 6.2.1 - The institutional Strategic plan is effectively deployed

The Institutional Strategic/ Perspective Plan

As the first University in India dedicated solely to physical

Page 47/65 14-02-2025 02:54:56

education and sports, the Tamil Nadu Physical Education and Sports University was founded in 2004 by an Act of the Tamil Nadu government. The Governing bodies, Planning Board, Syndicate, Board of Studies, Academic Council, and Finance Committee are involved in developing the strategic plan for the sports university focusing on excellence in sports and academics, building sustainable infrastructure, and contributing to national and global sports ecosystems. The future strategic plans for a sports university are given below:

- 1. Vision and Mission Refinement
- 2. Academic Excellence and Curriculum Development
- ? Introduce Specialized Programs
- ? Promote Multidisciplinary Learning
- ? International Collaboration
- 3. Talent Development and Athlete Support
- ? Focus on Grassroots Development
- ? Holistic Athlete Support
- 4. Research and Innovation
- ? Sports Technology Hub
- ? Collaborative Research
- ? Applied Research Projects
- 5. Infrastructure Expansion
- ? Eco-Friendly Campuses
- ? Smart Facilities
- 6. Community Engagement and Social Responsibility
- ? Outreach Programs
- ? Inclusive Sports Programs

- ? Youth Development
- 7. International Positioning
- ? Global Accreditations
- ? Attract International Students
- 8. Industry and Corporate Partnerships
- ? Collaborate with Sports Organizations
- ? Industry-Relevant Programs
- 9. Long-Term Goals
- ? Financial Sustainability
- ? Performance Benchmarks

#### Ethics in Sports

File Description	Documents
Upload relevant supporting document	<u>View File</u>

6.2.2 - The functioning of the institutional bodies is effective and efficient as visible from policies, administrative setup, appointment and service rules, procedures, etc.

TNPESU has a distinct organizational structure designed for efficient administration, as reflected in its policies, administrative framework, appointment procedures, service regulations, and more. The University operates by its statutes and regulations. It functions under the leadership of His Excellency, The Governor of Tamilnadu as The Chancellor of this University & Honorable Chief Minister of Tamilnadu, with the Ministry of Youth Welfare and Sports Development overseeing its activities. The Pro-Chancellor of the University is also the Honorable Sports Minister of Tamil Nadu. The University is committed to advancing its mission of promoting sports and related fields.

The Planning Board and Syndicate are the primary planning bodies, responsible for formulating strategic and long-term plans for the university's continuous development. The Academic Council, consisting of Heads of Departments, Professors, and industry professionals, ensures that the curriculum and syllabus remain

relevant to the evolving demands of the field. Faculty members, along with the Vice-Chancellor, Registrar, Finance Officer, Controller of Examinations, and Director of Distance Education, are actively involved in the functioning of the Academic Council. In addition, the Finance Committee, Research Alliance Committee, and Department Research Committee play crucial roles in maintaining transparency and accountability within the governance framework. The guidelines of the statutory bodies and approval of the University authorities are well-defined and disseminated regarding service rules, procedures and recruitment & promotion policies.

File Description	Documents
Upload relevant supporting document	<u>View File</u>

#### 6.2.3 - Institution Implements e-governance in its areas of operations

### **6.2.3.1** - e-governance is implemented covering following areas of operation

A. All of the above

- 1. Administration
- 2. Finance and Accounts
- 3. Student Admission and Support
- 4. Examination

File Description	Documents
Upload the data template	<u>View File</u>
Upload relevant supporting document	<u>View File</u>

#### **6.3 - Faculty Empowerment Strategies**

6.3.1 - The institution has a performance appraisal system, promotional avenues and effective welfare measures for teaching and non-teaching staff

TNPESU evaluates teaching and non-teaching staff performance through a UGC guided Performance Based Appraisal System with faculty promotions based on Career Advancement Scheme and API Scores. The University takes a proactive approach to ensure its employees' well-being and professional advancement by providing them access to a comprehensive array of government schemes and welfare benefits. It includes Gratuity, Pension, and Commutation of Pension, which offer long-term financial security for the staff members. The institution also facilitates the encashment of Earned Leave, ensuring that employees are compensated for their accrued leave days. It also provides the stipulated Maternity Leave, recognizing the importance

Page 50/65 14-02-2025 02:54:56

of work-life balance. In addition, the institution prioritizes the health and well-being of its staff by offering Medical Facilities and a Health Insurance Scheme. This ensures that employees and their families have access to necessary medical care and coverage in times of need.

Recognizing the importance of continuous professional development, the institution actively supports career growth by granting permission for the staff to attend various Faculty Development Programs (FDPs). These include the Orientation Program, Refresher, and Short-Term Courses, all designed to enhance the knowledge, skills, and competencies of staff members. By encouraging participation in these development initiatives, the institution fosters a culture of lifelong learning, professional growth, and career progression for both teaching and non-teaching staff members.

With these well-structured welfare schemes, the institution ensures that its employees are supported, motivated, and equipped to excel in their roles, thereby contributing to a positive and productive working environment.

File Description	Documents
Upload relevant supporting document	<u>View File</u>

### 6.3.2 - Total number of teachers provided with financial support to attend conferences / workshops and towards membership fee of professional bodies during the year

1

File Description	Documents
Upload the data template	<u>View File</u>
Upload relevant supporting document	<u>View File</u>

### 6.3.3 - Number of professional development / administrative training Programmes organized by the institution for teaching and non-teaching staff during the year

4

File Description	Documents
Upload the data template	<u>View File</u>
Upload relevant supporting document	<u>View File</u>

# 6.3.4 - Total number of teachers undergoing online/ face-to-face Faculty Development Programmes (FDP)during the year(Professional Development Programmes, Orientation / Induction Programmes Refresher Course, Short Term Course)

8

File Description	Documents
Upload the data template	<u>View File</u>
Upload relevant supporting document	<u>View File</u>

#### 6.4 - Financial Management and Resource Mobilization

#### 6.4.1 - Institutional strategies for mobilisation of funds and the optimal utilisation of resources

Mobilizing funds for TNPESU requires a multifaceted approach that leverages public, private, and community support. TNPESU Strategies for fund mobilizations are listed below:

- 1. Government Grants and Subsidies
  - Approach Central and State Governments
  - Apply for Sports-Specific Schemes
- 2. Corporate Sponsorships
  - Partner with Corporates
  - Exchange Programs
  - Athlete Scholarships
- 3. Alumni Engagement
  - Create Alumni Networks
  - Alumni Endowments
- 4. Research Grants and Partnerships
  - Collaborate with Research Institutions
- 5. Hosting Events
  - Sports Tournaments and Competitions
  - Workshops and Conferences
  - Community Events
- 6. Develop Commercial Ventures

14-02-2025 02:54:57

- Facility Rentals
- Fitness and Coaching Services.

#### 7. Endowment Funds

- Build an Endowment
- Invest for Growth
- 8. Engage Philanthropic Organizations
- 9. Institutional Partnerships
  - Collaborate with Sports Federations
  - Industry Tie-Ins

Optimal Utilization of Resources:

TNPESU makes the best use of its resources to accomplish its objectives successfully and economically. Funds are set aside for efficient teaching-learning strategies and multidisciplinary projects. The necessary funds are used to improve library facilities and supplement educational resources. The University's sports facilities are developed and maintained with sufficient funds for social welfare, community development, Sports meets, and sports tournaments. Combining these fund-raising techniques helps TNPESU to increase its revenue streams, improve its financial standing, and better support its objective of encouraging community, academic success, and athletic greatness.

File Description	Documents
Upload relevant supporting document	<u>View File</u>

### 6.4.2 - Funds / Grants received from government bodies during the year for development and maintenance of infrastructure (not covered under Criteria III and V) (INR in Lakhs)

200

File Description	Documents
Upload the data template	<u>View File</u>
Upload relevant supporting document	<u>View File</u>

### 6.4.3 - Funds / Grants received from non-government bodies, individuals, philanthropists during the year for development and maintenance of infrastructure (not covered under Criteria III and

Page 53/65 14-02-2025 02:54:57

#### V)(INR in Lakhs)

0

File Description	Documents
Upload the data template	<u>View File</u>
Upload relevant supporting document	No File Uploaded

#### 6.4.4 - Institution conducts internal and external financial audits regularly

Tamil Nadu Physical Education and Sports University (TNPESU) upheld an efficient system of internal and external financial audits in line with the TNPESU Act, 2005, and government directives to ensure accountability and clarity. The institution has a well-established mechanism for audit to ensure financial compliance. To ensure accountability of financial transactions, budget is submitted to scrutiny by internal audit and External local fund audit besides Accountant General (AG) audit.

#### I. Internal Audit:

All bills/receipts and vouchers are audited yearly by an internal financial audit committee comprising of University Authorites.

#### II. External Audit

#### Local Fund Audit:

The audit of the accounts is being carried out by the Local Fund Audit department of the Government of Tamil Nadu as an External Agency independent of the University administration to take a fair view and give an independent opinion on the performance as well as financial transaction of the University in the form of an Audit Report along with the Audited Annual Accounts for each financial year.

AG Audit: Besides this, a Test Audit is done by the Accountant General of India. A.G. Audit is being conducted once in every five years. It is being carried out for each department of the institution separately.

File Description	Documents
Upload relevant supporting document	<u>View File</u>

#### 6.5 - Internal Quality Assurance System

- 6.5.1 Internal Quality Assurance Cell (IQAC) has contributed significantly for institutionalizing the quality assurance strategies and processes by constantly reviewing the teaching learning process, structures & methodologies of operations and learning outcomes at periodic intervals
  - Digital Learning Hub and Knowledge Resource Centre

The Internal Quality Assurance Cell (IQAC) has placed significant emphasis on enhancing and continuously updating the institution's library and learning resource center to support research and academic excellence. The library's transformation focuses on integrating digital resources, e-journals, e-books, and online databases that complement traditional books and journals. This strategic shift has ensured that users have global access to a comprehensive array of current academic resources. It has also integrated e-books, digital libraries, and multimedia resources to create a comprehensive learning environment that supports various learning styles.

• Academic Calendar and Scheduling Optimisation

The committee formed by the institution's authorities is responsible for designing the academic calendar and plays a vital role in ensuring a well-organized and coordinated schedule for both academic and non-academic activities throughout the year. The primary objective is to create a balanced timetable that accommodates academic requirements, co-curricular, and extra-curricular activities while maintaining academic integrity. The academic calendar is developed through close collaboration between the committee, academic departments, faculty, and administrative units, ensuring that every aspect of the academic year is carefully planned. It ensures that academic sessions, examinations, and public holidays are strategically planned to avoid overlap, ensuring that students and faculty have ample time for each activity.

File Description	Documents
Upload relevant supporting document	<u>View File</u>

6.5.2 - Institution has adopted the following for Quality assurance Academic Administrative Audit (AAA) and follow up action taken Confernces, Seminars, Workshops on quality conducted Collaborative quality initiatives with other institution(s) Orientation

A. Any 5 or all of the above

programme on quality issues for teachers and studens Participation in NIRF Any other quality audit recognized by state, national or international agencies (ISO Certification, NBA)

File Description	Documents
Upload the data template	<u>View File</u>
Upload relevant supporting documnent	<u>View File</u>

6.5.3 - Incremental improvements made for the preceding during the year with regard to quality (in case of first cycle) Post accreditation quality initiatives(second and subsequent cycles)

TNPESU has undertaken several key initiatives to enhance its standards, in alignment with its policies. Notable infrastructure developments include the construction of additional classroom and hostel buildings, procurement of new furniture and equipment, and the establishment of a Sports Centre for differently-abled individuals. Facilities such as academies for Table Tennis and Badminton, a Gymnasium, a 400-meter synthetic track, and Centre for Kalariyapattu and Silambam have been created. Additionally, Miyawaki forests and two ponds have been developed. Swimming pool is currently under construction and preliminary work has been initiated for the establishment of High Performance Centre for Sports and Synthetic Hockey Turf field.

To support students further, 50 computers have been procured for various labs, and soft skills training has been incorporated into the curriculum to enhance employability. The RUSA 2.0 scheme has contributed to the construction of parking facilities and upgrades to laboratories and classroom furniture. An Incubation Centre is being established to encourage entrepreneurship.

Student well-being is a priority, with initiatives like sports, self-defense training, wellness programs, and CSR activities aimed at promoting physical and mental health. Accessibility has been improved with ramps and lifts for differently-abled students. Efforts are also underway to fill vacant teaching positions, strengthen collaborative linkages, and enhance the student mentoring system. Library facilities have been expanded with the introduction of an e-Library Centre, and stakeholder feedback systems are being continuously improved.

File Description	Documents
Upload relevant supporting document	<u>View File</u>

#### INSTITUTIONAL VALUES AND BEST PRACTICES

#### 7.1 - Institutional Values and Social Responsibilities

#### 7.1.1 - Measures initiated by the Institution for the promotion of gender equity during the year

The University gives importance to gender equity in its curriculum and ensures equal opportunities for all students in admissions, sports, cultural events, hostels, transportation, placement, and scholarships. Moreover, the University undertakes specific initiatives to foster gender equity:

- Safety and Security: The University prioritizes safety and security in the campus by deploying adequate security personnel and installing CCTV cameras at vital points. A secure boundary, and out passes ensure a safe environment for female students.
- 2. Counselling: The University's on-campus Psychological Counseling Center addresses issues such as anxiety, depression, self-compassion of the girl students and helps students transition to college life and prepare for future challenges.
- 3. Common Rooms: Dedicated common rooms are provided for female students and women staff in both academic and hostel areas.
- 4. Additional Facilities: The University provides additional amenities such as dedicated mess hall for girls, health center, transportation options, and a gym with specified female access times.
- 5. Committees: The University has established Women Complaint Cell and Internal Complaint Committee to address women's concerns, ensure compliance with UGC norms, and maintain a harassment-free environment.
- 6. Sports and Wellness: Female students and women staff are encouraged to participate in Yoga training, sports and games of their choice.

In conclusion, the University's comprehensive measures ensure a safe and supportive environment for female students and staff, promoting gender equity.

File Description	Documents
Upload relevant supporting document	<u>View File</u>
Annual gender sensitization action plan(s)	https://www.tnpesu.org/upload/Annual%20Gende r%20letter.pdf
Specific facilities provided for women in terms of: a. Safety and security b. Counseling c. Common rooms d. Daycare Centre e. Any other relevant information	https://www.tnpesu.org/upload/7.1.1 B 23-24. pdf

# 7.1.2 - The Institution has facilities for alternate sources of energy and energy conservation Solar energy Biogas plant Wheeling to the Grid Sensor-based energy conservation Use of LED bulbs/ power-efficient equipment

A. Any 4 or All of the above

File Description	Documents
Upload relevant supporting document	<u>View File</u>

7.1.3 - Describe the facilities in the Institution for the management of the following types of degradable and non-degradable waste (within 200 words) Solid waste management Liquid waste management Biomedical waste management E-waste management Waste recycling system Hazardous chemicals and radioactive waste management

The University manages wastes effectively through the following initiatives:

- 1. Solid Waste Management: Solid waste is sorted into biodegradable and non-biodegradable categories, collected twice a week by the local municipal administration. Food waste powers a hostel's biogas plant, while paper waste is auctioned quarterly. Scraps like wood, plastics, and metals are disposed of every three months by the University's Scraps Disposal Committee.
- 2. Liquid Waste Management: Water use is optimized across Departments and offices, with restroom wastewater reused for plant irrigation. Regular checks by University's Estate Office personnel prevent water wastage. Drinking water facilities are widespread, ensuring no water is wasted.

- 3. E-Waste Management: The University follows Standard Operation Procedures to safely dispose of e-waste, including computers, monitors, printers, and televisions. Disposal aligns with Pollution Control Board guidelines.
- 4. Waste Recycling: A 2.0 M3/Day Biogas Plant utilizes 20 kg/day of food waste in the hostel mess.

These measures ensure efficient waste management and resource utilization while promoting sustainability.

File Description	Documents
Upload relevant supporting document	<u>View File</u>

- 7.1.4 Water conservation facilities available in the Institution: Rain water harvesting Bore well /Open well recharge Construction of tanks and bunds Waste water recycling Maintenance of water bodies and distribution system in the campus
- A. Any 4 or all of the above

File Description	Documents
Upload relevant supporting document	<u>View File</u>

#### 7.1.5 - Green campus initiatives include

- 7.1.5.1 The institutional initiatives for greening the campus are as follows:
- A. Any 4 or All of the above
- 1. Restricted entry of automobiles
- 2. Use of bicycles/ Battery-powered vehicles
- 3. Pedestrian-friendly pathways
- 4. Ban on use of plastic
- 5. Landscaping

File Description	Documents
Upload relevant supporting document	<u>View File</u>

#### 7.1.6 - Quality audits on environment and energy are regularly undertaken by the institution

# 7.1.6.1 - The institution's initiatives to preserve and improve the environment and harness energy are confirmed through the

A. Any 4 or all of the above

#### following:

- 1. Green audit
- 2. Energy audit
- 3. Environment audit
- 4. Clean and green campus recognitions/awards
- **5. Beyond the campus environmental promotional activities**

File Description	Documents
Upload relevant supporting document	<u>View File</u>

7.1.7 - The Institution has a disabled-friendly and barrier-free environment Ramps/lifts for easy access to classrooms and centres. Disabled-friendly washrooms Signage including tactile path lights, display boards and signposts Assistive technology and facilities for persons with disabilities: accessible website, screen-reading software, mechanized equipment, etc. Provision for enquiry and information: Human assistance, reader, scribe, soft copies of reading materials, screen reading, etc.

A. Any 4 or all of the above

File Description	Documents
Upload relevant supporting document	<u>View File</u>

- 7.1.8 Describe the Institutional efforts/initiatives in providing an inclusive environment i.e. tolerance and harmony towards cultural, regional, linguistic, communal, socio-economic and other diversities (within a maximum of 200 words)
  - The University prioritizes creating an inclusive campus environment by admitting students from other states and providing comprehensive support. These students are encouraged to participate in cultural and sports events, receive tailored food arrangements, assistance in securing scholarships from their respective states, and access to on-campus medical care. Counseling services are available for those who require them, and Hindi is offered as a second language for undergraduate students, contributing to the establishment of an inclusive atmosphere on campus.
  - The University fervently celebrates major religious festivals like Diwali, Christmas, Vijayadashami, Onam, Vishu, and

- Ramadan, engaging students and staff. These events include cultural activities, games, and competitions, fostering religious inclusiveness. Pongal is also celebrated with cultural programs and competitions, promoting inclusivity.
- The students of this university also participate in various cultural events held in other Institutions also and thereby they become the brand ambassadors for preserving our traditional value/legacy.
- The students as a part of village placement program conduct cultural events in the respective villages where the village placement program is organized.
- The University instills cultural understanding, tolerance, and harmony among students through religious, linguistic, and regional events, alongside academic and co-curricular activities, promoting inclusivity across various diversities.

File Description	Documents
Upload relevant supporting document	<u>View File</u>

- 7.1.9 Sensitization of students and employees of the institution to constitutional obligations: values, rights, duties and responsibilities of citizens:
  - The University fulfills its constitutional obligations to shape responsible citizens by integrating cross-cutting issues such as gender equity, environmental sustainability, human values, and professional ethics into its curriculum. Numerous courses like Value and Environmental Education, Stress Management, and Gender Studies are offered across programs.
  - Apart from the above courses, the university also actively focuses on students' welfare, conducting counseling, women empowerment, gender equity, and anti-ragging activities. The Student Counseling Cell addresses behavioral and academic concerns, organizing personality development and gender sensitivity training.
  - Eminent speakers are invited to address students on specific themes, by engaging students with discussions and competitions, fostering active participation and highlighting program relevance.
  - The University imparts values, rights, and responsibilities to students for responsible citizenship. Through programs, students pledge to uphold rules, customs, and support societal improvement.
  - Besides these efforts, the university students collaborate with nearby medical colleges to organize regular blood donation camps. This not only aids needy patients but also

instills in students the value of altruism and helping others.

Through Village Placements Programs, the University students also conduct village awareness programs on health, Nutrition, education, and more. These activities promote civic responsibility among the students as well as benefit the engaging communities.

7.1.10 - The Institution has a prescribed code of conduct for students, teachers, administrators and other staff and conducts periodic programmes in this regard. The Code of Conduct is displayed on the website There is a committee to monitor adherence to the Code of Conduct Institution organizes professional ethics programmes for students, teachers, administrators and other staff Annual awareness programmes on Code of Conduct are organized

All of the above

File Description	Documents
Upload relevant supporting document	<u>View File</u>

### 7.1.11 - Institution celebrates / organizes national and international commemorative days, events and festivals

The University places great importance on celebrating National and International Commemorative days, events, and festivals to instill societal values in its students. It organizes these celebrations annually with grandeur to help students comprehend the significance of each occasion. Notable days like Constitution Day, Voters Day, Army Day, Martyr's Day, Women's Day, Tourism Day, World Aids Day, Youth Day, Human Rights Day and others are observed to highlight their relevance in contemporary times.

The University gives special attention to National Sports Day and International Yoga Day. Being a center for physical education and sports, it conducts sports tournaments for its students on National Sports Day and celebrates International Yoga Day enthusiastically, spreading awareness about yoga among students and staff with the participation of renowned guest speakers.

Similarly, National Youth Day, dedicated to Swami Vivekananda's birthday, is celebrated to impart values to students across various departments of the University. Additionally, Independence Day and Republic Day are commemorated annually to emphasize their

significance and instil a sense of national pride and responsibility among students.

Through these celebrations and events, the University aims to nurture a strong sense of national interest and civic responsibility in its students, helping shape them into responsible citizens.

File Description	Documents
Upload relevant supporting document	<u>View File</u>

#### 7.2 - Best Practices

7.2.1 - Describe one best practice successfully implemented by the Institution as per NAAC format provided in the Manual

STUDENT OUTREACH INITIATIVES FOR RURAL COMMUNITY DEVELOPMENT

University's Student Outreach Initiatives make every effort to promote development in communities.

- 1. Objectives of the Practice:
- i) to work withcommunities to make them realize the importance of participative democracy and sustainable development,
- ii) to promote health awareness among people in villages and ensuring health benefits and
- iii) to make students understand the issues of rural development and make them social conscious.
- 2. The Context:
- All Undergraduate and Postgraduate Regular Courses at the University are involved in this Initiative.
- 3. The Practice:

Students engage in learning activities during their time in village as per schedule created with the goal in mind. While staying in villages, the students ensure that they visit every area of the community and that they meet all of its needs.

4. Evidence of Success of Students Outreach Initiatives:

The success is demonstrated by the following: i) an improvement in village sanitation; ii) an increase in village child education; iii) the availability of affordable medical aid to the villagers naturopathy, and yogic science; and iv) the promotion of self-help groups among village women.

5. Problems Encountered and Recourses Required

The problem is lack of accommodation facilities for the students and students to stay in some villages for this programme which may affect its operations.

#### 7.3 - Institutional Distinctiveness

7.3.1 - Highlight the performance of the institution in an area distinct to its priority and thrust (within a maximum of 200 words)

Innovative Laboratories for Dissemination of Sports Knowledge

#### Background

During the previous decade, Indian sports have experienced amazing growth. Despite the efforts of the Governments and respective sports federations in developing sports in India, significant progress has not been made at the international level due to a lack of access to the newest technology and expertise by players and coaches. As a result, it is critical to teach the latest sports technology to athletes and coaches so that they can improve their sports performance by modifying their regular sports training.

#### Innovative Laboratories

To try to close the gap, the University has created the following unique sports laboratories with the goal of distributing sports information to the sport's stakeholders:

- 1. Center of Excellence in Biomechanics for biomechanical assessment of athletes from high school to elite levels in order to improve sports performance, avoid injuries and identify talents.
- 2. Computational Sports Technology Laboratory uses CAD and Ansys Workbench to design and create sports items and equipment. For match analysis, DartFish is employed.
- 3. Computerized Low-Speed Subsonic Wind Tunnel Laboratory to analyse the influence of aerodynamic forces and wind impacts on sports applications.
- 4. Exercise Physiology and Sports Nutrition Laboratory is used to

- determine the functional capabilities of athletes' bodily systems.
- 5. Sports Psychology Laboratory enhances the understanding and practical application of sports psychology principles in a meaningful way

#### 7.3.2 - Plan of action for the next academic year

The following action plan is presented in order to disseminate sports information to stakeholders:

- 1. To organize workshops and conferences on different disciplines at National and International levels.
- 2. To organize national level sports Tournaments
- 3. To prepare students for sports participation at National level and achieve medals.
- 4. To build sports and other infrastructure in the university campus.
- 5. To inculcate employability skills among the students under "Employability Enhancement Programme"
- 6. To establish Memorandum of Understandings with other academic Institutions and Organizations.
- 7. To share the expertise of faculty members to disseminate knowledge with other Institutions.
- 8. To train and develop sports officials from various State Sports Associations in the University in order to improve the efficiency of officiating in all sports.