



jkpo;ehL clw;fy;tpapay; kw;Wk; tpisahL;Lg; gy;fiyf;fofk;
TAMIL NADU PHYSICAL EDUCATION AND SPORTS UNIVERSITY
(Estd. by the Govt. of Tamil Nadu Under Act No.9 of 2005. A State Govt. University)
Accredited with "B" Grade by NAAC
Vandalur-Kelambakkam Road, Melakottaiyur Post, Chennai – 600 127.

REGULAR EXAMINATIONS TIME TABLE - FEBRUARY - 2022

M.Phil., Physical Education - (2015 Onwards)

First Semester

Subject Code	Subject	Date	Time
MPE101	Research Methodology and statistics in Physical Education	01.02.2022	2 pm to 5 pm
MPE102A	Specialization Science of Sports Training and Coaching	02.02.2022	2 pm to 5 pm
MPE102B	Specialization - Applied Yoga		
MPE102C	Specialization - Sports Medicine		
MPE102D	Specialization - Exercise Physiology and Nutrition		
MPE102E	Specialization - Sports Psychology		
MPE102F	Specialization - Sports Sociology		
MPE102G	Specialization - Sports Management		
MPE102H	Specialization - Sports Biomechanics		
MPE102I	Specialization - Sports Technology		
MPE102J	Specialization - Test, Measurement and Evaluation		
MPE102K	Specialization - Fitness and Wellness		

Second Semester

Subject Code	Subject	Date	Time
MPE201A	Area of Dissertation - Experimental Study	01.02.2022	10 am to 1 pm
MPE201B	Area of Dissertation - Comparative Study		
MPE201C	Area of Dissertation - Relationship and Prediction Studies		
MPE201D	Area of Dissertation - Case Study		
MPE201E	Area of Dissertation - Survey Study		
MPE201F	Area of Dissertation - Descriptive Study		
MPE202	Computer Operations, Communications and Educational Skills	02.02.2022	10 am to 1 pm

M.P.Ed., (2015 Onwards)			
First Semester			
Subject Code	Subject	Date	Time
M15101	Research Process in Physical Educaiton and Sports Sciences	01.02.2022	2 pm to 5 pm
M15102	Test, Measurement and Evaluation in Physical Education	02.02.2022	2 pm to 5 pm
M15103	Yogic Sciences	03.02.2022	2 pm to 5 pm
M15104A	Physical Fitness and Wellness	04.02.2022	2 pm to 5 pm
M15104B	Sports Technology		

Second Semester			
Subject Code	Subject	Date	Time
M15201	Applied Statistics in Physical Education and Sports	05.02.2022	10 am to 1 pm
M15202	Sports Biomechanics and Kinesiology	07.02.2022	10 am to 1 pm
M15203	Sports Psychology and Sociology	08.02.2022	10 am to 1 pm
M15204A	Sports Journalism and Mass Media	09.02.2022	10 am to 1 pm
M15204B	Health Education and Sports Nutrition		

Third Semester			
Subject Code	Subject	Date	Time
M15301	Sports Medicine, Athletic Care and Rehabilitation	01.02.2022	10 am to 1 pm
M15302	Physiology of Exercise	02.02.2022	10 am to 1 pm
M15303	Scientific Principles of Sports Training	03.02.2022	10 am to 1 pm
M15304A	Sports Engineering	04.02.2022	10 am to 1 pm
M15304B	Professional Preparation for SLET/NET		

Fourth Semester			
Subject Code	Subject	Date	Time
M15401	Theory - Information and Communication Technology (ICT) in Physical Education	05.02.2022	2 pm to 5 pm
M15402	Theory - Sports Management and Curriculum Design in Physical Education	07.02.2022	2 pm to 5 pm
M15404A	Theory - Value and Environmental Education	08.02.2022	2 pm to 5 pm
M15404B	Theory - Educational Technology in Physical Education		

B.P.Ed., (2015 Onwards)			
First Semester			
Subject Code	Subject	Date	Time
B15101	History, Principles and Foundation of Physical Education	01.02.2022	2 pm to 5 pm
B15102	Anatomy, Physiology and Health Education	02.02.2022	2 pm to 5 pm
B15103	Yoga Education	03.02.2022	2 pm to 5 pm
B15104A	Olympic Movement	04.02.2022	2 pm to 5 pm
B15104B	Environmental and Gender Studies		

Second Semester			
Subject Code	Subject	Date	Time
B15201	Sports Training	05.02.2022	10 am to 1 pm
B15202	Organization, Administration and Methods in Physical Education	07.02.2022	10 am to 1 pm
B15203	Theories of Sports and Games, Coaching and Officiating - Part I	08.02.2022	10 am to 1 pm
B15204A	Education Technology and Computer Application in Physical Education	09.02.2022	10 am to 1 pm
B15204B	Disability and Inclusive Education		

Third Semester			
Subject Code	Subject	Date	Time
B15301	Measurement and Evaluation in Physical Education	01.02.2022	10 am to 1 pm
B15302	Research and Statistics in Physical Education	02.02.2022	10 am to 1 pm
B15303	Sports Psychology and Sociology	03.02.2022	10 am to 1 pm
B15304A	Sports Nutrition and Weight Management	04.02.2022	10 am to 1 pm
B15304B	Contemporary Issues in Physical Education, Fitness and Wellness		

Fourth Semester			
Subject Code	Subject	Date	Time
B15401	Theories of Sports and Games, Coaching and Officiating - Part II	05.02.2022	2 pm to 5 pm
B15402	Kinesiology and Biomechanics	07.02.2022	2 pm to 5 pm
B15403	Sports Management, Recreation and Camping	08.02.2022	2 pm to 5 pm
B15404A	Sports Medicine, Physiotherapy and Rehabilitation	09.02.2022	2 pm to 5 pm

Bachelor of Physical Education - (2018 Onwards CBCS Syllabus)			
First Semester			
Subject Code	Subject	Date	Time
UPE18CT101	History, Principles And Foundation Of Physical Education	01.02.2022	2 pm to 5 pm
UPE18CT102	Anatomy And Physiology And Health Education	02.02.2022	2 pm to 5 pm
UPE18CT103	Yoga Education	03.02.2022	2 pm to 5 pm
UPE18DE001	Olympic Movement	04.02.2022	2 pm to 5 pm
UPE18DE002	Gender Studies		
UPE18DE003	Sports Medicine, Physiotherapy And Rehabilitation		
UPE18DE004	Contemporary Issues In Physical Education, Fitness And Wellness		

Second Semester			
Subject Code	Subject	Date	Time
UPE18CT201	Sports Training	07.02.2022	10 am to 1 pm
UPE18CT202	Organization ,Administration And Methods In Physical Education	08.02.2022	10 am to 1 pm
UPE18CT203	Theories Of Sports And Games, Coaching And Officiating- Part I	09.02.2022	10 am to 1 pm
UPE18DE005	Educational Technology And Computer Application In Physical Education	10.02.2022	10 am to 1 pm
UPE18DE006	Sports Nutrition And Weight Management		
UPE18DE007	Disability And Inclusive Education		
UPE18DE008	Research Project		

Third Semester			
Subject Code	Subject	Date	Time
UPE18CT301	Measurement And Evaluation In Physical Education	01.02.2022	10 am to 1 pm
UPE18CT302	Research And Statistics In Physical Education	02.02.2022	10 am to 1 pm
UPE18CT303	Sports Management And Recreation And Camping	03.02.2022	10 am to 1 pm
UPE18DE001	Olympic Movement	04.02.2022	10 am to 1 pm
UPE18DE002	Gender Studies		
UPE18DE003	Sports Medicine, Physiotherapy And Rehabilitation		
UPE18DE004	Contemporary Issues In Physical Education, Fitness And Wellness		
UPE18GE301	Generic Elective	05.02.2022	10 am to 1 pm

Fourth Semester			
Subject Code	Subject	Date	Time
UPE18CT401	Theories Of Sports And Games, Coaching And Officiating- Part Ii	07.02.2022	2 pm to 5 pm
UPE18CT402	Kinesiology And Biomechanics	08.02.2022	2 pm to 5 pm
UPE18CT403	Sports Psychology And Sociology	09.02.2022	2 pm to 5 pm
UPE18DE005	Educational Technology And Computer Application In Physical Education	10.02.2022	2 pm to 5 pm
UPE18DE006	Sports Nutrition And Weight Management		
UPE18DE007	Disability And Inclusive Education		
UPE18DE008	Research Project		

Master of Physical Education - (2018 Onwards CBCS Syllabus)			
First Semester			
Subject Code	Subject	Date	Time
PPE18CT101	Research Process In Physical Education And Sports Sciences	01.02.2022	2 pm to 5 pm
PPE18CT102	Yogic Sciences	02.02.2022	2 pm to 5 pm
PPE18CT103	Tests, Measurement And Evaluation In Physical Education	03.02.2022	2 pm to 5 pm
PPE18DE001	Physical Fitness And Wellness	04.02.2022	2 pm to 5 pm
PPE18DE002	Sports Technology		
PPE18DE003	Sports Engineering		
PPE18DE004	Professional Preparation For Slet/Net In Physical Education		

Second Semester			
Subject Code	Subject	Date	Time
PPE18CT201	Applied Statistics In Physical Education And Sports	07.02.2022	10 am to 1 pm
PPE18CT202	Sports Biomechanics And Kinesiology	08.02.2022	10 am to 1 pm
PPE18CT203	Sports Psychology And Sociology	09.02.2022	10 am to 1 pm
PPE18DE005	Sports Journalism And Mass Media	10.02.2022	10 am to 1 pm
PPE18DE006	Health Education And Sports Nutrition		
PPE18DE007	Value And Environmental Education		
PPE18DE008	Educational Technology In Physical Education		

Third Semester			
Subject Code	Subject	Date	Time
PPE18CT301	Sports Medicine, Athletic Care And Rehabilitation	01.02.2022	10 am to 1 pm
PPE18CT302	Physiology Of Exercise	02.02.2022	10 am to 1 pm
PPE18CT303	Scientific Principles Of Sports Training	03.02.2022	10 am to 1 pm
PPE18DE001	Physical Fitness And Wellness	04.02.2022	10 am to 1 pm
PPE18DE002	Sports Technology		
PPE18DE003	Sports Engineering		
PPE18DE004	Professional Preparation For Slet/Net In Physical Education		
PPE18GE301	Generic Elective	05.02.2022	10 am to 1 pm

Fourth Semester			
Subject Code	Subject	Date	Time
PPE18CT401	Information And Communication Technology (Ict) In Physical Education	07.02.2022	2 pm to 5 pm
PPE18CT402	Sports Management And Curriculum Design In Physical Education	08.02.2022	2 pm to 5 pm
PPE18DE005	Sports Journalism And Mass Media	09.02.2022	2 pm to 5 pm
PPE18DE006	Health Education And Sports Nutrition		
PPE18DE007	Value And Environmental Education		
PPE18DE008	Educational Technology In Physical Education		

B.P.E.S (2016 Onwards)			
First Semester			
Subject Code	Subject	Date	Time
BS16101	Tamil – I	05.02.2022	10 am to 1 pm
BS16102	English –I	07.02.2022	10 am to 1 pm
BS16103	General Knowledge and History of Physical Education	08.02.2022	10 am to 1 pm
BS16104	Rules of Games and Sports-Part I (Basketball, Badminton, Kabaddi, Softball)	09.02.2022	10 am to 1 pm

Second Semester			
Subject Code	Subject	Date	Time
BS16201	Tamil – II	05.02.2022	2 pm to 5 pm
BS16202	English –II	07.02.2022	2 pm to 5 pm
BS16203	Anatomy and Physiology	08.02.2022	2 pm to 5 pm
BS16204	Rules of Games and Sports-Part II (Volleyball, Table Tennis, Swimming, Throwball, Kho-Kho)	09.02.2022	2 pm to 5 pm

Third Semester			
Subject Code	Subject	Date	Time
BS16301	Tamil - III	01.02.2022	2 pm to 5 pm
BS16302	English -III	02.02.2022	2 pm to 5 pm
BS16303	Health and Safety Education	03.02.2022	2 pm to 5 pm
BS16304	Rules of Games and Sports-Part III (Track and Field and Cross Country)	04.02.2022	2 pm to 5 pm

Fourth Semester			
Subject Code	Subject	Date	Time
BS16401	Tamil – IV	10.02.2022	10 am to 1 pm
BS16402	English –IV	11.02.2022	10 am to 1 pm
BS16403	Methods in Physical Education	12.02.2022	10 am to 1 pm
BS16404	Rules of Games and Sports-Part IV (Tennis, Ball Badminton, Football, Gymnastics)	14.02.2022	10 am to 1 pm

Fifth Semester			
Subject Code	Subject	Date	Time
BS16501	Science of Yoga	01.02.2022	10 am to 1 pm
BS16502	Care and Prevention of Sports Trauma	02.02.2022	10 am to 1 pm
BS16503	Kinesiology and Biomechanics	03.02.2022	10 am to 1 pm
BS16504	Educational Psychology and Sports Journalism	04.02.2022	10 am to 1 pm

Sixth Semester			
Subject Code	Subject	Date	Time
BS16601	Exercise Physiology and Nutrition	10.02.2022	2 pm to 5 pm
BS16602	Test, Measurement and Evaluation	11.02.2022	2 pm to 5 pm
BS16603	Scientific Principles of Sports Training	12.02.2022	2 pm to 5 pm
BS16604	Rules of Games and Sports-Part V	14.02.2022	2 pm to 5 pm

M.Phil., Yoga - (2017 Onwards)			
First Semester			
Subject Code	Subject	Date	Time
PY17101	Research Methodology and Applied Statistics in Yoga	01.02.2022	2 pm to 5 pm
PY17102A	Area of Specialization - Applied Yoga	02.02.2022	2 pm to 5 pm
PY17102B	Area of Specialization - Yoga Therapy		

M.Phil., Yoga (2017 Onwards)			
Second Semester			
Subject Code	Subject	Date	Time
PY17201	Area of Dissertation	01.02.2022	10 am to 1 pm
PY17202	Computer Operations, Communications and Educational Skills	02.02.2022	10 am to 1 pm

M.Sc Yoga - (2018 Onwards CBCS Syllabus)			
First Semester			
Subject Code	Subject	Date	Time
PYO18CT101	Fundamentals of yoga	01.02.2022	2 pm to 5 pm
PYO18CT102	Anatomy and physiology	02.02.2022	2 pm to 5 pm
PYO18CT103	Methods of yogic practices	03.02.2022	2 pm to 5 pm
PYO18DE001	Yoga and health	04.02.2022	2 pm to 5 pm
PYO18DE002	Yoga and nutrition		
PYO18DE003	Yoga in education		
PYO18DE004	Yoga and wellness		
PYO18DE005	Methods of naturopathy		
PYO18DE006	Tirumoolars thirumanthiram		
PYO18DE007	Yogic diet		
PYO18DE008	Statistics in yoga		
PYO18AE101	Communication skills	05.02.2022	2 pm to 5 pm

Second Semester			
Subject Code	Subject	Date	Time
PYO18CT201	Yoga and psychology	08.02.2022	10 am to 1 pm
PYO18CT202	Methodology of teaching yoga	09.02.2022	10 am to 1 pm
PYO18CT203	Basic yoga texts	10.02.2022	10 am to 1 pm
PYO18DE001	Yoga and health	11.02.2022	10 am to 1 pm
PYO18DE002	Yoga and nutrition		
PYO18DE003	Yoga in education		
PYO18DE004	Yoga and wellness		
PYO18DE005	Methods of naturopathy		
PYO18DE006	Tirumoolars thirumanthiram		
PYO18DE007	Yogic diet		
PYO18DE008	Statistics in yoga		
PYO18GE201	Generic Elective	12.02.2022	10 am to 1 pm
PYO18SE201	Computer Applications	14.02.2022	10 am to 1 pm

Third Semester			
Subject Code	Subject	Date	Time
PYO18CT301	Yoga therapy	01.02.2022	10 am to 1 pm
PYO18CT302	Hatha yoga texts	02.02.2022	10 am to 1 pm
PYO18CT303	Traditional systems of medicine and therapies	03.02.2022	10 am to 1 pm
PYO18DE001	Yoga and health	04.02.2022	10 am to 1 pm
PYO18DE002	Yoga and nutrition		
PYO18DE003	Yoga in education		
PYO18DE004	Yoga and wellness		
PYO18DE005	Methods of naturopathy		
PYO18DE006	Tirumoolars thirumanthiram		
PYO18DE007	Yogic diet		
PYO18DE008	Statistics in yoga		
PYO18GE301	Generic Elective	05.02.2022	10 am to 1 pm
PYO18AE301	Personality Development	07.02.2022	10 am to 1 pm

Fourth Semester			
Subject Code	Subject	Date	Time

PYO18CT401	Research processes in yoga	08.02.2022	2 pm to 5 pm
PYO18CT402	Yoga sutras	09.02.2022	2 pm to 5 pm
PYO18DE001	Yoga and health	10.02.2022	2 pm to 5 pm
PYO18DE002	Yoga and nutrition		
PYO18DE003	Yoga in education		
PYO18DE004	Yoga and wellness		
PYO18DE005	Methods of naturopathy		
PYO18DE006	Tirumoolars thirumanthiram		
PYO18DE007	Yogic diet		
PYO18DE008	Statistics in yoga		
PYO18SE401	Environmental studies	11.02.2022	2 pm to 5 pm

M.Sc Yoga Therapy - (2018 Onwards CBCS Syllabus)			
First Semester			
Subject Code	Subject	Date	Time
PYT18CT101	Fundamentals of yoga therapy	01.02.2022	2 pm to 5 pm
PYT18CT102	Functional anatomy and physiology	02.02.2022	2 pm to 5 pm
PYT18CT103	Basic principles of yoga therapy	03.02.2022	2 pm to 5 pm
PYT18DE001	Health and yoga therapy	04.02.2022	2 pm to 5 pm
PYT18DE002	Nutrition and yoga therapy		
PYT18DE003	Methods of teaching yoga therapy		
PYT18DE004	Wellness and yoga therapy		
PYT18DE005	Methods of naturopathy		
PYT18DE006	Tirumoolars thirumanthiram in yoga therapy		
PYT18DE007	Applied yoga		
PYT18DE008	Statistics in yoga therapy		
PYT18AE101	Communication skills	05.02.2022	2 pm to 5 pm

Second Semester			
Subject Code	Subject	Date	Time
PYT18CT201	Yoga Therapy and Psychology	08.02.2022	10 am to 1 pm
PYT18CT202	Physical Examination Methods of Yoga Therapy	09.02.2022	10 am to 1 pm
PYT18CT203	Methodology in yoga therapy	10.02.2022	10 am to 1 pm
PYT18DE001	Health and yoga therapy	11.02.2022	10 am to 1 pm
PYT18DE002	Nutrition and yoga therapy		
PYT18DE003	Methods of teaching toga therapy		
PYT18DE004	Wellness and yoga therapy		
PYT18DE005	Methods of naturopathy		
PYT18DE006	Tirumoolars thirumanthiram in yoga therapy		
PYT18DE007	Applied yoga		
PYT18DE008	Statistics in yoga therapy		
PYT18GE201	Generic Elective	12.02.2022	10 am to 1 pm
PYT18SE201	Computer Applications	14.02.2022	10 am to 1 pm

Third Semester			
Subject Code	Subject	Date	Time
PYT18CT301	Texts in Yoga Therapy	01.02.2022	10 am to 1 pm
PYT18CT302	Pathology Ailments and Yoga Therapy	02.02.2022	10 am to 1 pm
PYT18CT303	Traditional Indian System of Medicine and Therapies	03.02.2022	10 am to 1 pm
PYT18DE001	Health and yoga therapy	04.02.2022	10 am to 1 pm
PYT18DE002	Nutrition and yoga therapy		
PYT18DE003	Methods of teaching toga therapy		
PYT18DE004	Wellness and yoga therapy		
PYT18DE005	Methods of naturopathy		
PYT18DE006	Tirumoolars thirumanthiram in yoga therapy		
PYT18DE007	Applied yoga		
PYT18DE008	Statistics in yoga therapy		
PYT18GE301	Generic Elective	05.02.2022	10 am to 1 pm
PYT18AE301	Personality Development	07.02.2022	10 am to 1 pm

Fourth Semester			
Subject Code	Subject	Date	Time

PYT18CT401	Research processes in yoga therapy	08.02.2022	2 pm to 5 pm
PYT18CT402	Yoga therapy in yoga sutras	09.02.2022	2 pm to 5 pm
PYT18DE001	Health and yoga therapy	10.02.2022	2 pm to 5 pm
PYT18DE002	Nutrition and yoga therapy		
PYT18DE003	Methods of teaching yoga therapy		
PYT18DE004	Wellness and yoga therapy		
PYT18DE005	Methods of naturopathy		
PYT18DE006	Tirumoolars thirumanthiram in yoga therapy		
PYT18DE007	Applied yoga		
PYT18DE008	Statistics in yoga therapy		
PYT18SE401	Environmental studies	11.02.2022	2 pm to 5 pm

M.Sc Yoga for Human Excellence - (2018 Onwards CBCS Syllabus)			
First Semester			
Subject Code	Subject	Date	Time
PYH18CT101	Applied yoga	01.02.2022	2 pm to 5 pm
PYH18CT102	Yoga of body and mind	02.02.2022	2 pm to 5 pm
PYH18CT103	Elements of human biology	03.02.2022	2 pm to 5 pm
PYH18DE001	Yogic diet	04.02.2022	2 pm to 5 pm
PYH18DE002	Methods of naturopathy		
PYH18DE003	Tirumoolars thirumanthiram		
PYH18DE004	Concepts of mind		
PYH18DE005	Hatha yoga texts		
PYH18DE006	Yoga in education		
PYH18DE007	World peace plans		
PYH18DE008	Statistics in yoga for human excellence		
PYH18AE101	Communication skills	05.02.2022	2 pm to 5 pm

Second Semester			
Subject Code	Subject	Date	Time
PYH18CT201	Yoga of sublimation and social welfare	08.02.2022	10 am to 1 pm
PYH18CT202	Methodology of teaching sky yoga	09.02.2022	10 am to 1 pm
PYH18CT203	Basic yoga texts	10.02.2022	10 am to 1 pm
PYH18DE001	Yogic diet	11.02.2022	10 am to 1 pm
PYH18DE002	Methods of naturopathy		
PYH18DE003	Tirumoolars thirumanthiram		
PYH18DE004	Conceptsof mind		
PYH18DE005	Hatha yoga texts		
PYH18DE006	Yoga in education		
PYH18DE007	World peace plans		
PYH18DE008	Statistics in yoga for human excellence		
PYH18GE201	Generic Elective	12.02.2022	10 am to 1 pm
PYH18SE201	Computer Applications	14.02.2022	10 am to 1 pm

Third Semester			
Subject Code	Subject	Date	Time
PYH18CT301	Yogic science of energy and consciousness	01.02.2022	10 am to 1 pm
PYH18CT302	World community life	02.02.2022	10 am to 1 pm
PYH18CT303	Indian traditional system of medicine and therapies	03.02.2022	10 am to 1 pm
PYH18DE001	Yogic diet	04.02.2022	10 am to 1 pm
PYH18DE002	Methods of naturopathy		
PYH18DE003	Tirumoolars thirumanthiram		
PYH18DE004	Conceptsof mind		
PYH18DE005	Hatha yoga texts		
PYH18DE006	Yoga in education		
PYH18DE007	World peace plans		
PYH18DE008	Statistics in yoga for human excellence		
PYH18GE301	Generic Elective	05.02.2022	10 am to 1 pm
PYH18AE301	Personality Development	07.02.2022	10 am to 1 pm

Fourth Semester

Subject Code	Subject	Date	Time
PYH18CT401	Research processes in yoga for human excellence	08.02.2022	2 pm to 5 pm
PYH18CT402	Yoga sutras	09.02.2022	2 pm to 5 pm
PYH18DE001	Yogic diet	10.02.2022	2 pm to 5 pm
PYH18DE002	Methods of naturopathy		
PYH18DE003	Tirumoolars thirumanthiram		
PYH18DE004	Conceptsof mind		
PYH18DE005	Hatha yoga texts		
PYH18DE006	Yoga in education		
PYH18DE007	World peace plans		
PYH18DE008	Statistics in yoga for human excellence		
PYH18SE401	Environmental studies	11.02.2022	2 pm to 5 pm

B.Sc Yoga - (2018 Onwards CBCS Syllabus)

First Semester

Subject Code	Subject	Date	Time
UYO18CT101	Tamil - I	08.02.2022	10 am to 1 pm
UYO18CT102	English - I	09.02.2022	10 am to 1 pm
UYO18CT103	Fundamentals of yoga	10.02.2022	10 am to 1 pm
UYO18AE101	Communication skills	11.02.2022	10 am to 1 pm

Second Semester

Subject Code	Subject	Date	Time
UYO18CT201	Tamil - II	08.02.2022	2 pm to 5 pm
UYO18CT202	English - II	09.02.2022	2 pm to 5 pm
UYO18CT203	Anatomy and physiology	10.02.2022	2 pm to 5 pm
UYO18AE201	Environmental studies	11.02.2022	2 pm to 5 pm

Third Semester			
Subject Code	Subject	Date	Time
UYO18CT301	Tamil - III	01.02.2022	2 pm to 5 pm
UYO18CT302	English - III	02.02.2022	2 pm to 5 pm
UYO18CT303	Basics Text In Yoga	03.02.2022	2 pm to 5 pm
UYO18SE301	Computer Applications In Yoga - I	04.02.2022	2 pm to 5 pm

Fourth Semester			
Subject Code	Subject	Date	Time
UYO18CT401	Tamil - IV	12.02.2022	10 am to 1 pm
UYO18CT402	English - IV	14.02.2022	10 am to 1 pm
UYO18CT403	Methodology of teaching yoga	15.02.2022	10 am to 1 pm
UYO18SE401	Computer applications in yoga - II	16.02.2022	10 am to 1 pm

Fifth Semester			
Subject Code	Subject	Date	Time
UYO18CT501	Yoga Therpay	01.02.2022	10 am to 1 pm
UYO18CT502	Yoga and Psychology	02.02.2022	10 am to 1 pm
UYO18DE501	Usage of Yogic Props	03.02.2022&0 4.02.2022&05 .02.2022	10 am to 1 pm
UYO18DE502	Introduction to Indian Systems of Medicine and Therapies		
UYO18DE503	Yoga and Fitness		
UYO18DE504	Schools of Yoga		
UYO18DE505	Hatha Yoga Texts		
UYO18DE506	Diet and Nutrition		
UYO18SE501	Elementary Statistics	07.02.2022	10 am to 1 pm

Sixth Semester			
Subject Code	Subject	Date	Time
UYO18CT601	PATANJALIS YOGA SUTRAS	12.02.2022	2 pm to 5 pm
UYO18DE601	TIRUMOOLARS TIRUMANDIRAM	14.02.2022&1 5.02.2022&16 .02.2022	2 pm to 5 pm
UYO18DE602	YOGA FOR CHALLENGED PEOPLE		
UYO18DE603	YOGA AND WELLNESS		
UYO18DE604	YOGIC FOOD		
UYO18DE605	METHODS OF NATUROPATHY		
UYO18DE606	FUNDAMENTALS OF RESEARCH		
UYO18SE601	BASIC BIOMECHANICS	17.02.2022	2 pm to 5 pm

B.Sc Yoga for Human Excellence - (2018 Onwards CBCS Syllabus)			
First Semester			
Subject Code	Subject	Date	Time
UYH18CT101	Tamil - I	08.02.2022	10 am to 1 pm
UYH18CT102	English - I	09.02.2022	10 am to 1 pm
UYH18CT103	Yoga of body and mind	10.02.2022	10 am to 1 pm
UYH18AE101	Communication skills	11.02.2022	10 am to 1 pm

Second Semester			
Subject Code	Subject	Date	Time
UYH18CT201	Tamil - II	08.02.2022	2 pm to 5 pm
UYH18CT202	English - II	09.02.2022	2 pm to 5 pm
UYH18CT203	Yoga of sublimation	10.02.2022	2 pm to 5 pm
UYH18AE201	Environmental studies	11.02.2022	2 pm to 5 pm

Third Semester			
Subject Code	Subject	Date	Time
UYH18CT301	Tamil - III	01.02.2022	2 pm to 5 pm
UYH18CT302	English - III	02.02.2022	2 pm to 5 pm
UYH18CT303	Transformation Of Universe	03.02.2022	2 pm to 5 pm
UYH18SE301	Computer Applications In Sky Yoga - I	04.02.2022	2 pm to 5 pm

Fourth Semester			
Subject Code	Subject	Date	Time
UYH18CT401	Tamil - IV	12.02.2022	10 am to 1 pm
UYH18CT402	English - IV	14.02.2022	10 am to 1 pm
UYH18CT403	Genetic centre and the principle of cause and effect	15.02.2022	10 am to 1 pm
UYH18SE401	Computer applications in sky yoga - II	16.02.2022	10 am to 1 pm

Fifth Semester			
Subject Code	Subject	Date	Time
UYH18CT501	Vethathirian Principles of Life	01.02.2022	10 am to 1 pm
UYH18CT502	Applied Yoga	02.02.2022	10 am to 1 pm
UYH18DE501	Fundamentals of Yoga	03.02.2022&04.02.2022&05.02.2022	10 am to 1 pm
UYH18DE502	Introduction to Indian Systems of Medicine and Therapies		
UYH18DE503	Transformation of Living Beings		
UYH18DE504	Universal Magnetism and Bio-Magnetism		
UYH18DE505	Basic Yoga Texts		
UYH18DE506	Prosperity of India		
UYH18SE501	Elementary Statistics	07.02.2022	10 am to 1 pm

Sixth Semester			
Subject Code	Subject	Date	Time
UYH18CT601	YOGA SUTRAS	12.02.2022	2 pm to 5 pm
UYH18DE601	HATHA YOGA TEXTS	14.02.2022&15.02.2022&16.02.2022	2 pm to 5 pm
UYH18DE602	WISDOM AND LIFE		
UYH18DE603	WORLD PEACE PLANS		
UYH18DE604	GOD REALIZATION AND MORALITY		
UYH18DE605	METHODS OF NATUROPATHY		
UYH18DE606	FUNDAMENTALS OF RESEARCH		
UYH18SE601	BASIC BIOMECHANICS	17.02.2022	2 pm to 5 pm

P.G Diploma in Yoga (2017 Onwards)			
First Semester			
Subject Code	Subject	Date	Time
GY17101	Fundamentals of Yoga Education	01.02.2022	10 am to 1 pm
GY17102	Applied Anatomy and Physiology	02.02.2022	10 am to 1 pm
GY17103	Methods of Yogic Practices - I	03.02.2022	10 am to 1 pm
GY17104A	Health, Fitness, Wellness, Nutrition and Yogic Diet	04.02.2022	10 am to 1 pm

Second Semester			
Subject Code	Subject	Date	Time
GY17201	Methodology of Teaching Yoga	01.02.2022	2 pm to 5 pm
GY17202	Yoga and Psychology	02.02.2022	2 pm to 5 pm
GY17203	Methods of Yogic Practices – II	03.02.2022	2 pm to 5 pm
GY17204A	Yoga Therapy	04.02.2022	2 pm to 5 pm
GY17204B	Environmental Studies		

Diploma in Yoga (2017 Onwards)			
First Semester			
Subject Code	Subject	Date	Time
DY17101	Applied Yoga	01.02.2022	10 am to 1 pm
DY17102	Yoga Therapy	02.02.2022	10 am to 1 pm
DY17103	Methods of Yogic Practices	03.02.2022	10 am to 1 pm

Certificate in Yoga (2017 Onwards)			
First Semester			
Subject Code	Subject	Date	Time
CY17101	Applied Yoga	01.02.2022	10 am to 1 pm
CY17102	Methods of Yogic Practices	02.02.2022	10 am to 1 pm

P.G Diploma Yoga for Human Excellence - (2018 Onwards CBCS Syllabus)			
First Semester			
Subject Code	Subject	Date	Time
DYH18CT101	Applied yoga	01.02.2022	10 am to 1 pm
DYH18CT102	Yoga of body and mind	02.02.2022	10 am to 1 pm
DYH18CT103	Yoga of sublimation and social welfare	03.02.2022	10 am to 1 pm

Second Semester			
Subject Code	Subject	Date	Time
DYH18CT201	Yogic science of energy and consciousness	01.02.2022	2 pm to 5 pm
DYH18CT202	Traditional indian systems of medicine and therapies	02.02.2022	2 pm to 5 pm

Diploma Yoga for Human Excellence - (2018 Onwards CBCS Syllabus)			
First Semester			
Subject Code	Subject	Date	Time
DYH18CT101	Yoga of body and mind	01.02.2022	10 am to 1 pm
DYH18CT102	Yoga of sublimation and social welfare	02.02.2022	10 am to 1 pm
DYH18CT103	Yogic science of energy and consciousness	03.02.2022	10 am to 1 pm

Certificate Yoga for Human Excellence - (2018 Onwards CBCS Syllabus)			
First Semester			
Subject Code	Subject	Date	Time
CYH18CT101	Yogic life (physical body, life - force and mind)	01.02.2022	10 am to 1 pm
CYH18CT102	Sublimation and social welfare	02.02.2022	10 am to 1 pm

M.Phil., Exercise Physiology and Nutrition - (2010 Onwards)			
First Semester			
Subject Code	Subject	Date	Time
13101	Research Methods and Statistics in Exercise Physiology and Nutrition	01.02.2022	2 pm to 5 pm
13102	Performance based Exercise Physiology and Nutrition	02.02.2022	2 pm to 5 pm

Second Semester			
Subject Code	Subject	Date	Time
13201A	Area of Dissertation - Experimental Study	01.02.2022	10 am to 1 pm
13201B	Area of Dissertation - Comporative Study		
13201C	Area of Dissertation - Analytical Study		
13201D	Area of Dissertation - Survey Study		
13201E	Area of Dissertation - Survey Study		
13202	Computer Operations, Communication Skills and Educational Skills	02.02.2022	10 am to 1 pm

M.Sc Exercise Physiology and Nutrition - (2018 Onwards CBCS Syllabus)			
First Semester			
Subject Code	Subject	Date	Time
PEN18CT101	Bio energetic and muscular physiology	01.02.2022	2 pm to 5 pm
PEN18CT102	Cardio vascular and Respiratory Physiology	02.02.2022	2 pm to 5 pm
PEN18CT103	Advanced Human Nutrition	03.02.2022	2 pm to 5 pm
PEN18DE001	Health fitness and performance assessment	04.02.2022	2 pm to 5 pm
PEN18DE002	Muscle and exercise metabolism		
PEN18DE003	Exercise Biochemistry		
PEN18DE004	Renal Physiology		

Second Semester			
Subject Code	Subject	Date	Time
PEN18CT201	Neuro Physiology	05.02.2022	10 am to 1 pm
PEN18CT202	Training and competition Nutrition	07.02.2022	10 am to 1 pm
PEN18CT203	Statistics in Exercise physiology and Nutrition	08.02.2022	10 am to 1 pm
PEN18DE005	Supplements and ergogenic aids for performance enhancement	09.02.2022	10 am to 1 pm
PEN18DE006	Nutritional planning for sports and exercise		
PEN18DE007	Exercise assessment in special population		
PEN18DE008	Exercise and sports for women		

M.Sc Exercise Physiology and Nutrition - (2018 Onwards CBCS Syllabus)			
Third Semester			
Subject Code	Subject	Date	Time
PEN18CT301	Environmental physiology	01.02.2022	10 am to 1 pm
PEN18CT302	Research method in exercise physiology and nutrition	02.02.2022	10 am to 1 pm
PEN18DE001	Health fitness and performance assessment	03.02.2022	10 am to 1 pm
PEN18DE002	Muscle and exercise metabolism		
PEN18DE003	Exercise Biochemistry		
PEN18DE004	Renal Physiology		
PEN18GE301	(GE)	04.02.2022	10 am to 1 pm

Fourth Semester			
Subject Code	Subject	Date	Time
PEN18CT401	Exercise and diet prescription for special population	05.02.2022	2 pm to 5 pm
PEN18CT402	Endocrinology	07.02.2022	2 pm to 5 pm
PEN18DE005	Supplements and ergogenic aids for performance enhancement	08.02.2022	2 pm to 5 pm
PEN18DE006	Nutritional planning for sports and exercise		
PEN18DE007	Exercise assessment in special population		
PEN18DE008	Exercise and sports for women		
PEN18GE401	(Generic Elective)	09.02.2022	2 pm to 5 pm

B.Sc Exercise Physiology and Nutrition - (2018 Onwards CBCS Syllabus)			
First Semester			
Subject Code	Subject	Date	Time
UEN18CT104	Tamil I / Hindi I / Special English I /Basic Tamil I	08.02.2022	10 am to 1 pm
UEN18CT105	English I	09.02.2022	10 am to 1 pm
UEN18CT101	Basic anatomy and physiology – I	10.02.2022	10 am to 1 pm
UEN18CT102	Fundamentals in Food Science	11.02.2022	10 am to 1 pm
UEN18CT103	Health Education	12.02.2022	10 am to 1 pm

Second Semester			
Subject Code	Subject	Date	Time
UEN18AE201	Environmental studies (Foundation Course)	07.02.2022	2 pm to 5 pm
UEN18CT204	Tamil II / Hindi II / Special English II/Basic Tamil	08.02.2022	2 pm to 5 pm
UEN18CT205	English II	09.02.2022	2 pm to 5 pm
UEN18CT201	Basic anatomy and physiology – II	10.02.2022	2 pm to 5 pm
UEN18CT202	Introduction to Human Nutrition	11.02.2022	2 pm to 5 pm
UEN18CT203	Clinical exercise testing procedures	12.02.2022	2 pm to 5 pm

Third Semester			
Subject Code	Subject	Date	Time
UEN18CT304	Tamil III / Hindi III / Special English III/Special Tamil	01.02.2022	2 pm to 5 pm
UEN18CT305	English II	02.02.2022	2 pm to 5 pm
UEN18CT301	Kinanthropometry	03.02.2022	2 pm to 5 pm
UEN18CT302	Sports Nutrition	04.02.2022	2 pm to 5 pm
UEN18CT303	Training and Performance	05.02.2022	2 pm to 5 pm

Fourth Semester			
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Subject Code	Subject	Date	Time
UEN18CT404	Tamil IV/ Hindi IV/ Special English/SpecialTamil	14.02.2022	10 am to 1 pm
UEN18CT405	English IV	15.02.2022	10 am to 1 pm
UEN18CT401	Exercise for special population	16.02.2022	10 am to 1 pm
UEN18CT402	ClinicalDietics	17.02.2022	10 am to 1 pm
UEN18CT403	Effect of exercise on various system	18.02.2022	10 am to 1 pm

Fifth Semester			
Subject Code	Subject	Date	Time
UEN18DE501	Kinesiology	01.02.2022&02.02.2022&03.02.2022	10 am to 1 pm
UEN18DE502	Strength and Conditioning		
UEN18DE503	Nutritional Ergogenic Aids and Exercise Performance		
UEN18DE504	Weight Management		
UEN18DE505	Geratric Sports and Nutrition		
UEN18DE506	Floor and Step Aerobics		
UEN18SE501	Elementary Statistics in Exercise Physiology and Nutrition	04.02.2022	10 am to 1 pm

Sixth Semester			
Subject Code	Subject	Date	Time
UEN18DE601	First Aid and Sports injury and Physiotherapy	14.02.2022&15.02.2022&16.02.2022	2 pm to 5 pm
UEN18DE602	Occupational and Functional Assessment and Musculo-Skeletal Exercise Prescription		
UEN18DE603	Women and sports		
UEN18DE604	Nutrition and immune function in athletes		
UEN18DE605	Fitness and wellness		
UEN18DE606	Stability and Core training		
UEN18SE601	Computer application in Exercise physiology and Nutrition	17.02.2022	2 pm to 5 pm

M.Phil., Sports Biomechanics and Kinesiology - (2010 Onwards)			
First Semester			
Subject Code	Subject	Date	Time
21101	Research Methodology and Statistics in Sports Biomechanics and Kinesiology	01.02.2022	2 pm to 5 pm
21102	Area of Specialization - Sports Biomechanics	02.02.2022	2 pm to 5 pm

Second Semester			
Subject Code	Subject	Date	Time
21201	Area of Dissertation	01.02.2022	10 am to 1 pm
21202	Computer Operations Communication & Educational Skills	02.02.2022	10 am to 1 pm

M.Sc Sports Biomrechanics and Kinesiology - (2018 Onwards CBCS Syllabus)			
First Semester			
Subject Code	Subject	Date	Time
PBM18CT101	Functional anatomy and physiology	01.02.2022	2 pm to 5 pm
PBM18CT102	Basic biomechanics	02.02.2022	2 pm to 5 pm
PBM18CT103	Dynamics of motor skill acquisition	03.02.2022	2 pm to 5 pm
PBM18DE001	Mathematics in biomechanics	04.02.2022	2 pm to 5 pm
PBM18DE002	Foundations of fitness and exercise prescription		
PBM18DE003	Sports Technology		
PBM18DE004	MATLAB		
PBM18AE101	Communicative skills	05.02.2022	2 pm to 5 pm

Second Semester			
Subject Code	Subject	Date	Time
PBM18CT201	Kinesiology	08.02.2022	10 am to 1 pm
PBM18CT202	Biomechanical instrumentation and measurement	09.02.2022	10 am to 1 pm
PBM18CT203	Palpation technique and kinanthropometry	10.02.2022	10 am to 1 pm
PBM18DE005	Exercise and sports physiology	11.02.2022	10 am to 1 pm
PBM18DE006	Psychology of sports performance		
PBM18DE007	Human posture and corrective exercise		
PBM18DE008	Modelling and simulation		
PBM18SE201	Fundamentals of information technology	12.02.2022	10 am to 1 pm

Third Semester			
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Subject Code	Subject	Date	Time
PBM18CT301	Biomechanics of Track and Field Performance	01.02.2022	10 am to 1 pm
PBM18CT302	Biomechanics of Sports and Games Skills-I	02.02.2022	10 am to 1 pm
PBM18CT303	Research Methods and Statistical Process in Sports Biomechanics	03.02.2022	10 am to 1 pm
PBM18DE001	Mathematics in biomechanics	04.02.2022	10 am to 1 pm
PBM18DE002	Foundations of fitness and exercise prescription		
PBM18DE003	Sports Technology		
PBM18DE004	MATLAB		
PBM18GE301	Generic Elective	05.02.2022	10 am to 1 pm
PBM18AE301	Personality Development	07.02.2022	10 am to 1 pm

Fourth Semester			
Subject Code	Subject	Date	Time
PBM18CT401	Mechanics of sports and games skills - II	08.02.2022	2 pm to 5 pm
PBM18CT402	Human gait	09.02.2022	2 pm to 5 pm
PBM18CT403	Sports performance analysis	10.02.2022	2 pm to 5 pm
PBM18DE005	Exercise and sports physiology	11.02.2022	2 pm to 5 pm
PBM18DE006	Psychology of sports performance		
PBM18DE007	Human posture and corrective exercise		
PBM18DE008	Modelling and simulation		
PBM18GE401	(Generic Elective)	12.02.2022	2 pm to 5 pm

B.Sc Sports Biomechanics and Kinesiology - (2019 Onwards CBCS Syllabus)			
First Semester			
Subject Code	Subject	Date	Time
UBM19CT101	Tamil-I / Hindi-I	07.02.2022	10 am to 1 pm
UBM19CT102	English I	08.02.2022	10 am to 1 pm
UBM19CT103	Introduction to Human Anatomy and Physiology	09.02.2022	10 am to 1 pm
UBM19CT104	Basic Biomechanics	10.02.2022	10 am to 1 pm
UBM19CT105	Mathematics in Biomechanics	11.02.2022	10 am to 1 pm

Second Semester			
Subject Code	Subject	Date	Time
UBM19CT201	Tamil-II / Hindi-II	07.02.2022	2 pm to 5 pm
UBM19CT202	English-II	08.02.2022	2 pm to 5 pm
UBM19CT203	Applied Anatomy and Physiology	09.02.2022	2 pm to 5 pm
UBM19CT204	Introduction to Kinesiology	10.02.2022	2 pm to 5 pm
UBM19CT205	Physiology of Exercise	11.02.2022	2 pm to 5 pm
UBM19AE201	Environmental studies (Foundation Course)	12.02.2022	2 pm to 5 pm

Third Semester			
Subject Code	Subject	Date	Time
UBM19CT301	Tamil-III / Hindi-III	01.02.2022	2 pm to 5 pm
UBM19CT302	English-III	02.02.2022	2 pm to 5 pm
UBM19CT303	Applied Biomechanics	03.02.2022	2 pm to 5 pm
UBM19CT304	Motor Learning	04.02.2022	2 pm to 5 pm
UBM19CT305	Kinanthropometry	05.02.2022	2 pm to 5 pm

Fourth Semester			
Subject Code	Subject	Date	Time
UBM19CT401	Tamil-IV / Hindi-IV	14.02.2022	10 am to 1 pm
UBM19CT402	English-IV	15.02.2022	10 am to 1 pm
UBM19CT403	Introduction to Human Gait and Posture	16.02.2022	10 am to 1 pm
UBM19CT404	Biomechanics of Track events	17.02.2022	10 am to 1 pm
UBM19CT405	Biomechanics of Field Events	18.02.2022	10 am to 1 pm

Fifth Semester			
Subject Code	Subject	Date	Time
UBM19CT501	Biomechanics of Sports and Games - I	01.02.2022	10 am to 1 pm
UBM19CT502	Biomechanics of Sports and Games - II		
UBM19CT503	Fundamental of Research and Statistics in Biomechanics and Kinesiology	02.02.2022	10 am to 1 pm
UBM19CT504	Software Application in Biomechanics and Kinesiology		
UBM19CT505	Sports Technology	03.02.2022	10 am to 1 pm
UBM19SE501	Computer Application	04.02.2022	10 am to 1 pm

M.Phil. Sports Psychology (2017 onwards)			
First Semester			
Subject Code	Subject	Date	Time
MSP17101	Research Methodology and Statistics	01.02.2022	2 pm to 5 pm
MSP17102	Area of Specialization - Applied Sports Psychology	02.02.2022	2 pm to 5 pm

Second Semester			
Subject Code	Subject	Date	Time
MSP17201	Area of Dissertation	01.02.2022	10 am to 1 pm
MSP17202	Computer Operations Communication & Educational skills	02.02.2022	10 am to 1 pm

M.Phil., Sociology (2017 Onwards)			
First Semester			
Subject Code	Subject	Date	Time
MPS17101	Research Methodology and Statistics	01.02.2022	2 pm to 5 pm
MPS17102	Sociological Theories	02.02.2022	2 pm to 5 pm
Second Semester			
Subject Code	Subject	Date	Time
MPS17201	Area of Dissertation	01.02.2022	10 am to 1 pm
MPS17202	Computer Operations Communication & Educational Skills	02.02.2022	10 am to 1 pm

M.Sc Sports Psychology and Sociology- (2018 Onwards CBCS Syllabus)			
First Semester			
Subject Code	Subject	Date	Time
PPS18CT101	Advanced general psychology	01.02.2022	2 pm to 5 pm
PPS18CT102	Introduction to sports sociology	02.02.2022	2 pm to 5 pm
PPS18CT103	Research methodology	03.02.2022	2 pm to 5 pm
PPS18DE001	Methods and measurement in psychology	04.02.2022	2 pm to 5 pm
PPS18DE002	Social problem and issues		
PPS18DE003	Sociology of health		
PPS18DE004	Psychometrics		
PPS18DE005	Motor learning and psychology of coaching		
PPS18DE006	Team cohesion and group dynamics		
PPS18DE007	Environmental sociology		
PPS18DE008	Positive psychology		

Second Semester			
Subject Code	Subject	Date	Time
PPS18CT201	Psychological aspects of sports performance	07.02.2022	10 am to 1 pm
PPS18CT202	Indian social system and sports	08.02.2022	10 am to 1 pm
PPS18CT203	Social and behavioral statistics	09.02.2022	10 am to 1 pm
PPS18DE001	Methods and measurement in psychology	10.02.2022	10 am to 1 pm
PPS18DE002	Social problem and issues		
PPS18DE003	Sociology of health		
PPS18DE004	Psychometrics		
PPS18DE005	Motor learning and psychology of coaching		
PPS18DE006	Team cohesion and group dynamics		
PPS18DE007	Environmental sociology		
PPS18DE008	Positive psychology		

Third Semester			
Subject Code	Subject	Date	Time
PPS18CT301	Fundamentals of Counselling Skills	01.02.2022	10 am to 1 pm
PPS18CT302	Life Span Development	02.02.2022	10 am to 1 pm
PPS18CT303	Sociological Theories	03.02.2022	10 am to 1 pm
PPS18DE001	Methods and measurement in psychology	04.02.2022	10 am to 1 pm
PPS18DE002	Social problem and issues		
PPS18DE003	Sociology of health		
PPS18DE004	Psychometrics		
PPS18DE005	Motor learning and psychology of coaching		
PPS18DE006	Team cohesion and group dynamics		
PPS18DE007	Environmental sociology		
PPS18DE008	Positive psychology		
PPS18GE301	Generic Elective	05.02.2022	10 am to 1 pm

Fourth Semester			
Subject Code	Subject	Date	Time
PPS18CT401	COUNSELING AND BEHAVIOR MODIFICATION	07.02.2022	2 pm to 5 pm
PPS18CT402	SCIENTIFIC DIMENSIONS OF SPORTS PSYCHOLOGY	08.02.2022	2 pm to 5 pm
PPS18CT403	INTERVENTION STRATEGIES AND SPORTS BEHAVIOR	09.02.2022	2 pm to 5 pm
PPS18DE001	METHODS AND MEASUREMENT IN PSYCHOLOGY	10.02.2022	2 pm to 5 pm
PPS18DE002	SOCIAL PROBLEM AND ISSUES		
PPS18DE003	SOCIOLOGY OF HEALTH		
PPS18DE004	PSYCHOMETRICS		
PPS18DE005	MOTOR LEARNING AND PSYCHOLOGY OF COACHING		
PPS18DE006	TEAM COHESION AND GROUP DYNAMICS		
PPS18DE007	ENVIRONMENTAL SOCIOLOGY		
PPS18DE008	POSITIVE PSYCHOLOGY		
PPS18GE401	GENERIC ELECTIVE	11.02.2022	2 pm to 5 pm

M.Sc Sports Psychology - (2018 Onwards CBCS Syllabus)			
First Semester			
Subject Code	Subject	Date	Time
PSP18CT101	Advanced general psychology	01.02.2022	2 pm to 5 pm
PSP18CT102	Principles of sports psychology	02.02.2022	2 pm to 5 pm
PSP18CT103	Research methodology	03.02.2022	2 pm to 5 pm
PSP18DE001	Sports in indian society	04.02.2022	2 pm to 5 pm
PSP18DE002	Emotional intelligence		
PSP18DE003	Introduction to sports sociology		
PSP18DE004	Psychometrics		
PSP18DE005	Motor learning and psychology of coaching		
PSP18DE006	Team cohesion and group dynamics		
PSP18DE007	Coping with stress		
PSP18DE008	Positive psychology		

Second Semester			
Subject Code	Subject	Date	Time
PSP18CT201	Psychological aspect of sports performance	07.02.2022	10 am to 1 pm
PSP18CT202	Biological basis of behavior	08.02.2022	10 am to 1 pm
PSP18CT203	Behavioral statistics	09.02.2022	10 am to 1 pm
PSP18DE001	Sports in indian society	10.02.2022	10 am to 1 pm
PSP18DE002	Emotional intelligence		
PSP18DE003	Introduction to sports sociology		
PSP18DE004	Psychometrics		
PSP18DE005	Motor learning and psychology of coaching		
PSP18DE006	Team cohesion and group dynamics		
PSP18DE007	Coping with stress		
PSP18DE008	Positive psychology		

Third Semester			
PSP18CT301	Fundamentals of Counseling Skills	01.02.2022	10 am to 1 pm
PSP18CT302	psychology of Athletic Injury and Rehabilitation	02.02.2022	10 am to 1 pm
PSP18CT303	Psychological Preparation and Mental Skills Training	03.02.2022	10 am to 1 pm
PSP18DE001	Sports in indian society	04.02.2022	10 am to 1 pm
PSP18DE002	Emotional intelligence		
PSP18DE003	Introduction to sports sociology		
PSP18DE004	Psychometrics		
PSP18DE005	Motor learning and psychology of coaching		
PSP18DE006	Team cohesion and group dynamics		
PSP18DE007	Coping with stress		
PSP18DE008	Positive psychology		
PSP18GE301	Generic Elective	05.02.2022	10 am to 1 pm

Fourth Semester			
Subject Code	Subject	Date	Time
PSP18CT401	Counseling and behavior modification techniques	07.02.2022	2 pm to 5 pm
PSP18CT402	Sports for the challenged	08.02.2022	2 pm to 5 pm
PSP18CT403	Athletic psychopathology	09.02.2022	2 pm to 5 pm
PSP18DE001	Sports in indian society	10.02.2022	2 pm to 5 pm
PSP18DE002	Emotional intelligence		
PSP18DE003	Introduction to sports sociology		
PSP18DE004	Psychometrics		
PSP18DE005	Motor learning and psychology of coaching		
PSP18DE006	Team cohesion and group dynamics		
PSP18DE007	Coping with stress		
PSP18DE008	Positive psychology		
PSP18GE401	Generic elective	11.02.2022	2 pm to 5 pm

M.Sc Psychology - (2018 Onwards CBCS Syllabus)			
First Semester			
Subject Code	Subject	Date	Time
PPY18CT101	Advanced General Psychology	01.02.2022	2 pm to 5 pm
PPY18CT102	Biological Basis of Behaviour	02.02.2022	2 pm to 5 pm
PPY18CT103	Research Methodology	03.02.2022	2 pm to 5 pm
PPY18DE001	Managerial Psychology	04.02.2022	2 pm to 5 pm
PPY18DE002	Social Problem and Issues		
PPY18DE003	Classroom Psychology		
PPY18DE004	Psychometrics		
PPY18DE005	Marketing and Consumer Behaviour		
PPY18DE006	Psychology of Interpersonal Relationship		
PPY18DE007	Coping With Stress		
PPY18DE008	Positive Psychology		

Second Semester			
Subject Code	Subject	Date	Time
PPY18CT201	Life Span Development	07.02.2022	10 am to 1 pm
PPY18CT202	Psychopathology - I	08.02.2022	10 am to 1 pm
PPY18CT203	Behavioural Statistics	09.02.2022	10 am to 1 pm
PPY18DE001	Managerial Psychology	10.02.2022	10 am to 1 pm
PPY18DE002	Social Problem and Issues		
PPY18DE003	Classroom Psychology		
PPY18DE004	Psychometrics		
PPY18DE005	Marketing and Consumer Behaviour		
PPY18DE006	Psychology of Interpersonal Relationship		
PPY18DE007	Coping With Stress		
PPY18DE008	Positive Psychology		

Third Semester			
Subject Code	Subject	Date	Time
PPY18CT301	Fundamentals Of Counseling Skills	01.02.2022	10 am to 1 pm
PPY18CT302	Advanced Social Psychology	02.02.2022	10 am to 1 pm
PPY18CT303	Psychopathology - Ii	03.02.2022	10 am to 1 pm
PPY18DE001	Managerial Psychology	04.02.2022	10 am to 1 pm
PPY18DE002	Social Problem and Issues		
PPY18DE003	Classroom Psychology		
PPY18DE004	Psychometrics		
PPY18DE005	Marketing and Consumer Behaviour		
PPY18DE006	Psychology of Interpersonal Relationship		
PPY18DE007	Coping With Stress		
PPY18DE008	Positive Psychology		
PPY18GE301	Generic Elective	05.02.2022	10 am to 1 pm

Tamil Nadu Physical Education and Sports University			
M.Phil Sprots Management			
First Semester			
Subject Code	Subject	Date	Time
MPM101	Business Research Methods	01.02.2022	2 pm to 5 pm
MPM102	Functional Area of Management	02.02.2022	2 pm to 5 pm

Second Semester			
Subject Code	Subject	Date	Time
MPM202	Sports Management	01.02.2022	10 am to 1 pm
MPM201	Computer Operations, Communication & Educational skills	02.02.2022	10 am to 1 pm

M.B.A Sports Management - (2018 Onwards CBCS Syllabus)			
First Semester			
Subject Code	Subject	Date	Time
PSM18CT101	Principles Of Management	01.02.2022	2 pm to 5 pm
PSM18CT102	Organizational Behaviour	02.02.2022	2 pm to 5 pm
PSM18CT103	Business Laws	03.02.2022	2 pm to 5 pm
PSM18CT104	Managerial Economics	04.02.2022	2 pm to 5 pm
PSM18CT105	Management Accounting	05.02.2022	2 pm to 5 pm
PSM18CT106	Quantitative Methods In Business	07.02.2022	2 pm to 5 pm
PSM18AE101	Business Communication	08.02.2022	2 pm to 5 pm

Second Semester			
Subject Code	Subject	Date	Time
PSM18CT201	Operations Management	10.02.2022	10 am to 1 pm
PSM18CT202	Marketing Management	11.02.2022	10 am to 1 pm
PSM18CT203	Financial Management	12.02.2022	10 am to 1 pm
PSM18CT204	Human Resource Management	14.02.2022	10 am to 1 pm
PSM18CT205	Operations Research	15.02.2022	10 am to 1 pm
PSM18CT206	Management Information System	16.02.2022	10 am to 1 pm
PSM18SE201	E-Commerce	17.02.2022	10 am to 1 pm

Third Semester			
Subject Code	Subject	Date	Time
PSM18CT301	Total Quality Management	01.02.2022	10 am to 1 pm
PSM18CT302	Strategic Management	02.02.2022	10 am to 1 pm
PSM18CT303	Research Methods In Business	03.02.2022	10 am to 1 pm
PSM18DE301	Elective - 1	04.02.2022	10 am to 1 pm
PSM18DE302	Elective - 2	05.02.2022	10 am to 1 pm
PSM18GE301	Generic Elective - I	07.02.2022	10 am to 1 pm
PSM18GE302	Generic Elective - II	08.02.2022	10 am to 1 pm
PSM18AE301	Professional Ethics	09.02.2022	10 am to 1 pm

Fourth Semester			
Subject Code	Subject	Date	Time
PSM18DE001	Sports Organization And Administration	10.02.2022&1 1.02.2022&12 .02.2022	2 pm to 5 pm
PSM18DE002	Sports Management Principles And Practices		
PSM18DE003	Sports Marketing		
PSM18DE004	Sports Facility Management		
PSM18DE005	Sports Psychology and Sociology		
PSM18DE006	Sports Tourism		
PSM18DE007	Advertising In Sports		
PSM18DE008	Sports Media and Event Management		
PSM18GE401	Generic Elective - 3	14.02.2022	2 pm to 5 pm
PSM18GE402	Generic Elective - 4	15.02.2022	2 pm to 5 pm

BBA Sports Management - (2018 Onwards CBCS Syllabus)			
First Semester			
Subject Code	Subject	Date	Time
USM18CT101	Tamil - I / hindi - I	05.02.2022	10 am to 1 pm
USM18CT102	English - I	07.02.2022	10 am to 1 pm
USM18CT103	Principles of management	08.02.2022	10 am to 1 pm
USM18CT104	Financial and management accounting	09.02.2022	10 am to 1 pm
USM18CT105	Business economics	10.02.2022	10 am to 1 pm

Second Semester			
Subject Code	Subject	Date	Time
USM18CT201	Tamil - II / hindi - II	05.02.2022	2 pm to 5 pm
USM18CT202	English - II	07.02.2022	2 pm to 5 pm
USM18CT203	Organizational behaviour	08.02.2022	2 pm to 5 pm
USM18CT204	Business environment	09.02.2022	2 pm to 5 pm
USM18CT205	Business mathematics and statistics	10.02.2022	2 pm to 5 pm

Third Semester			
Subject Code	Subject	Date	Time
USM18CT301	Legal System in Business	01.02.2022	2 pm to 5 pm
USM18CT302	Business Communication	02.02.2022	2 pm to 5 pm
USM18CT303	Operation Research	03.02.2022	2 pm to 5 pm
USM18CT304	Management Information System	04.02.2022	2 pm to 5 pm

Fourth Semester			
Subject Code	Subject	Date	Time
USM18CT401	Production and operations management	11.02.2022	10 am to 1 pm
USM18CT402	Marketing management	12.02.2022	10 am to 1 pm
USM18CT403	Financial management	14.02.2022	10 am to 1 pm
USM18CT404	Human resource management	15.02.2022	10 am to 1 pm

Fifth Semester			
Subject Code	Subject	Date	Time
USM18CT501	Research Methods in Business	01.02.2022	10 am to 1 pm
USM18CT502	Total Quality Management	02.02.2022	10 am to 1 pm
USM18DE501	Sports Organization and Administration	03.02.2022	10 am to 1 pm
USM18DE502	Fundamentals of Sports Management	04.02.2022	10 am to 1 pm

Sixth Semester			
Subject Code	Subject	Date	Time
USM18CT601	ENTREPRENEURIAL DEVELOPMENT	11.02.2022	2 pm to 5 pm
USM18CT602	RETAIL MANAGEMENT	12.02.2022	2 pm to 5 pm
USM18DE601	SPORTS MARKETING	14.02.2022	2 pm to 5 pm
USM18DE602	SPORTS FACILITY MANAGEMENT	15.02.2022	2 pm to 5 pm

M.Tech Sports Technology - (2018 Onwards CBCS Syllabus)			
First Semester			
Subject Code	Subject	Date	Time
PST18CT101	Aerodynamics in sports	01.02.2022	2 pm to 5 pm
PST18CT102	Sports Materials Engineering and Design	02.02.2022	2 pm to 5 pm
PST18DE001	Sports Engineering and Technology	03.02.2022&0 4.02.2022	2 pm to 5 pm
PST18DE002	Robotics and artificial intelligence		
PST18DE003	Physiology of Sports and Exercise		
PST18DE004	Principles and design of sports turf		
PST18DE005	Race engine design for optimal performance		
PST18DE006	Sports Equipment Materials		
PST18DE007	Composites and Nano Materials in Sports Application		
PST18DE008	Software in Sports		
PST18DE009	Sports Psychology: Issues and Applications		
PST18DE010	Surveying And Construction Materials		
PST18DE011	Applied Biomaterials in Sports Technology		
PST18DE012	Commercialization of Sports		
PST18DE013	Sports Economics		
PST18DE014	Motor Sports Applications		
PST18DE015	Sports equipment materials		
PST18DE016	Applications of Statistics in Sports		
PST18DE017	Sports Materials Engineering		
PST18DE018	Race Car Vehicle Dynamics		
PST18DE019	Soil And Ground Improvement Techniques		
PST18AE101	Research Methodology and IPR	05.02.2022	2 pm to 5 pm

Second Semester			
Subject Code	Subject	Date	Time
PST18CT201	Sports Biomechanics	07.02.2022	10 am to 1 pm
PST18CT202	Measurement and Instrumentation in sports	08.02.2022	10 am to 1 pm
PST18DE001	Sports Engineering and Technology		
PST18DE002	Robotics and artificial intelligence		
PST18DE003	Physiology of Sports and Exercise		
PST18DE004	Principles and design of sports turf		
PST18DE005	Race engine design for optimal performance		
PST18DE006	Sports Equipment Materials		

PST18DE007	Composites and Nano Materials in Sports Application	09.02.2022&1 0.02.2022	10 am to 1 pm
PST18DE008	Software in Sports		
PST18DE009	Sports Psychology: Issues and Applications		
PST18DE010	Surveying And Construction Materials		
PST18DE011	Applied Biomaterials in Sports Technology		
PST18DE012	Commercialization of Sports		
PST18DE013	Sports Economics		
PST18DE014	Motor Sports Applications		
PST18DE015	Sports equipment materials		
PST18DE016	Applications of Statistics in Sports		
PST18DE017	Sports Materials Engineering		
PST18DE018	Race Car Vehicle Dynamics		
PST18DE019	Soil And Ground Improvement Techniques		

Third Semester			
Subject Code	Subject	Date	Time
PST18DE001	Sports Engineering and Technology	01.02.2022	10 am to 1 pm
PST18DE002	Robotics and artificial intelligence		
PST18DE003	Physiology of Sports and Exercise		
PST18DE004	Principles and design of sports turf		
PST18DE005	Race engine design for optimal performance		
PST18DE006	Sports Equipment Materials		
PST18DE007	Composites and Nano Materials in Sports Application		
PST18DE008	Software in Sports		
PST18DE009	Sports Psychology: Issues and Applications		
PST18DE010	Surveying And Construction Materials		
PST18DE011	Applied Biomaterials in Sports Technology		
PST18DE012	Commercialization of Sports		
PST18DE013	Sports Economics		
PST18DE014	Motor Sports Applications		
PST18DE015	Sports equipment materials		
PST18DE016	Applications of Statistics in Sports		
PST18DE017	Sports Materials Engineering		
PST18DE018	Race Car Vehicle Dynamics		
PST18DE019	Soil And Ground Improvement Techniques		
PST18GE301	Generic Elective	02.02.2022	10 am to 1 pm

Tamil Nadu Physical Education and Sports University			
M.Phil Sports Coaching			
First Semester			
Subject Code	Subject	Date	Time
S01101	Research Methodology and Statistics	01.02.2022	2 pm to 5 pm
S01102A	Specialization Science of Sports Training and Coaching	02.02.2022	2 pm to 5 pm
S01102B	Sports Psychology		
S01102C	Sports Biomechanics		

Second Semester			
Subject Code	Subject	Date	Time
S01201	Area of Dissertation	01.02.2022	10 am to 1 pm
S01202	Computer Operations Communication and Educational Skills	02.02.2022	10 am to 1 pm

M.Sc Sports Coaching - (2018 Onwards CBCS Syllabus)			
First Semester			
Subject Code	Subject	Date	Time
PSC18CT101	Science of Sports Training	01.02.2022	2 pm to 5 pm
PSC18CT102	Anatomy and Exercises Physiology	02.02.2022	2 pm to 5 pm
PSC18CT103	Specified Sports - Theory(Athletics, Football, Hockey, Volleyball, Kabaddi)	03.02.2022	2 pm to 5 pm
PSC18DE001	Testing of Players Fitness	04.02.2022	2 pm to 5 pm
PSC18DE002	Women Participation in Olympic Movement		
PSC18DE003	Requirement of The Sports and Games		
PSC18DE004	Science of Sports Kinanthropometry		
PSC18AE101	Sports Communication	05.02.2022	2 pm to 5 pm

Second Semester			
Subject Code	Subject	Date	Time
PSC18CT201	Sports Medicine and Nutrition	07.02.2022	10 am to 1 pm
PSC18CT202	Exercise Psychology	08.02.2022	10 am to 1 pm
PSC18CT203	Specified Sports - Theory	09.02.2022	10 am to 1 pm
PSC18DE005	Talent Identification and Sports Pedagogy	10.02.2022	10 am to 1 pm
PSC18DE006	Sports Forensic Science		
PSC18DE007	Careers in the Sports Industries		
PSC18DE008	Environment and Nutrition of the Player		
PSC18SE201	Fundamentals of Information and Technology	11.02.2022	10 am to 1 pm

Third Semester			
Subject Code	Subject	Date	Time
PSC18CT301	Kinesiology And Biomechanics	01.02.2022	10 am to 1 pm
PSC18CT302	Specified Sports - Theory	02.02.2022	10 am to 1 pm
PSC18DE001	Testing of Players Fitness	03.02.2022	10 am to 1 pm
PSC18DE002	Women Participation in Olympic Movement		
PSC18DE003	Requirement of The Sports and Games		
PSC18DE004	Science of Sports Kinanthropometry		
PSC18GE301	Generic Elective	04.02.2022	10 am to 1 pm
PSC18SE301	Human Rights	05.02.2022	10 am to 1 pm

B.Sc Sports Coaching - (2018 Onwards CBCS Syllabus)			
First Semester			
Subject Code	Subject	Date	Time
USC18CT101	Tamil - I	07.02.2022	10 am to 1 pm
USC18CT102	English - I	08.02.2022	10 am to 1 pm
USC18CT103	Anatomy and physiology	09.02.2022	10 am to 1 pm
USC18CT104	History and administration of sport/game	10.02.2022	10 am to 1 pm
USC18DE001	Stengh and Conditioning	11.02.2022	10 am to 1 pm
USC18DE002	Women in Olympic Movement		
USC18DE003	Talent Identification		
USC18DE004	Project Event Management		
USC18DE005	Sports Communication		
USC18DE006	Onfield Sports Injury Management		

Second Semester			
Subject Code	Subject	Date	Time
USC18CT201	Tamil - II	07.02.2022	2 pm to 5 pm
USC18CT202	English - II	08.02.2022	2 pm to 5 pm
USC18CT203	Science of sports training	09.02.2022	2 pm to 5 pm
USC18CT204	Rules and regulation of sport/game	10.02.2022	2 pm to 5 pm
USC18DE007	Sports Law	11.02.2022	2 pm to 5 pm
USC18DE008	Computer Application Test and Measurement		
USC18DE009	Play Field and Equipment Management		
USC18DE010	Doping and Its Classification		
USC18DE011	Management of Special Olympic Sports		
USC18DE012	Exercises and Sports for Women		

Third Semester			
Subject Code	Subject	Date	Time
USC18CT301	Tamil - III	01.02.2022	2 pm to 5 pm
USC18CT302	English - III	02.02.2022	2 pm to 5 pm
USC18CT303	Sports Medicine and Nutrition	03.02.2022	2 pm to 5 pm
USC18CT304	Techniques and Technical Training of Sports/Games	04.02.2022	2 pm to 5 pm
USC18DE001	Stengh and Conditioning	05.02.2022	2 pm to 5 pm
USC18DE002	Women in Olympic Movement		
USC18DE003	Talent Identification		
USC18DE004	Project Event Management		
USC18DE005	Sports Communication		
USC18DE006	Onfield Sports Injury Management		

Fourth Semester			
Subject Code	Subject	Date	Time
USC18CT401	Tamil - IV	12.02.2022	10 am to 1 pm
USC18CT402	English - IV	14.02.2022	10 am to 1 pm
USC18CT403	Sports psychology and sociology of sport	15.02.2022	10 am to 1 pm
USC18CT404	Tactics and tactical development of specified sport/game	16.02.2022	10 am to 1 pm
USC18DE007	Sports Law	17.02.2022	10 am to 1 pm
USC18DE008	Computer Application Test and Measurement		
USC18DE009	Play Field and Equipment Management		
USC18DE010	Doping and Its Classification		
USC18DE011	Management of Special Olympic Sports		
USC18DE012	Exercises and Sports for Women		

Fifth Semester			
Subject Code	Subject	Date	Time
USC18CT501	Kinesiology and Sports BioMechanics	01.02.2022	10 am to 1 pm
USC18CT502	Specific Motor qualities of sport/game	02.02.2022	10 am to 1 pm
USC18DE001	Stengh and Conditioning	03.02.2022	10 am to 1 pm
USC18DE002	Women in Olympic Movement		
USC18DE003	Talent Identification		
USC18DE004	Project Event Management		
USC18DE005	Sports Communication		
USC18DE006	Onfield Sports Injury Management		
USC18SE501	Sports Massage	04.02.2022	10 am to 1 pm

Sixth Semester			
Subject Code	Subject	Date	Time
USC18CT601	Team Preparation Coaching And Match Analysis Of Sport/Game	12.02.2022	2 pm to 5 pm
USC18CT602	Philosophy Of Coaching	14.02.2022	2 pm to 5 pm
USC18DE007	Sports Law	15.02.2022	2 pm to 5 pm
USC18DE008	Computer Application Test and Measurement		
USC18DE009	Play Field and Equipment Management		
USC18DE010	Doping and Its Classification		
USC18DE011	Management of Special Olympic Sports		
USC18DE012	Exercises and Sports for Women		
USC18SE601	Gym Management	16.02.2022	2 pm to 5 pm