

# TAMILNADU PHYSICAL EDUCATION AND SPORTS UNIVERSITY

## OFFICIAL BIODATA



**NAME** : Dr.R.VENKATESAN  
**DESIGNATION** : ASSOCIATE PROFESSOR  
**OFFICE ADDRESS** : Department of Exercise Physiology and Bio Mechanics  
 Tamil Nadu Physical Education and Sports University  
 Melakottaiyur, (Po), Chennai – 600127.  
 Website: [www.tnpesu.org](http://www.tnpesu.org), Email : venkat.tnpe@gmail.com,  
 Mobile: 9444703070, 9942571571

## I.ACADEMIC QUALIFICATION

S.No	Degree and Diploma	Discipline/ Subject	Name of the Board/University	Year of Passing	% of Marks Obtained	Grade
1.	B.Sc	Botany	M.K.University, Madurai	1994	57.43	II
2.	B.P.Ed	Physical Education	Y.M.C.A.College Of Physical Education, Chennai	1998	67.0	I
3.	M.P.ED	Physical Education	Bharathiyar University Coimbatore	1999	7.4	I
4.	M.Sc	Exercise Physiology And Nutrition	TNPESU, Chennai	2014	7.4	I
5.	M.Phil	Physical Education	Alagappa university Karaikudi	<b>Commendable</b>		
6.	Ph. D.	Physical Education - Exercise Physiology And Nutrition	Alagappa university Karaikudi	<b>Commendable</b>		
7.	Anthropometry Certification	ISAK – Australia Combine	Anthropometry Grade I (Australia)	22.11.2009 to 24.11.2009	Cleared Norms	Cleared Norms
8.	Anthropometry Certification	ISAK – Australia Combine	Anthropometry Grade II (Australia)	16 may TO 18 may 2010	Cleared Norms	Cleared Norms
9.	P.G. Diploma In Yoga	TNPESU, Chennai	Yoga	2010	Cleared Norms	Cleared Norms

## II. AWARD RECEIVED

1. Received for "**EMINENT EDUCATOR AWARD – 2021 FOR EXERCISE PHYSIOLOGY**" towards **OUTSTANDING CONTRIBUTION IN THE FIELD OF PORTS SCIENCE** from IFPEFSSA during the year 2020-2021.
2. Received for "**OUTSTANDING PERFORMANCE AND SIGNIFICANT CONTRIBUTION**" towards **Research Promotion Activities** from Tamil Nadu Physical Education and Sports University during the year 2017-18.
3. Received for "**OUTSTANDING PERFORMANCE AND SIGNIFICANT CONTRIBUTION**" towards **Research Promotion Activities** from Tamil Nadu Physical Education and Sports University during the year 2018-19.
4. Received for "**OUTSTANDING PERFORMANCE AND SIGNIFICANT CONTRIBUTION**" towards the nutrition week exhibition during 2016-17.
5. **Received an Award Letter From University Grand Commission -**
  - I. **Junior Research Fellowship Awarded in the Year 2003.**
  - II. **UGC lectureship qualified in the year 1999.**
  - III. **UGC lectureship qualified in the year 2003.**

## III. SHORT TERM COURSE COMPLETED - NAPTEL AND NIIT

1. FUNDAMENTAL OF PYTHON BOOT CAMP
2. MANAGING ONLINE CLASSES AND CO-CREATING MOOCs-10
3. PSYCHOLOGICAL SKILLS FOR EFFECTIVE TEACHING AND LEARNING
4. E-CONTENT DEVELOPMENT- CONCEPT AND TOOL
5. BASIC PRANIC HEALING COURSE- I
6. ACADEMIC WRITING
7. ELECTROCARDIOGRAM

## IV. RESEARCH COORDINATOR

Because of **Research Contribution** in the in the field of **Exercise Physiology And Nutrition** - given charge as **RESEARCH COORDINATOR** For Our University And All Affiliated Colleges from 2017 to 2020 In.

## V. PH.D THEIS EVALUATION - DIFFERENT UNIVERSITY

- I. I have been invited as **INDIAN EXAMINER** for **Ph.D. Evaluation** from different universities
- II. Evaluated more than **30 Ph.D. thesis** For Different Universities from 2010 To Till Date

## VI. BOOK PUBLISHED

1. Endocrinology (2021)
2. Renal Physiology (2021)
3. Cardiovascular And Respiratory Physiology(2022)

## VII. WRITTEN BOOK MATERIAL -(UNIVERSITY CIRCULATION)

1. Fitness And Wellness
2. Effects Of Exercise On Various Systems
3. Cardiorespiratory And Muscular Fitness
4. Exercise Prescription For Special Population
5. Health Promotional And Nutritional Care
6. Body Composition And Health Appraisal
7. Exercise Prescription For Obesity

## VIII. WORK EXPERIENCE

- Completed **22 years** of **Teaching and Research Experience** in the university department.
- Having **3 ½ years** of experience as **Head of the Department i/c** in the exercise physiology and nutrition from 2012 to 2016.
- Having **3 1/2 years** of experience as **Research Coordinator** of the **TNPESU University, Chennai -127**
- Having **14 years** of **Administrative Experience** in colleges and the university.

## IX. PH.D AWARDED - UNDER MY GUIDANCE

1. A. Yuvaraj , **Effects of Yoga, Circuit Training and Combined Training on selected metabolic profile and lipid profile Status among Mild Intellectually Challenged Persons**" Guided By : : 28.03.2014 awarded: 25.09.2014,
2. Ganapathi, "**Effects of different packages pof yogic practices on selected physiological biochemical and lipid profile among overweight women**" Guided By : Dr.R.Venkatesan, submitted on : 06.08.2015, TNPESU, Chennai.
3. Abirami kiruthiga,"**Effects of yoga aerobic and combined training on selected liver profile status Cortisol and testosterone among obese**" Guided By : Dr.R.Venkatesan, submitted on : 12.04.2015, TNPESU, Chennai.
4. Poorna Chandran, "**Effect of functional core circuit resistance and combined training on selected physiological biochemical and serum dislipidimia among desk bound people**" Guided By: Dr.R.Venkatesan, submitted on: 06.08.2015, TNPESU, Chennai.
5. Baskaran "**Effect of Yogasanas stretching exercise and concurrent practices on selected physiological and biochemical and immunoglobulin status among information technology sector men**" Guided By : Dr.R.Venkatesan, submitted on : 20.01.2015, TNPESU, Chennai
6. Meena, "**Effect of resistance Suryanamaskar and combined training with natural fat reduction supplementation on selected lipid and metabolic profile among overweight school children**" Guided By : Dr.R.Venkatesan, submitted and waiting for public vivo examination

## X. RESEARCH PAPERS PUBLISHED IN THE INTERNATIONAL AND UGC APPROVED JOURNAL

Published more than 150 Peer Reviewed Research Paper in international journals and approved of UGC in India

## XI. PAPER PRESENTED IN THE INTERNATIONAL CONFERENCE

- Presented more than 60 Research Paper in International Conference And Seminars From 2010 To Till Date

## XII. CONTRIBUTION TO ACADEMIC AND PROFESSIONAL DEVELOPMENT

1. Invited As One Of The Member Of As **Research Coordinator** From This University In The **14<sup>th</sup> Academic Council Meeting** On 10.05.2018.
2. Invited As One Of The Member For **Board Of Studies Meeting** Held At University On 23.04.2018.
3. Invited as one of the **Board Member** For **School Of Distance Education** to discuss about the revise the syllabus on 15.06.2017
4. Invited as one of the **board of studies meeting - subject expert member in exercise physiology** for school of distance education for on 23<sup>rd</sup> 07-19.2018.
5. Invited as one of the **Special Committee Member for School of Distance Education** to discuss about the interlink course in distance education 2017.
6. Invited as one of the **board member** for **school of distance education** to discuss about the revise the syllabus on 15.06.2017
7. Invited as one of the **board of studies meeting - subject expert member in exercise physiology** for school of distance education for on 23<sup>rd</sup> 07-19.2018.
8. Invited as one of the **Special Committee Member for School of Distance Education** to discuss about the interlink course in distance education 2017.
9. Participated **Research Methodology In Data Analysis By Using R, Amos And SPSS** conducted by central university of kasarkod from 03.04.2019 TO 09.04.2019.
1. Participated **advanced training on shoudh ganga** conducted by inflienet center gujarath from 13.12.2017 to 15.12.2017.

## 12. OFFICE ADDRESS

**Dr.R.VENKATESAN**

**ASSOCIATE PROFESSOR**

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