



தமிழ்நாடு உடற்கல்வியியல் மற்றும் விளையாட்டுப் பல்கலைக்கழகம்  
**TAMIL NADU PHYSICAL EDUCATION AND SPORTS UNIVERSITY**  
(Estd. by the Govt. of Tamil Nadu Under Act No.9 of 2005. A State Govt. University)  
**Accredited with "B++" Grade by NAAC**  
Vandalur-Kelambakkam Road, Melakottaiyur Post, Chennai - 600 127.

**REGULAR EXAMINATIONS TENTATIVE TIME TABLE - MARCH 2021**

**M.Phil., Physical Education - (2021 Batch Only)**

**First Semester**

Subject Code	Subject	Date	Time
MPE101	Research Methodology and statistics in Physical Education	17.03.2021	10 am to 1 pm
MPE102A	Specialization Science of Sports Training and Coaching	18.03.2021	10 am to 1 pm
MPE102B	Specialization - Applied Yoga		
MPE102C	Specialization - Sports Medicine		
MPE102D	Specialization - Exercise Physiology and Nutrition		
MPE102E	Specialization - Sports Psychology		
MPE102F	Specialization - Sports Sociology		
MPE102G	Specialization - Sports Management		
MPE102H	Specialization - Sports Biomechanics		
MPE102I	Specialization - Sports Technology		
MPE102J	Specialization - Test, Measurement and Evaluation		
MPE102K	Specialization - Fitness and Wellness		

**Bachelor of Physical Education - (2021 Batch Only)**

**First Semester**

Subject Code	Subject	Date	Time
UPE18CT101	History, Principles And Foundation Of Physical Education	17.03.2021	10 am to 1 pm
UPE18CT102	Anatomy And Physiology And Health Education	18.03.2021	10 am to 1 pm
UPE18CT103	Yoga Education	19.03.2021	10 am to 1 pm
UPE18DE001	Olympic Movement	20.03.2021	10 am to 1 pm
UPE18DE002	Gender Studies		
UPE18DE003	Sports Medicine, Physiotherapy And Rehabilitation		
UPE18DE004	Contemporary Issues In Physical Education, Fitness And Wellness		

<b>Master of Physical Education - (2021 Batch Only)</b>			
<b>First Semester</b>			
<b>Subject Code</b>	<b>Subject</b>	<b>Date</b>	<b>Time</b>
PPE18CT101	Research Process In Physical Education And Sports Sciences	17.03.2021	10 am to 1 pm
PPE18CT102	Yogic Sciences	18.03.2021	10 am to 1 pm
PPE18CT103	Tests, Measurement And Evaluation In Physical Education	19.03.2021	10 am to 1 pm
PPE18DE001	Physical Fitness And Wellness	20.03.2021	10 am to 1 pm
PPE18DE002	Sports Technology		
PPE18DE003	Sports Engineering		
PPE18DE004	Professional Preparation For Slet/Net In Physical Education		

<b>B.P.E.S - (2021 Batch Only)</b>			
<b>First Semester</b>			
<b>Subject Code</b>	<b>Subject</b>	<b>Date</b>	<b>Time</b>
BS16101	Tamil - I	17.03.2021	10 am to 1 pm
BS16102	English -I	18.03.2021	10 am to 1 pm
BS16103	General Knowledge and History of Physical Education	19.03.2021	10 am to 1 pm
BS16104	Rules of Games and Sports-Part I (Basketball, Badminton, Kabaddi, Softball)	20.03.2021	10 am to 1 pm

<b>M.Phil., Yoga - (2021 Batch Only)</b>			
<b>First Semester</b>			
<b>Subject Code</b>	<b>Subject</b>	<b>Date</b>	<b>Time</b>
PY17101	Research Methodology and Applied Statistics in Yoga	17.03.2021	2 pm to 5 pm
PY17102A	Area of Specialization - Applied Yoga	18.03.2021	2 pm to 5 pm
PY17102B	Area of Specialization - Yoga Therapy		

<b>P.G Diploma in Yoga - (2021 Batch Only)</b>			
<b>First Semester</b>			
<b>Subject Code</b>	<b>Subject</b>	<b>Date</b>	<b>Time</b>
GY17101	Fundamentals of Yoga Education	17.03.2021	2 pm to 5 pm
GY17102	Applied Anatomy and Physiology	18.03.2021	2 pm to 5 pm
GY17103	Methods of Yogic Practices - I	19.03.2021	2 pm to 5 pm
GY17104A	Health, Fitness, Wellness, Nutrition and Yogic Diet	20.03.2021	2 pm to 5 pm

<b>Diploma in Yoga - (2021 Batch Only)</b>			
<b>First Semester</b>			
<b>Subject Code</b>	<b>Subject</b>	<b>Date</b>	<b>Time</b>
DY17101	Applied Yoga	17.03.2021	2 pm to 5 pm
DY17102	Yoga Therapy	18.03.2021	2 pm to 5 pm
DY17103	Methods of Yogic Practices	19.03.2021	2 pm to 5 pm

<b>Certificate in Yoga (2021 Batch Only)</b>			
<b>First Semester</b>			
<b>Subject Code</b>	<b>Subject</b>	<b>Date</b>	<b>Time</b>
CY17101	Applied Yoga	17.03.2021	2 pm to 5 pm
CY17102	Methods of Yogic Practices	18.03.2021	2 pm to 5 pm

<b>M.Sc Yoga - (2021 Batch Only)</b>			
<b>First Semester</b>			
<b>Subject Code</b>	<b>Subject</b>	<b>Date</b>	<b>Time</b>
PYO18CT101	Fundamentals of yoga	17.03.2021	2 pm to 5 pm
PYO18CT102	Anatomy and physiology	18.03.2021	2 pm to 5 pm
PYO18CT103	Methods of yogic practices	19.03.2021	2 pm to 5 pm
PYO18DE001	Yoga and health	20.03.2021	2 pm to 5 pm
PYO18DE002	Yoga and nutrition		
PYO18DE003	Yoga in education		
PYO18DE004	Yoga and wellness		
PYO18DE005	Methods of naturopathy		
PYO18DE006	Tirumoolars thirumanthiram		
PYO18DE007	Yogic diet		
PYO18DE008	Statistics in yoga		
PYO18AE101	Communication skills	22.03.2021	2 pm to 5 pm

<b>M.Sc Yoga Therapy - (2021 Batch Only)</b>			
<b>First Semester</b>			
<b>Subject Code</b>	<b>Subject</b>	<b>Date</b>	<b>Time</b>
PYT18CT101	Fundamentals of yoga therapy	17.03.2021	2 pm to 5 pm
PYT18CT102	Functional anatomy and physiology	18.03.2021	2 pm to 5 pm
PYT18CT103	Basic principles of yoga therapy	19.03.2021	2 pm to 5 pm
PYT18DE001	Health and yoga therapy	20.03.2021	2 pm to 5 pm
PYT18DE002	Nutrition and yoga therapy		
PYT18DE003	Methods of teaching yoga therapy		
PYT18DE004	Wellness and yoga therapy		
PYT18DE005	Methods of naturopathy		
PYT18DE006	Tirumoolars thirumanthiram in yoga therapy		
PYT18DE007	Applied yoga		
PYT18DE008	Statistics in yoga therapy		
PYT18AE101	Communication skills	22.03.2021	2 pm to 5 pm

<b>M.Sc Yoga for Human Excellence - (2021 Batch Only)</b>			
<b>First Semester</b>			
<b>Subject Code</b>	<b>Subject</b>	<b>Date</b>	<b>Time</b>
PYH18CT101	Applied yoga	17.03.2021	2 pm to 5 pm
PYH18CT102	Yoga of body and mind	18.03.2021	2 pm to 5 pm
PYH18CT103	Elements of human biology	19.03.2021	2 pm to 5 pm
PYH18DE001	Yogic diet	20.03.2021	2 pm to 5 pm
PYH18DE002	Methods of naturopathy		
PYH18DE003	Tirumoolars thirumanthiram		
PYH18DE004	Concepts of mind		
PYH18DE005	Hatha yoga texts		
PYH18DE006	Yoga in education		
PYH18DE007	World peace plans		
PYH18DE008	Statistics in yoga for human excellence		
PYH18AE101	Communication skills	22.03.2021	2 pm to 5 pm

<b>B.Sc Yoga - (2021 Batch Only)</b>			
<b>First Semester</b>			
<b>Subject Code</b>	<b>Subject</b>	<b>Date</b>	<b>Time</b>
UYO18CT101	Tamil - I	17.03.2021	2 pm to 5 pm
UYO18CT102	English - I	18.03.2021	2 pm to 5 pm
UYO18CT103	Fundamentals of yoga	19.03.2021	2 pm to 5 pm
UYO18AE101	Communication skills	20.03.2021	2 pm to 5 pm

<b>B.Sc Yoga for Human Excellence - (2021 Batch Only)</b>			
<b>First Semester</b>			
<b>Subject Code</b>	<b>Subject</b>	<b>Date</b>	<b>Time</b>
UYH18CT101	Tamil - I	17.03.2021	2 pm to 5 pm
UYH18CT102	English - I	18.03.2021	2 pm to 5 pm
UYH18CT103	Yoga of body and mind	19.03.2021	2 pm to 5 pm
UYH18AE101	Communication skills	20.03.2021	2 pm to 5 pm

<b>P.G Diploma Yoga for Human Excellence - (2021 Batch Only)</b>			
<b>First Semester</b>			
<b>Subject Code</b>	<b>Subject</b>	<b>Date</b>	<b>Time</b>
DYH18CT101	Applied yoga	17.03.2021	2 pm to 5 pm
DYH18CT102	Yoga of body and mind	18.03.2021	2 pm to 5 pm
DYH18CT103	Yoga of sublimation and social welfare	19.03.2021	2 pm to 5 pm

<b>Diploma Yoga for Human Excellence - (2021 Batch Only)</b>			
<b>First Semester</b>			
<b>Subject Code</b>	<b>Subject</b>	<b>Date</b>	<b>Time</b>
DYH18CT101	Yoga of body and mind	17.03.2021	2 pm to 5 pm
DYH18CT102	Yoga of sublimation and social welfare	18.03.2021	2 pm to 5 pm
DYH18CT103	Yogic science of energy and consciousness	19.03.2021	2 pm to 5 pm

<b>Certificate Yoga for Human Excellence - (2021 Batch Only)</b>			
<b>First Semester</b>			
<b>Subject Code</b>	<b>Subject</b>	<b>Date</b>	<b>Time</b>
CYH18CT101	Yogic life (physical body, life - force and mind)	17.03.2021	2 pm to 5 pm
CYH18CT102	Sublimation and social welfare	18.03.2021	2 pm to 5 pm

<b>M.Sc Exercise Physiology and Nutrition - (2021 Batch Only)</b>			
<b>First Semester</b>			
<b>Subject Code</b>	<b>Subject</b>	<b>Date</b>	<b>Time</b>
PEN18CT101	Bio energetic and muscular physiology	17.03.2021	2 pm to 5 pm
PEN18CT102	Cardio vascular and Respiratory Physiology	18.03.2021	2 pm to 5 pm
PEN18CT103	Advanced Human Nutrition	19.03.2021	2 pm to 5 pm
PEN18DE001	Health fitness and performance assessment	20.03.2021	2 pm to 5 pm
PEN18DE002	Muscle and exercise metabolism		
PEN18DE003	Exercise Biochemistry		
PEN18DE004	Renal Physiology		

<b>B.Sc Exercise Physiology and Nutrition - (2021 Batch Only)</b>			
<b>First Semester</b>			
<b>Subject Code</b>	<b>Subject</b>	<b>Date</b>	<b>Time</b>
UEN18CT104	Tamil I / Hindi I / Special English I /Basic Tamil I	17.03.2021	2 pm to 5 pm
UEN18CT105	English I	18.03.2021	2 pm to 5 pm
UEN18CT101	Basic anatomy and physiology – I	19.03.2021	2 pm to 5 pm
UEN18CT102	Fundamentals in Food Science	20.03.2021	2 pm to 5 pm
UEN18CT103	Health Education	22.03.2021	2 pm to 5 pm

<b>M.Phil., Sports Biomechanics and Kinesiology - (2021 Batch Only)</b>			
<b>First Semester</b>			
<b>Subject Code</b>	<b>Subject</b>	<b>Date</b>	<b>Time</b>
21101	Research Methodology and Statistics in Sports Biomechanics and Kinesiology	17.03.2021	2 pm to 5 pm
21102	Area of Specialization - Sports Biomechanics	18.03.2021	2 pm to 5 pm

**M.Sc Sports Biomrechanics and Kinesiology - (2021 Batch Only)****First Semester**

Subject Code	Subject	Date	Time
PBM18CT101	Functional anatomy and physiology	17.03.2021	2 pm to 5 pm
PBM18CT102	Basic biomechanics	18.03.2021	2 pm to 5 pm
PBM18CT103	Dynamics of motor skill acquisition	19.03.2021	2 pm to 5 pm
PBM18DE001	Mathematics in biomechanics	20.03.2021	2 pm to 5 pm
PBM18DE002	Foundations of fitness and exercise prescription		
PBM18DE003	Sports Technology		
PBM18DE004	MATLAB		
PBM18AE101	Communicative skills	22.03.2021	2 pm to 5 pm

**B.Sc Sports Biomechanics and Kinesiology - (2021 Batch Only)****First Semester**

Subject Code	Subject	Date	Time
UBM19CT101	Tamil-I / Hindi-I	17.03.2021	2 pm to 5 pm
UBM19CT102	English I	18.03.2021	2 pm to 5 pm
UBM19CT103	Introduction to Human Anatomy and Physiology	19.03.2021	2 pm to 5 pm
UBM19CT104	Basic Biomechanics	20.03.2021	2 pm to 5 pm
UBM19CT105	Mathematics in Biomechanics	22.03.2021	2 pm to 5 pm

**M.Sc Sports Psychology and Sociology - (2021 Batch Only)****First Semester**

Subject Code	Subject	Date	Time
PPS18CT101	Advanced general psychology	17.03.2021	2 pm to 5 pm
PPS18CT102	Introduction to sports sociology	18.03.2021	2 pm to 5 pm
PPS18CT103	Research methodology	19.03.2021	2 pm to 5 pm
PPS18DE001	Methods and measurement in psychology	20.03.2021	2 pm to 5 pm
PPS18DE002	Social problem and issues		
PPS18DE003	Sociology of health		
PPS18DE004	Psychometrics		
PPS18DE005	Motor learning and psychology of coaching		
PPS18DE006	Team cohesion and group dynamics		
PPS18DE007	Environmental sociology		
PPS18DE008	Positive psychology		

<b>M.Sc Sports Psychology - (2021 Batch Only)</b>			
<b>First Semester</b>			
<b>Subject Code</b>	<b>Subject</b>	<b>Date</b>	<b>Time</b>
PSP18CT101	Advanced general psychology	17.03.2021	2 pm to 5 pm
PSP18CT102	Principles of sports psychology	18.03.2021	2 pm to 5 pm
PSP18CT103	Research methodology	19.03.2021	2 pm to 5 pm
PSP18DE001	Sports in indian society	20.03.2021	2 pm to 5 pm
PSP18DE002	Emotional intelligence		
PSP18DE003	Introduction to sports sociology		
PSP18DE004	Psychometrics		
PSP18DE005	Motor learning and psychology of coaching		
PSP18DE006	Team cohesion and group dynamics		
PSP18DE007	Coping with stress		
PSP18DE008	Positive psychology		

<b>M.Sc Psychology - (2021 Batch Only)</b>			
<b>First Semester</b>			
<b>Subject Code</b>	<b>Subject</b>	<b>Date</b>	<b>Time</b>
PPY18CT101	Advanced General Psychology	17.03.2021	2 pm to 5 pm
PPY18CT102	Biological Basis of Behaviour	18.03.2021	2 pm to 5 pm
PPY18CT103	Research Methodology	19.03.2021	2 pm to 5 pm
PPY18DE001	Managerial Psychology	20.03.2021	2 pm to 5 pm
PPY18DE002	Social Problem and Issues		
PPY18DE003	Classroom Psychology		
PPY18DE004	Psychometrics		
PPY18DE005	Marketing and Consumer Behaviour		
PPY18DE006	Psychology of Interpersonal Relationship		
PPY18DE007	Coping With Stress		
PPY18DE008	Positive Psychology		



<b>M.Phil Sports Management - (2021 Batch Only)</b>			
<b>First Semester</b>			
<b>Subject Code</b>	<b>Subject</b>	<b>Date</b>	<b>Time</b>
MPM101	Business Research Methods	17.03.2021	2 pm to 5 pm
MPM102	Functional Area of Management	18.03.2021	2 pm to 5 pm

<b>M.B.A Sports Management - (2021 Batch Only)</b>			
<b>First Semester</b>			
<b>Subject Code</b>	<b>Subject</b>	<b>Date</b>	<b>Time</b>
PSM18CT101	Principles Of Management	17.03.2021	2 pm to 5 pm
PSM18CT102	Organizational Behaviour	18.03.2021	2 pm to 5 pm
PSM18CT103	Business Laws	19.03.2021	2 pm to 5 pm
PSM18CT104	Managerial Economics	20.03.2021	2 pm to 5 pm
PSM18CT105	Management Accounting	22.03.2021	2 pm to 5 pm
PSM18CT106	Quantitative Methods In Business	23.03.2021	2 pm to 5 pm
PSM18AE101	Business Communication	24.03.2021	2 pm to 5 pm

<b>BBA Sports Management - (2021 Batch Only)</b>			
<b>First Semester</b>			
<b>Subject Code</b>	<b>Subject</b>	<b>Date</b>	<b>Time</b>
USM18CT101	Tamil - I / hindi - I	17.03.2021	2 pm to 5 pm
USM18CT102	English - I	18.03.2021	2 pm to 5 pm
USM18CT103	Principles of management	19.03.2021	2 pm to 5 pm
USM18CT104	Financial and management accounting	20.03.2021	2 pm to 5 pm
USM18CT105	Business economics	22.03.2021	2 pm to 5 pm

**M.Tech Sports Technology - (2021 Batch Only)****First Semester**

<b>Subject Code</b>	<b>Subject</b>	<b>Date</b>	<b>Time</b>
PST18CT101	Aerodynamics in sports	17.03.2021	2 pm to 5 pm
PST18CT102	Sports Materials Engineering and Design	18.03.2021	2 pm to 5 pm
PST18DE001	Sports Engineering and Technology	19.03.2021 & 20.03.2021	2 pm to 5 pm
PST18DE002	Robotics and artificial intelligence		
PST18DE003	Physiology of Sports and Exercise		
PST18DE004	Principles and design of sports turf		
PST18DE005	Race engine design for optimal performance		
PST18DE006	Sports Equipment Materials		
PST18DE007	Composites and Nano Materials in Sports Application		
PST18DE008	Software in Sports		
PST18DE009	Sports Psychology: Issues and Applications		
PST18DE010	Surveying And Construction Materials		
PST18DE011	Applied Biomaterials in Sports Technology		
PST18DE012	Commercialization of Sports		
PST18DE013	Sports Economics		
PST18DE014	Motor Sports Applications		
PST18DE015	Sports equipment materials		
PST18DE016	Applications of Statistics in Sports		
PST18DE017	Sports Materials Engineering		
PST18DE018	Race Car Vehicle Dynamics		
PST18DE019	Soil And Ground Improvement Techniques		
PST18AE101	Research Methodology and IPR	22.03.2021	2 pm to 5 pm



**TAMIL NADU PHYSICAL EDUCATION AND SPORTS UNIVERSITY**

**CHENNAI, TAMIL NADU**

**ONLINE REGULAR THEORY EXAMINATION - MARCH 2021**

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Signature of the student with date

Signature of the principal/HOD with date

Total No. of Papers written

(A) NAME OF THE DEGREE \_\_\_\_\_

(B) YEAR OF STUDY \_\_\_\_\_

(C) TITLE OF THE PAPER \_\_\_\_\_

(D) SUBJECT CODE \_\_\_\_\_

(E) DATE OF THE EXAMINATION \_\_\_\_\_

(F) REGISTER NUMBER

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PART - A		PART - B			PART - C	
Q.NO	Mark	Q.NO	Mark		Q.NO	Mark
			A	B		
1		11			16	
2		12			17	
3		13			18	
4		14			19	
5		15			20	
6		TOTAL			TOTAL	
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8						
9						
10						
TOTAL						

Grand Total

A	B	C

Total

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Name & Signature of the Examiner with date  
(Name in Capital Letters)

Marks in Words \_\_\_\_\_

