



**Tamil Nadu Physical Education and Sports University, Chennai**

*(Accredited with "B" Grade by NAAC)*

# *Invitation*

**Department of Sports Management and Sports  
Psychology & Sociology**

*Cordially invites you all for the*

***Special Talk***

On

***"Mental Health is a Universal Human Right"***

10th October 2023 @ 11.00 a.m

*(in commemoration of World Mental Health Day '23)*

**Dr.M.Sundar**

Vice-Chancellor, TNPESU

*has kindly consented to be the **Chief Guest***

**Dr.V.Mangaiyarkarasi**

Professor & Head,

Department of Sports Management and Sports Psychology & Sociology, TNPESU

*will preside over the function*

**Dr.Leo Akash Raj S K**

Director-Academic and Innovation

Scottish International School, Hisar

*has agreed to deliver the key-note address*

**Mr.Arvinth**

Wellness Coach

*Will deliver the key-note address*

**Dr.Shahin Ahmed,**  
**Organizing Secretary**

WORLD  
MENTAL  
HEALTH  
DAY



**Dr.R.Ramkrishnan,**  
**Registrar i/c**



**Tamil Nadu Physical Education and Sports University, Chennai**  
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## **Department of Sports Psychology & Sociology**

**Date: 10.10.2023**

**Venue: 2nd Floor, Academic Block**

**Time: 11:00 am**

### *Special Talk on*

## **"Mental Health is a Universal Human Right"**

*(in commemoration of World Mental Health Day '23)*

### **Programme Schedule**

- 11:00 am** : **Prayer**
- 11:02 am** : **Lighting of Lamp**
- 11:05 am** : **Welcome Address - Dr. V.Mangaiyarkarasi**, Professor,  
& Head, Dept. of Sports Mgmt and Sports Psychology & Sociology
- 11:10 am** : **Honouring the Guest**
- 11:15 am** : **Inaugural Address**  
**Dr. M.Sundar**, Vice-Chancellor  
Tamil Nadu Physical Education and Sports University, Chennai
- 11:30 am** : **Keynote Address**  
**Dr.Leo Akash Raj**  
Director - Academic and Innovation  
Scottish International School, Hisar
- 01:00 pm** : **Mr.Arvinhdh**  
Wellness Coach
- 01:20 pm** : **Vote of Thanks - Dr.Shahin Ahmed**, Professor  
Dept. of Sports Management and Sports Psychology & Sociology
- 01:25 pm** : **National Anthem**