



தமிழ்நாடு உடற்கல்வியியல் மற்றும் விளையாட்டுப் பல்கலைக்கழகம்  
**TAMIL NADU PHYSICAL EDUCATION AND SPORTS UNIVERSITY**  
(Estd. by the Govt. of Tamil Nadu Under Act No.9 of 2005. A State Govt. University)  
**Accredited with "B" Grade by NAAC**  
Vandalur-Kelambakkam Road, Melakottaiyur Post, Chennai – 600 127.

**REGULAR EXAMINATIONS TIME TABLE - DEC 2023**

**Bachelor of Physical Education - (2023 Onwards CBCS Syllabus)**

**First Semester**

Subject Code	Subject	Date	Time
23UA2CT101	History, Principles And Foundation Of Physical Education	12.12.2023	2 pm to 5 pm
23UA2CT102	Anatomy And Physiology And Health Education	13.12.2023	2 pm to 5 pm
23UA2CT103	Yoga Education	14.12.2023	2 pm to 5 pm
23UA2DE101	Olympic Movement	15.12.2023	2 pm to 5 pm
23UA2DE102	Gender Studies		
23UA2DE103	Disability And Inclusive Education		
23UA2DE104	Contemporary Issues In Physical Education, Fitness And Wellness		

**Master of Physical Education - (2023 Onwards CBCS Syllabus)**

**First Semester**

Subject Code	Subject	Date	Time
23PA1CT101	Research Process In Physical Education And Sports Sciences	12.12.2023	2 pm to 5 pm
23PA1CT102	Yogic Sciences	13.12.2023	2 pm to 5 pm
23PA1CT103	Tests, Measurement And Evaluation In Physical Education	14.12.2023	2 pm to 5 pm
23PA1DE101	Physical Fitness and Wellness	15.12.2023	2 pm to 5 pm
23PA1DE102	Sports Engineering and Sports Technology		
23PA1DE103	Adapted Physical Education		
23PA1DE104	Professional Preparation for SLET/NET in Physical Education		

**B.P.E.S (2023 Onwards)**

**First Semester**

Subject Code	Subject	Date	Time
23UA1LT101	Language - Tamil/Basic Tamil/Additional Tamil - 1	12.12.2023	2 pm to 5 pm
23UA1LE101	English - 1	13.12.2023	2 pm to 5 pm
23UA1CT101	Foundation of Physical Education and Sports	14.12.2023	2 pm to 5 pm
23UA1CT102	Anatomy and Physiology	15.12.2023	2 pm to 5 pm
23UA1CT103	Theories of Track and Field – 1 ,	16.12.2023	2 pm to 5 pm

**M.Sc Yoga - (2023 Onwards CBCS Syllabus)****First Semester**

Subject Code	Subject	Date	Time
23PB1CT101	Foundations of Yoga	12.12.2023	2 pm to 5 pm
23PB1CT102	Anatomy and Physiology	13.12.2023	2 pm to 5 pm
23PB1CT103	Classical Yoga Practices	14.12.2023	2 pm to 5 pm
23PB1CE001	Yoga for Health	15.12.2023	2 pm to 5 pm
23PB1CE002	Yogic Diet and Nutrition		
23PB1CE003	Basic Relevant of Yogic Science – I		
23PB1CE004	Methods of Naturopathy		
23PB1GE101	Interdepartmental Elective – II (Generic) Psychology	16.12.2023	2 pm to 5 pm

**M.Sc Yoga for Human Excellence - (2023 Onwards CBCS Syllabus)****First Semester**

Subject Code	Subject	Date	Time
23PB3CT101	Foundations of Yoga	12.12.2023	2 pm to 5 pm
23PB3CT102	Yogic Anatomy and Physiology	13.12.2023	2 pm to 5 pm
23PB3CT103	Yoga for Modern Age	14.12.2023	2 pm to 5 pm
23PB3DE001	Yogic Diet	15.12.2023	2 pm to 5 pm
23PB3GE101	Interdepartmental Elective – II (Generic) Psychology	16.12.2023	2 pm to 5 pm

**B.Sc Yoga - (2023 Onwards CBCS Syllabus)****First Semester**

Subject Code	Subject	Date	Time
23UB1LT101	Language - Tamil/Basic Tamil/Additional Tamil - 1	12.12.2023	2 pm to 5 pm
23UB1LE101	English - 1	13.12.2023	2 pm to 5 pm
23UB1CT103	Fundamentals of Yoga	14.12.2023	2 pm to 5 pm
23UB1CT104	Human Anatomy and Physiology - I	15.12.2023	2 pm to 5 pm
23UB1CE105	Classical Yoga – I	16.12.2023	2 pm to 5 pm

**B.Sc Sports Coaching - (2023 Onwards CBCS Syllabus)****First Semester**

Subject Code	Subject	Date	Time
23UG1LT101	Language - Tamil/Basic Tamil/Additional Tamil - 1	12.12.2023	2 pm to 5 pm
23UG1LE101	English - 1	13.12.2023	2 pm to 5 pm

**B.Sc Yoga for Human Excellence - (2023 Onwards CBCS Syllabus)****First Semester**

<b>Subject Code</b>	<b>Subject</b>	<b>Date</b>	<b>Time</b>
23UB2LT101	Language - Tamil/Basic Tamil/Additional Tamil - 1	12.12.2023	2 pm to 5 pm
23UB2LE101	English - 1	13.12.2023	2 pm to 5 pm
23UB2CT101	Yoga of Body and Mind	14.12.2023	2 pm to 5 pm
23UB2CT102	Classical Yoga	15.12.2023	2 pm to 5 pm
23UB2DE101	Fundamentals of Yoga	16.12.2023	2 pm to 5 pm

**M.Sc Exercise Physiology and Nutrition - (2023 Onwards CBCS Syllabus)****First Semester**

<b>Subject Code</b>	<b>Subject</b>	<b>Date</b>	<b>Time</b>
23PC1CT101	Bioenergetics and Muscular Physiology	12.12.2023	2 pm to 5 pm
23PC1CT102	Cardiovascular and Respiratory Physiology	13.12.2023	2 pm to 5 pm
23PC1CT103	Advanced Human Nutrition	14.12.2023	2 pm to 5 pm
23PC1CE001	Exercise and Sports Biochemistry	15.12.2023	2 pm to 5 pm
23PC1GE	Interdepartmental Elective – II (Generic)	16.12.2023	2 pm to 5 pm

**B.Sc Exercise Physiology and Nutrition - (2023 Onwards CBCS Syllabus)****First Semester**

<b>Subject Code</b>	<b>Subject</b>	<b>Date</b>	<b>Time</b>
23UC1LT101	Language - Tamil/Basic Tamil/Additional Tamil - 1	12.12.2023	2 pm to 5 pm
23UC1LE101	English - 1	13.12.2023	2 pm to 5 pm
23UC1CT101	Human Anatomy and Physiology - I	14.12.2023	2 pm to 5 pm
23UC1CT102	Fundamentals in Food Science	15.12.2023	2 pm to 5 pm
23UC1CT103	Health Education	16.12.2023	2 pm to 5 pm

**M.Sc Sports Biomrechanics and Kinesiology - (2023 Onwards CBCS Syllabus)****First Semester**

<b>Subject Code</b>	<b>Subject</b>	<b>Date</b>	<b>Time</b>
23PD1CT101	APPLIED ANATOMY AND PHYSIOLOGY	12.12.2023	2 pm to 5 pm
23PD1CT102	PHYSICS FOR BIOMECHANICS	13.12.2023	2 pm to 5 pm
23PD1CT103	TEST, MEASUREMENT AND EVALUATION	14.12.2023	2 pm to 5 pm
23PD1DSE101	FOUNDATION OF FITNESS AND EXERCISE PRESCRIPTION	15.12.2023	2 pm to 5 pm
23PD1GE	GENERIC ELECTIVE	16.12.2023	2 pm to 5 pm

**B.Sc Sports Biomechanics and Kinesiology - (2023 Onwards CBCS Syllabus)****First Semester**

<b>Subject Code</b>	<b>Subject</b>	<b>Date</b>	<b>Time</b>
23UD1LT101	Language - Tamil/Basic Tamil/Additional Tamil - 1	12.12.2023	2 pm to 5 pm
23UD1LE101	English - 1	13.12.2023	2 pm to 5 pm
23UD1CT101	Human anatomy and Physiology - I	14.12.2023	2 pm to 5 pm
23UD1CT102	Fundamentals of fitness and exercise prescription	15.12.2023	2 pm to 5 pm
23UD1CE101	Test, measurement and evaluation	16.12.2023	2 pm to 5 pm

**M.Sc Sports Psychology and Sociology- (2023 Onwards CBCS Syllabus)****First Semester**

<b>Subject Code</b>	<b>Subject</b>	<b>Date</b>	<b>Time</b>
23PF1CT101	Cognitive Psychology	12.12.2023	2 pm to 5 pm
23PF1CT102	Introduction to Sports Sociology	13.12.2023	2 pm to 5 pm
23PF1CT103	Research Methodology	14.12.2023	2 pm to 5 pm
23PF1DE001	Coping with Stress	15.12.2023	2 pm to 5 pm
23PF1DE002	Methods and Measurement in Psychology		
23PF1GE001	Interdepartmental Elective – I (Generic)	16.12.2023	2 pm to 5 pm

**M.Sc Sports Psychology - (2023 Onwards CBCS Syllabus)****First Semester**

<b>Subject Code</b>	<b>Subject</b>	<b>Date</b>	<b>Time</b>
23PF2CT101	Cognitive Psychology	12.12.2023	2 pm to 5 pm
23PF2CT102	Principles of Sport Psychology	13.12.2023	2 pm to 5 pm
23PF2CT103	Research Methodology	14.12.2023	2 pm to 5 pm
23PF2DE001	Coping with Stress	15.12.2023	2 pm to 5 pm
23PF2DE002	Emotional Intelligence		
23PF2GE001	Interdepartmental Elective – I (Generic)	16.12.2023	2 pm to 5 pm

**M.Sc Psychology - (2023 Onwards CBCS Syllabus)****First Semester**

<b>Subject Code</b>	<b>Subject</b>	<b>Date</b>	<b>Time</b>
23PF3CT101	Cognitive Psychology	12.12.2023	2 pm to 5 pm
23PF3CT102	Advanced Social Psychology	13.12.2023	2 pm to 5 pm
23PF3CT103	Research Methodology	14.12.2023	2 pm to 5 pm
23PF3DE001	Coping with stress	15.12.2023	2 pm to 5 pm

23PF3DE002	Social Problems and Issues	15.12.2023	2 pm to 5 pm
23PF3GE001	Interdepartmental Elective – I (Generic)	16.12.2023	2 pm to 5 pm

**M.B.A Sports Management - (2023 Onwards CBCS Syllabus)**

**First Semester**

<b>Subject Code</b>	<b>Subject</b>	<b>Date</b>	<b>Time</b>
23PE1CT101	Management Principles and Business Ethics	12.12.2023	2 pm to 5 pm
23PE1CT102	Quantitative Techniques and Research Methods in Business	13.12.2023	2 pm to 5 pm
23PE1CT103	Managing Organizational Behaviour	14.12.2023	2 pm to 5 pm
23PE1CT104	Accounting for Managers	15.12.2023	2 pm to 5 pm
23PE1CT105	Managerial Economics	16.12.2023	2 pm to 5 pm

**BBA Sports Management - (2023 Onwards CBCS Syllabus)**

**First Semester**

<b>Subject Code</b>	<b>Subject</b>	<b>Date</b>	<b>Time</b>
23UE1LT101	Language - Tamil/Basic Tamil/Additional Tamil - 1	12.12.2023	2 pm to 5 pm
23UE1LE101	English - 1	13.12.2023	2 pm to 5 pm
23UE1CT101	Management Concepts	14.12.2023	2 pm to 5 pm
23UE1CT102	Financial and Management Accounting	15.12.2023	2 pm to 5 pm
23UE1CE001	Sports Organisation and Administration	16.12.2023	2 pm to 5 pm
23UE1CE002	Principles Sports Management		
23UE1CE003	Sports Facility Management		
23UE1CE004	Sports Marketing		
23UE1CE005	Sports Psychology		
23UE1CE006	Sports Event Management		
23UE1CE007	Schemes For Sports Development		
23UE1CE008	Sports Media Management		
23UE1CE009	Sports Tourism		
23UE1CE010	Sports Finance		
23UE1CE011	Sports Human Resource Management		
23UE1CE012	Advertising in Sports		

**M.Tech Sports Technology - (2023 Onwards CBCS Syllabus)**

**First Semester**

<b>Subject Code</b>	<b>Subject</b>	<b>Date</b>	<b>Time</b>
23PH1CT101	Aerodynamics in Sports	12.12.2023	2 pm to 5 pm

23PH1CT102	Sports Materials Engineering and Design	13.12.2023	2 pm to 5 pm
23PH1AE101	Research Methodology and IPR	14.12.2023	2 pm to 5 pm
23PH1DE001	Robotics and Machine vision system	15.12.2023	2 pm to 5 pm
23PH1DE012	Product Design and Development	16.12.2023	2 pm to 5 pm